

**Meeting :ASA SENIOR TRACK, WALK & COMB EVENTS CHAMPIO(ACNW)
2023/03/30 to 2023/04/01 at MCARTHUR STADIUM,POTCHEFSTROOM**

Results of all Finals

Ordered by Item types Performance Scores: WorldAth 2022 table, Electronic Time, Height above sea=1351

Place	Athlete,Number,Birthdate	Team	Perf	Score	Points	Medal	Wind	Records
Item 2 09:00 Final Men U18 100m Decathlon								
1	MARCUS, JAMIEL, 773, 2006/03/19	WPA	11.42	769				
2	HARTOGH, ADRIAANO, 531, 2006/05/23	BOLA	11.68	715				
3	HORN, HENRO, 456, 2007/06/04	ASWD	11.79	693				
4	VAN RHYN, LEONARD, 178, 2006/05/10	ACNW	12.17	618				
Item 3 09:15 Final Men U20 100m Decathlon +1.2								
1	ABRAHAMS, MO-EECK, 525, 2005/06/03	BOLA	10.98	865				
2	VAN COLLER, NICUS, 540, 2005/01/14	BOLA	11.11	836				
3	VAN STADEN, ZAIN, 782, 2005/08/15	WPA	11.20	817				
4	ELS, JUANDRE, 437, 2005/02/11	CGA	11.70	711				
5	VAN DER LINDE, DIMAR, 352, 2004/05/05	AGN	11.85	681				
6	MAROTA, KATLEGO, 317, 2004/05/16	AGN	12.17 (.165)	618				
7	MC INTYRE, JADEN, 703, 2005/03/08	KZNA	12.17 (.168)	618				
8	STEWART, JACK, 346, 2005/05/05	AGN	12.63	532				
9	DONKIN, JOEL, 304, 2005/12/23	AGN	12.82	499				
Item 29 14:30 Final Women U23 100m EXHIBITION RACE Team Points -0.6								
1	KLOSTER, LINE, 751, / /	NOR	11.69	0	0			
2	MAHLALELA, BONGIWE, 676, / /	ESW	11.96	0	0			
3	KYEMBO, RAISSA, 655, 1999/08/06	DRC	12.21	0	0			
4	RISMARK, INGRID, 752, / /	NOR	12.25	0	0			
5	BOCK, ELEA, 749, / /	NOR	12.43	0	0			
6	MASILINGI, BEATRICE, 737, / /	NAM	23.34	0	0			
Item 46 17:40 Final Women Senior 100m -1.3								
1	HORN, CARINA, 570, 1989/03/09	CGA	11.52	1088	8			G
2	THOMAS, TAMZIN, 130, 1997/10/06	ACNW	11.58	1076	7			S
3	MURRAY, KAYLA, 267, 2005/04/14	AGN	11.85	1020	6			B
4	KUBEKA, PHINDILE, 117, 2000/01/02	ACNW	11.90	1010	5			
5	EILERD, CHARLIZE, 369, 2002/01/16	AGNI	11.99	993	4			
6	MOLOI, REABETSWE, 265, 1996/03/12	AGN	12.00	992	3			
7	XEYI, ROSE, 138, 2001/03/16	ACNW	12.02	988	2			
8	VAN ROOYEN, SANDRI, 134, 2006/01/02	ACNW	12.07	978	1			
Item 47 17:50 Final Men Senior 100m -0.2								
1	SIMBINI, AKANI, 645, 1993/09/21	CGA	10.14	1157	8			G
2	RICHARDSON, BENJAMIN, 168, 2003/12/19	ACNW	10.27	1113	7			S
3	ROBERTS, RIVALDO, 338, 2002/01/03	AGN	10.36	1083	6			B
4	KARRIEM, ABDURAGHMAAN, 771, 2004/09/25	WPA	10.43	1060	5			
5	DAVIDS, LUKE, 765, 2001/07/17	WPA	10.46	1052	4			
6	JOHNSON, CHESWILL, 604, 1997/09/30	CGA	10.50	1040	3			
7	VAN STADEN, SHERWIN, 673, 2000/09/14	EPA	10.58	1013	2			
8	MABUNDA, MBHONI, 155, 2003/03/19	ACNW	10.65	992	1			
Item 4 09:30 Final Men Senior 100m Decathlon +0.9								
1	VAN AS, MORNE, 350, 1998/01/02	AGN	10.92	878				
2	PEREZ, JESSE, 536, 1997/11/09	BOLA	10.95	872				
3	PRETORIUS, FREDRIECH, 334, 1995/08/04	AGN	11.26	804				
4	FIELD, JAMIE, 767, 2001/09/19	WPA	11.34	786				
5	MATSEKANE, KATLEHO, 318, 1994/04/23	AGN	11.41	771				
6	BRONKHORST, RUAN, 299, 2003/10/30	AGN	11.52	748				
Item 80 14:20 Final Women U18 200m Heptathlon +0.8								

