

CGA CROSS COUNTRY LEAGUE FIXTURES AND SELECTION CRITERIA FOR 2020 SEASON

DATE	LEAGUE	CLUB	VENUE
19 January	Cross Country Trials	ASA	Pretoria
02 May	No 1	Ubuhle AC	Sam Ntuli Stadium, Thokoza
09 May	No 2	Harambe A.C	Dobsonville Communal Hall
23 May	No 3	Ulinda AC	Kwathema Sports Complex
6 June	No 4	Simunye AC	Chris Hani Sports Complex, Orange Farm
20 June	No 5	RAC	Delta Park
04 July	No 6	Baobab AC	Simunye Sports Complex, Simunye
18 July	No 7	Take It Easy AC	Dorothy Nyembe Park
25 July	No 8	Tembisa AC	Tembisa Multi Purpose Centre
15 August	CGA Champs	CGA	Kagiso Sports Complex
6 September	SA Champs	ASA	Amanzintoti, KZN

NB: Selection Criteria:

1. An athlete must run **any 4 out of 8 league events plus the CGA Championships** to be considered for selection to represent CGA at the SA Championships.
2. The first 6 athletes at the CGA Championships will be considered for selection provided they satisfy Rule 1 listed above.
3. CGA Championships results carry more weight in terms of selection criteria.
4. **No doctor's letter will be considered for selection.**
5. Athletes who were representing South Africa during the cross country season will only be considered for selection based on the athlete's evidence provided/ selectors discretion on the merit of each case.
6. Selectors' discretion will apply in dealing with merits of each athlete's case. All decisions in this regard will be considered final once ratified by the CGA board.
7. Athletes, coaches, parents and clubs are thanked in advance for respecting the selectors' decisions. Athletes, coaches, parents and clubs must note that although CGA endeavours to secure the necessary funding for participation, selections may be informed by budgeting constraints.