



2022 CGA Road Running Prize Money Breakdown and Selection Times

Marathon (42km) Provincial Championships Prize Money:

Category	Position	Men	Women
Senior	1	R 2 500	R2 500
	2	R 1 500	R1 500
	3	R 750	R 750
Veteran	1	R 1 000	R 1 000
	2	R 750	R 750
	3	R 500	R 500
Master	1	R 1 000	R 1 000
	2	R 750	R 750
	3	R 500	R 500
Grand Master	1	R 1 000	R 1 000
	2	R 750	R 750
	3	R 500	R 500

Half Marathon (42km) Provincial Championships Prize Money:

	Position	Men	Women
Senior	1	R1 500	R1 500
	2	R 750	R 750
	3	R 300	R 300
Veteran	1	R 500	R 500
	2	R 300	R 300
	3	R 200	R 200
Master	1	R500	R500
	2	R300	R300
	3	R200	R200

10km Provincial Championships Prize Money:

	Position	Men	Women
Senior	1	R1000	R1000
	2	R500	R500
	3	R300	R300
Veteran	1	R500	R500
	2	R300	R300
	3	R200	R200
Master	1	R500	R500
	2	R300	R300
	3	R200	R200
Junior	1	R500	R500
	2	R300	R300
	3	R200	R200

2022 CGA Road Running Selection/ Qualifying Times

Marathon (42km) Qualifying times:

MEN	Senior 2h30;	40+ 2h40;	50+ 2h50;	60+ 3h20
WOMEN	Senior 3h00;	40+ 3h20;	50+ 3h30;	60+ 3h55

Half Marathon (21km) Qualifying times:

MEN	Senior 1h08;	40+ 1h10;	50+ 1h18;	60+ 1h28
WOMEN	Senior 1h15;	40+ 1h25;	50+ 1h33;	60+ 1h40

10km Qualifying times:

MEN	Junior 34 min;	Senior 31 min;	40+ 34 min;	50+ 38 min	60+40 min
WOMEN	Junior 40 min;	Senior 38 min;	40+ 42 min;	50+ 44 min;	60+ 52 min