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1	SMITH, CARA, 205, 2006/06/26	AFS 26.05	793
2	HARVEY, ASHLEY, 251, 2006/04/07	AGN 26.63	743
3	ZELNé, BOTHA, 592, 2007/01/24	CGA 28.20	615
4	LEANI, SWANEPOEL, 575, 2007/04/14	CGA 29.03	552
5	CALITZ, TAENOQUE, 241, 2006/01/23	AGN 29.29	533

Item 81 14:30 Final Women U20 200m Heptathlon +1.3

1	LOUW, ROLINE, 198, 2005/04/14	AFS 25.61	832
2	MARX, LEE-ANN, 120, 2005/03/01	ACNW 26.00	797
3	NAGEL, LIANCA, 483, 2005/02/13	AVT 26.40	763
4	ROODE, LENOR, 275, 2004/05/17	AGN 29.34	529

Item 40 16:20 Final Women U23 200m EXHIBITION RACE Team Points +0.5

1	KLOSTER, LINE, 751, / /	NOR 23.61	0	0
2	RISMARK, INGRID, 752, / /	NOR 24.94 (.931)	0	0
3	MAHLALELA, BONGIWE, 676, / /	ESW 24.94 (.937)	0	0
4	BOCK, ELEA, 749, / /	NOR 25.16	0	0

Item 121 16:20 Final Women Senior 200m +0.0

1	COETZEE, MIRENDA, 439, 1997/11/14	ANWN 22.74	1161	8	G
2	THOMAS, TAMZIN, 130, 1997/10/06	ACNW 23.41	1094	7	S
3	LE GRANGE, KAYLA, 572, 2004/07/27	CGA 23.98	1038	6	B
4	AHRENS, KIRSTEN, 679, 2000/06/18	KZNA 24.01	1035	5	
5	NEKHUBUI, SHIRLEY, 662, 2000/07/31	EPA 25.32	913	4	

Item 83 14:40 Final Women Senior 200m Heptathlon +1.1

1	KITSHOFF, NADIA, 256, 1996/03/11	AGN 25.83	812
2	SALMI, ANRI, 435, 1996/01/06	CGA 26.16	783
3	VERSTER, SHANNON, 290, 1999/11/10	AGN 26.60	745
4	RE, BIANCA, 379, 1987/03/13	AGNI 26.77	731
5	DONOUGH, AMEERAH, 756, 2001/02/05	WPA 27.19	696
6	BOTHA, MARIETTE, 434, 1984/01/12	CGA 28.14	620

Item 122 16:30 Final Men Senior 200m +0.3

1	VAN DER WALT, ARMAND, 353, 2005/01/04	AGN 20.50	1142	8	G
2	MATSOSO, TSEBO, 614, 1999/05/27	CGA 20.52	1139	7	S
3	MOLEYANE, LUCKY, 498, 2003/02/07	AVT 20.53	1137	6	B
4	POTGIETER, ECKHART, 332, 2002/06/13	AGN 20.75	1104	5	
5	KUALI, DUKE, 608, 1998/05/26	CGA 20.76	1103	4	
6	DAMBILE, SINESIPHO, 301, 1999/02/17	AGN 20.96	1073	3	
7	SWART, ADRIAN, 174, 2002/05/28	ACNW 21.14	1047	2	
8	GABIER, LUQMAAN, 768, 2004/11/10	WPA 21.16	1044	1	

Item 43 16:55 Final Men U18 400m Decathlon

1	HARTOGH, ADRIAANO, 531, 2006/05/23	BOLA 0:53.66	654
2	MARCUS, JAMIEL, 773, 2006/03/19	WPA 0:55.31	586
3	HORN, HENRO, 456, 2007/06/04	ASWD 0:56.86	526
4	VAN RHYN, LEONARD, 178, 2006/05/10	ACNW 0:57.12	516

