

Absa D10K CITYRUN

10K

SA Champs : Results by Gender

Pos	No	Name	Category		O/Pos	Time
Male						
1	143	Precious MASHELE	Senior	Central Gauteng	1	00:28:11
2	122	Collen MULAUDZI	Senior	Athletics Gauteng	2	00:28:26
3	70	Reghen MAGWAI	Senior	Athletics Gauteng	3	00:28:29
4	21	Maxime CHAUMETON	Senior	Central Gauteng	4	00:28:30
5	185	Anthony TIMOTEUS	Senior	Western Province	5	00:28:46
6	91	Sipho MBANJWA	Senior	Kwa-Zulu Natal	6	00:28:50
7	257	Nicolas SEOPOSENGWE	Senior	Central Gauteng	7	00:28:56
8	119	Pakiso MTHEMBU	Senior	Athletics Free State	8	00:28:59
9	12	Andries SESEDI	Senior	Central Gauteng	9	00:29:00
10	174	Ian SLINGER	Senior	Athletics Central	10	00:29:02
Female						
1	56	Tayla KAVANAGH	Senior	Kwa-Zulu Natal	53	00:32:10
2	110	Kesa MOLOTSANE	Senior	Athletics Free State	60	00:32:51
3	204	Glenrose XABA	Senior	Athletics Gauteng	67	00:33:32
4	197	Irvette VAN ZYL	Senior	Athletics Gauteng	68	00:33:39
5	24	Cian OLDKNOW	Senior	Central Gauteng	69	00:33:48
6	191	Nicole VAN DER MERWE	Senior	Central Gauteng	77	00:35:32
7	41	Gene COETZEE	Junior	Central Gauteng	78	00:35:41
8	64	Lebogang PHALULA	Senior	Central Gauteng	81	00:35:54
9	63	Lebo PHALULA	Senior	Central Gauteng	82	00:35:57
10	93	Makhosazana MHLONGO	Senior	Kwa-Zulu Natal	84	00:36:07

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1	143	Precious MASHELE	Senior	Central Gauteng	1	00:28:11
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Female						
1	56	Tayla KAVANAGH	Senior	Kwa-Zulu Natal	53	00:32:10
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Pos	No	Name			O/Pos	Time
Male		Junior				
1	51	Johannes MOREPE	Junior	Central Gauteng	30	00:30:51
2	183	Themba THINGANE	Junior	Athletics Vaal	38	00:31:19
3	171	Siphiwe THOBELA	Junior	Central Gauteng	42	00:31:31
Female		Junior				
1	41	Gene COETZEE	Junior	Central Gauteng	78	00:35:41
2	124	Naledi MAKGATHA	Junior	Central Gauteng	87	00:36:40
3	258	Ayabulela DWATSHELA	Junior	Athletics Transkei	101	00:38:41
Male		Senior				
1	143	Precious MASHELE	Senior	Central Gauteng	1	00:28:11
2	122	Collen MULAUDZI	Senior	Athletics Gauteng	2	00:28:26
3	70	Reghen MAGWAI	Senior	Athletics Gauteng	3	00:28:29
Female		Senior				
1	56	Tayla KAVANAGH	Senior	Kwa-Zulu Natal	53	00:32:10
2	110	Kesa MOLOTSANE	Senior	Athletics Free State	60	00:32:51
3	204	Glenrose XABA	Senior	Athletics Gauteng	67	00:33:32
Male		40-49				
1	120	Peter MTHUBI	40-49	Athletics Vaal	23	00:30:08
2	116	Motsamai MOTONE	40-49	Athletics Gauteng	51	00:31:55
3	200	Vincent SENG	40-49	Central Gauteng	54	00:32:24
Female		40-49				
1	173	Catherine SKOSANA	40-49	Athletics Gauteng	95	00:37:41
2	199	Simone VERSTER	40-49	Kwa-Zulu Natal	105	00:39:05
3	35	Sunet EYNEERS	40-49	Athletics Gauteng	114	00:40:06
Male		50-59				
1	102	Tsietsi MOKOENA	50-59	Athletics Vaal	83	00:36:01
2	16	Phillip BESTER	50-59	Athletics Gauteng	89	00:36:46
3	153	Keith REYNOLDS	50-59	Athletics Gauteng	99	00:38:35
Female		50-59				
1	168	Shani SILVER	50-59	Kwa-Zulu Natal	117	00:40:25
2	123	Marlili MUNNIK	50-59	Athletics Gauteng	123	00:41:03
3	121	Lise MUCHNA	50-59	Kwa-Zulu Natal	131	00:41:56

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Pos	No	Name			O/Pos	Time
Male		60-69				
1	83	Sello David MAPHANGULA	60-69	Athletics Gauteng	102	00:38:47
2	210	Mxinephi Philmon ZONDI	60-69	Kwa-Zulu Natal	130	00:41:54
3	152	Alfred REID	60-69	Athletics Vaal	132	00:42:26
Female		60-69				
1	53	Judy BIRD	60-69	Central Gauteng	115	00:40:11
2	45	Erica HAMILTON	60-69	Athletics Vaal	142	00:45:44
3	158	Catharina Jacoba SCHEFFER	60-69	Athletics North West	144	00:47:03

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