Item 44 17:10 Final Results Men U20 400m Decathlon

1	ABRAHAMS, MO-EECK, 525, 2005/06/03	BOLA 0:53.70	652
2	ELS, JUANDRE, 437, 2005/02/11	CGA 0:54.30	627
3	STEWART, JACK, 346, 2005/05/05	AGN 0:55.12	594
4	VAN COLLER, NICUS, 540, 2005/01/14	BOLA 0:55.54	577
5	VAN STADEN, ZAIN, 782, 2005/08/15	WPA 0:56.04	558
6	VAN DER LINDE, DIMAR, 352, 2004/05/05	AGN 0:56.43	543
7	DONKIN, JOEL, 304, 2005/12/23	AGN 0:58.82	454
8	MC INTYRE, JADEN, 703, 2005/03/08	KZNA 0:58.89	452
9	MAROTA, KATLEGO, 317, 2004/05/16	AGN 0:59.53	429

Item 115 15:00 Final Women Senior 400m

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1	COETZEE, MIRENDA, 439, 1997/11/14	ANWN 0:51.04	1164	8	G
2	VILJOEN, MARLIE, 291, 2000/08/01	AGN 0:51.87	1132	7	S
3	NEKHUBUI, SHIRLEY, 662, 2000/07/31	EPA 0:52.20	1119	6	B
4	SCHEEPERS, COLENE, 381, 2006/07/12	AGNI 0:53.04	1087	5	
5	VERMEULEN, CHANE, 438, 2006/05/19	CGA 0:53.37	1074	4	
6	MOLEPO, PRECIOUS, 264, 2005/02/15	AGN 0:54.01	1050	3	
7	STRIJDOM, ANGELIQUE, 383, 2002/02/01	AGNI 0:54.13	1046	2	
8	GIBBON, NICOLA, 195, 2000/10/09	AFS 0:54.33	1038	1	

Item 117 15:10 Final Men Senior 400m

1	VAN NIEKERK, WAYDE, 542, 1992/07/16	BOLA 0:44.17	1200	8	G
2	PILLAY, LYTHER, 637, 2003/02/25	CGA 0:44.80	1194	7	S
3	ISAACS, GARDEO, 769, 1998/12/27	WPA 0:45.15	1169	6	B
4	NENE, ZAKITHI, 709, 1998/04/02	KZNA 0:45.47	1147	5	
5	SHEZI, TUMISANG, 345, 2000/05/13	AGN 0:46.21	1097	4	
6	NZWANZWA, ANELE, 412, 1996/03/24	AGNI 0:46.40	1085	3	
7	SEMENYA, JOEL, 344, 1999/07/10	AGN 0:46.55	1075	2	
8	GELDENHUYS, IVAN DANNY, 308, 2001/08/09	AGN 0:47.70	1000	1	

Item 45 17:25 Final Men Senior 400m Decathlon

1	PEREZ, JESSE, 536, 1997/11/09	BOLA 0:49.22	851		
2	BRONKHORST, RUAN, 299, 2003/10/30	AGN 0:50.85	776		
3	MATSEKANE, KATLEHO, 318, 1994/04/23	AGN 0:51.04	767		
4	PRETORIUS, FREDRIECH, 334, 1995/08/04	AGN 0:51.06	766		
5	FIELD, JAMIE, 767, 2001/09/19	WPA 0:51.87	730		
6	VAN AS, MORNE, 350, 1998/01/02	AGN 0:51.93	728		

Item 42 16:40 Final Girls U16 800m Pentathlon

1	MOGAJANE, CARMENITAH, 580, 2008/01/07	CGA 2:50.10	463		
2	SMIT, ANJA, 520, 2008/06/07	BOLA 2:52.92	434		
3	KRIEK, MINE, 423, 2009/10/16	AGW 2:56.30	400		
4	MUDHAYIDAH, DARIES, 764, 2008/04/25	WPA 3:00.56	360		
5	CLAASSENS, LINEL, 477, 2008/11/19	AVT 3:05.83	313		
6	HANS, JOY, 530, 2008/06/15	BOLA 3:07.27	301		
7	DREYER, MARUNÉ, 190, 2009/01/19	AFS 3:08.59	289		
8	VENTER, MIJANKE, 719, 2008/07/09	LIMA 3:14.11	245		

Item 111 14:30 Final Women U18 800m Heptathlon

1	SMITH, CARA, 205, 2006/06/26	AFS 2:37.37	603		
2	HARVEY, ASHLEY, 251, 2006/04/07	AGN 2:42.80	541		
3	LEANI, SWANEPOEL, 575, 2007/04/14	CGA 2:44.21	526		
4	CALITZ, TAENOQUE, 241, 2006/01/23	AGN 2:48.42	480		

Item 112 14:40 Final Women U20 800m Heptathlon

1	MARX, LEE-ANN, 120, 2005/03/01	ACNW 2:16.08	878		
2	LOUW, ROLINE, 198, 2005/04/14	AFS 2:21.51	803		
3	NAGEL, LIANCA, 483, 2005/02/13	AVT 2:28.88	707		
4	ROODE, LENOR, 275, 2004/05/17	AGN 3:02.07	346		

Item 123 16:40 Final Women Senior 800m

1	SEKGODISO, PRUDENCE, 278, 2002/01/05	AGN 2:03.92	1094	8	G
2	LOFSTRAND, GENA, 685, 1995/10/23	KZNA 2:05.10	1073	7	S
3	SWART, CHARNE, 286, 2002/01/02	AGN 2:05.92	1059	6	B
4	BEIJA, SALMA, 680, 2006/11/09	KZNA 2:07.86	1026	5	
5	RADEBE, PABALLO, 377, 2005/04/18	AGNI 2:10.57	981	4	
6	HOBOSLOSHE, AVIWE, 253, 2002/03/07	AGN 2:10.84	977	3	
7	OOSTHUIZEN, MICHAELA, 271, 1999/12/12	AGN 2:10.87	976	2	
8	KRUSE, EMMA, 661, 2005/05/31	EPA 2:10.98	975	1	
9	SELEKA, BOITUMELO, 441, 1990/03/20	ANWN 2:11.55	965	0	

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10	DUBE, FINA, 564, 2000/09/24	CGA 2:12.63	948	0
11	PRETORIUS, KARIN - MARI, 486, 1995/03/02	AVT 2:14.58	917	0

Item 114 14:50 Final Women Senior 800m Heptathlon

1	RE, BIANCA, 379, 1987/03/13	AGNI 2:20.23	820	
2	VERSTER, SHANNON , 290, 1999/11/10	AGN 2:23.77	773	
3	BOTHA, MARIETTE, 434, 1984/01/12	CGA 2:27.33	727	
4	KITSHOFF, NADIA, 256, 1996/03/11	AGN 2:29.78	696	
5	SALMI, ANRI, 435, 1996/01/06	CGA 2:31.66	672	
6	DONOUGH, AMEERAH, 756, 2001/02/05	WPA 2:40.88	563	

Item 124 16:50 Final Men Senior 800m

1	DU PLESSIS, EDMUND, 305, 2002/05/04	AGN 1:47.19	1108	8	G
2	MOHLOSI, KABELO, 446, 1993/01/20	ANWN 1:47.25	1106	7	S
3	NOGCANTSI, KWAZI, 330, 2000/01/17	AGN 1:47.33	1104	6	B
4	MOTLHAMME, BOIKANYO, 624, 1995/08/11	CGA 1:48.08	1082	5	
5	CHOBAN, ABEDNICO, 300, 2002/02/07	AGN 1:48.23	1077	4	
6	MOKHONOANA, ELVIS, 404, 1998/01/05	AGNI 1:48.32	1075	3	
7	SEELIGER, JAMES, 415, 1999/12/15	AGNI 1:48.37	1073	2	
8	NCAMANE, JABOLANE , 407, 1994/06/07	AGNI 1:49.17	1050	1	
9	VAN ROOYEN, DILLAN, 179, 1998/06/23	ACNW 1:50.84	1002	0	
10	NWAGU, TSHEGOFATSO, 635, 2001/09/01	CGA 1:52.16	966	0	

Item 118 15:40 Final Boys U16 1000m Pentathlon

1	BROOKS, LEAGON, 526, 2008/11/10	BOLA 3:01.85	646	
2	ENGELBRECHT, CHARL, 766, 2008/03/07	WPA 3:06.41	603	
3	VAN DER BERG, JEAN, 351, 2008/11/24	AGN 3:07.71	591	
4	MC ASLIN, DEAN, 159, 2009/05/04	ACNW 3:08.24	586	
5	SAMUELS, MATHEW, 778, 2008/09/22	WPA 3:25.81	434	

Item 84 15:10 Final Men U18 1500m Decathlon

1	HARTOGH, ADRIAANO, 531, 2006/05/23	BOLA 05:23.58	432	
2	VAN RHYN, LEONARD, 178, 2006/05/10	ACNW 05:40.57	349	
3	HORN, HENRO, 456, 2007/06/04	ASWD 05:54.56	287	

Item 85 15:25 Final Men U20 1500m Decathlon

1	DONKIN, JOEL, 304, 2005/12/23	AGN 04:41.64	670	
2	STEWART, JACK, 346, 2005/05/05	AGN 04:53.10	600	
3	ELS, JUANDRE, 437, 2005/02/11	CGA 05:03.24	541	
4	VAN DER LINDE, DIMAR, 352, 2004/05/05	AGN 05:33.13	384	
5	ABRAHAMS, MO-EECK, 525, 2005/06/03	BOLA 05:51.92	298	
6	VAN STADEN, ZAIN, 782, 2005/08/15	WPA 05:52.57	295	
7	VAN COLLER, NICUS, 540, 2005/01/14	BOLA 05:53.14	293	
8	MAROTA, KATLEGO, 317, 2004/05/16	AGN 06:10.68	222	
9	MC INTYRE, JADEN, 703, 2005/03/08	KZNA 06:17.93	196	

Item 95 18:00 Final Women Senior 1500m

1	SEKGODISO, PRUDENCE, 278, 2002/01/05	AGN 04:17.22	1072	8	G
2	VILJOEN, CARINA, 591, 1997/04/15	CGA 04:20.16	1049	7	S
3	WEITSZ, SIMONE, 293, 1999/04/26	AGN 04:21.02	1043	6	B
4	HOBLOSHE, AVIWE, 253, 2002/03/07	AGN 04:26.26	1004	5	
5	JANSEN, NICOLA, 373, / /	AGNI 04:27.26	997	4	
6	MAKGATA, NALEDI, 577, 2005/08/14	CGA 04:28.51	988	3	
7	GRIFFITHS, KOBIE, 757, 1985/02/22	WPA 04:32.99	955	2	
8	JANSE VAN RENSBURG, JANIE, 372, 2000/08/09	AGNI 04:36.57	930	1	
9	NKUNA, WELMA NKATEKO, 583, 2000/01/31	CGA 04:39.10	912	0	
10	JACOBS, IZANDRI, 371, 2006/12/12	AGNI 04:40.13	905	0	
11	AUCAMP, JOHNE, 362, 2002/10/25	AGNI 04:41.77	894	0	
12	DU PLESSIS, INA, 107, 2002/10/09	ACNW 04:49.58	840	0	

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13	HLATSWAYO, SLINDILE, 681, 1994/01/04	KZNA 04:52.35	822	0
14	PETRO, STEPHANY, 125, 2002/03/20	ACNW 04:54.21	809	0
15	NEL, RIANA, 513, 2004/07/21	BOLA 04:55.54	801	0
16	SHANGA, YANDISWA, 519, 2000/06/30	BOLA 04:59.58	775	0

Item 94 17:45 Final Men Senior 1500m

1	TSITE, TSHEPO, 349, 1997/01/15	AGN 03:38.63	1125	8	G
2	SIBIYA, NKOSINATHI, 644, 1994/01/01	CGA 03:40.65	1098	7	S
3	MPHAHLELE, RYAN, 626, 1998/03/07	CGA 03:42.80	1070	6	B
4	TLADI, MODUPI, 419, 1999/10/19	AGNI 03:43.94	1055	5	
5	SWART, CHRISTOPHER, 175, 2000/04/19	ACNW 03:44.99	1041	4	
6	MOREPE, JOHANNES, 622, 2005/02/26	CGA 03:45.56	1034	3	
7	DOMINGO, KEANU, 143, 2002/04/17	ACNW 03:45.86	1030	2	
8	CHOPA, ABEDNICO, 300, 2002/02/07	AGN 03:46.52	1021	1	
9	PILANE, TSHEGOFATSO, 331, 1998/09/30	AGN 03:47.71	1006	0	
10	KRUGER, ABRIE, 555, 2001/01/04	ACNW 03:48.13	1001	0	
11	VAN DER MERWE, NIEL, 420, 2003/12/04	AGNI 03:49.01	989	0	
12	MSIBI, SBUSISO, 628, 2004/05/16	CGA 03:51.85	954	0	
13	KHOZA, SIPHESIHLE, 396, 2003/04/25	AGNI 03:52.36	947	0	
14	MUNNIK, JAMES, 406, 1997/04/03	AGNI 03:55.96	903	0	

Item 86 15:40 Final Men Senior 1500m Decathlon

1	MATSEKANE, KATLEHO, 318, 1994/04/23	AGN 04:46.42	640
2	PRETORIUS, FREDRIECH, 334, 1995/08/04	AGN 05:03.61	539
3	BRONKHORST, RUAN, 299, 2003/10/30	AGN 05:08.16	514

Item 119 15:50 Final Women Senior 5km

1	JACOBS, KYLA, 758, 1994/01/14	WPA 15:59.12	1052	8	G
2	VILJOEN, CARINA, 591, 1997/04/15	CGA 16:17.84	1017	7	S
3	OLDKNOW, CIAN, 585, 1996/09/17	CGA 16:23.35	1007	6	B
4	JANSEN, NICOLA, 373, / /	AGNI 16:33.58	989	5	
5	MOLOTSANE, KESA, 199, 1992/01/08	AFS 17:18.89	910	4	
6	MJOLI, NWABISA, 686, 1992/02/24	KZNA 17:39.40	875	3	
7	DUMISA, SISANDA, 565, 2000/08/23	CGA 17:55.17	849	2	
8	MAILULA, KARABO, 260, 2002/03/17	AGN 18:09.48	825	1	
9	GUMEDE, NTKOZO, 567, 2004/12/11	CGA 18:21.21	806	0	
10	PETRO, STEPHANY, 125, 2002/03/20	ACNW 18:25.00	800	0	
11	DEKKER, LI-MARI, 246, 2005/12/17	AGN 18:32.62	788	0	
12	DU PLESSIS, INA, 107, 2002/10/09	ACNW 19:20.66	713	0	

Item 127 17:20 Final Men Senior 5km

1	CHAUMETON, MAXIME, 598, 2000/07/12	CGA 13:46.40	1046	8	G
2	MPHAHLELE, RYAN, 626, 1998/03/07	CGA 14:04.80	984	7	S
3	TLADI, MODUPI, 348, 1999/10/19	AGN 14:11.88	961	6	B
4	SEBOKO, KABELO, 640, 1998/01/01	CGA 14:15.49	949	5	
5	MOKONYAMA, SIMON, 321,	AGN 14:16.01	947	4	
6	MHLANGA, CHRIS, 617, 2001/07/29	CGA 14:16.76	945	3	
7	NGCONDE, MATWEBU, 711, 2000/06/04	KZNA 14:17.92	941	2	
8	MELAMU, KABELO, 616, 1997/02/08	CGA 14:33.32	892	1	
9	NAKO, DINO, 164, 2005/01/01	ACNW 14:34.89	887	0	
10	KGADIMA, COLLINS, 314, 1998/01/18	AGN 14:40.23	870	0	
11	MSIBI, SBUSISO, 628, 2004/05/16	CGA 14:44.65	857	0	
12	ROSSLEE, JAYDE, 638, 2004/01/05	CGA 14:46.13	852	0	
13	NTSOTHO, AWETHU, 473, 1997/09/10	ATRA 14:46.54	851	0	
14	DU PLOOY, DIVAN, 553, 2000/11/12	KZNA 14:50.31	839	0	
15	HENDRICKS, DEON-LEE, 532, 1997/07/17	BOLA 14:56.32	821	0	
16	MOLOKE, TSHEDISO, 223, 2003/03/28	AFS 15:08.08	786	0	
17	MATTHEWS, SELWYN, 459, 1998/08/21	ASWD 15:08.78	784	0	
18	KHUMALO, SBONELO, 699, 2002/09/21	KZNA 15:32.34	716	0	
19	HAYES, COHEN, 740, 2003/01/02	NWCA 16:07.58	620	0	

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20	MOLELE, JANKIE, 727, 2001/06/22	LIMA 16:11.35	610	0
21	MATHEOLANA, ITUMELENG, 158, 1999/05/06	ACNW 16:57.81	495	0

Item 1 08:15 Final Women Senior 10km

1	XABA, GLENROSE, 294, 1994/12/31	AGN 33:02.13	1085	8	G
2	OLDKNOW, CIAN, 585, 1996/09/17	CGA 33:51.81	1043	7	S
3	MJOLI, NWABISA, 686, 1992/02/24	KZNA 36:47.98	899	6	B
4	MAILULA, KARABO, 260, 2002/03/17	AGN 37:24.27	871	5	
5	SWIEGERS, CARINA, 129, 1995/05/15	ACNW 40:09.65	748	4	

Item 36 15:30 Final Men Senior 10km

1	SESEDI, ANDRIES CHIMANE, 641, 2001/04/10	CGA 29:52.19	966	8	G
2	MULUADZI, COLLEN, 325, 1991/04/08	AGN 30:03.06	951	7	S
3	SLINGER, IAN, 170, 1995/12/11	ACNW 30:31.05	912	6	B
4	KGADIMA, COLLINS, 314, 1998/01/18	AGN 30:52.73	882	5	
5	SEGALAGALA, TEBOGO, 342, 1993/01/05	AGN 31:17.01	849	4	
6	THINGANE, THEMBA, 646, 2002/08/13	CGA 31:38.33	821	3	
7	VAN DER MERWE, DYLAN, 649, 1997/07/14	CGA 31:39.84	819	2	
8	NENE, AFRICA, 708, 1997/04/02	KZNA 33:38.07	671	1	
9	KHUMALO, BHEKIZULU, 606, 2000/01/07	CGA 33:59.06	647	0	

Item 89 16:45 Final Women Senior 3000m SteepleChase

1	MATSHABA, PHEMELO, 261, 2005/04/12	AGN 11:02.53	950	8	G
2	MULDER, LIZANDRE, 200, 1997/05/13	AFS 11:14.82	923	7	S
3	BELL, KIRSTI, 188, 2002/05/08	AFS 11:41.58	865	6	B
4	SHOKANE, KGOPOTSO, 425, 2005/08/29	CGA 11:51.83	843	5	
5	SNYMAN, SUNE, 488, 2005/09/22	AVT 12:09.46	806	4	
6	STICKELLS, IZABEL, 283, 2001/05/01	AGN 12:15.14	794	3	
7	KAREEBOS, REFILOE, 682, 1997/07/01	KZNA 12:27.77	769	2	

Item 88 16:25 Final Men Senior 3000m SteepleChase

1	SMITH, ASHLEY, 779, 1996/09/09	WPA 08:52.23	1027	8	G
2	NKONYENI, APHELELE, 470, 1998/01/20	ATRA 08:56.23	1010	7	S
3	MONNATLALA, TUMISANG, 160, 1995/01/31	ACNW 09:14.89	934	6	B
4	NGOBE, MONGEZI, 469, 1997/10/02	ATRA 09:16.38	928	5	
5	BOKABA, OFENTSE, 594, 2003/06/26	CGA 09:22.52	903	4	
6	SELOKELA, OLEBOGILE, 343, 1990/07/02	AGN 09:32.85	863	3	
7	MOUTON, JEAN, 625, 2002/03/02	CGA 09:33.48	861	2	
8	ZIKULU, ROWAN, 359, 2004/07/23	AGN 09:35.25	854	1	
9	NGCOBO, SICELLO, 633, 1993/06/09	CGA 09:38.07	843	0	
10	MAJA, THAROLLO, 613, 2004/07/31	CGA 09:39.61	837	0	
11	DE WAAL, CAYDE, 600, 2003/09/02	CGA 09:41.44	830	0	
12	RAMATSEBE, KAMOHELO, 337, 2005/07/18	AGN 09:43.96	821	0	
13	SOLDAKA, SIBONISO, 780, 1990/12/20	WPA 09:49.64	799	0	
14	SEBOPA, MESHACK, 341, 1997/05/08	AGN 10:08.37	731	0	
15	HLAKO, DERICK, 494, 2000/01/31	AVT 10:14.75	709	0	
16	MHLUNGU, CEBO, 705, 2000/01/24	KZNA 10:27.85	664	0	
17	TLALI, EDWARD, 234, 2001/01/07	AFS 10:34.42	642	0	

Item 10 10:30 Final Girls U16 90m Hurdles Pentathlon**+0.9**

1	SMIT, ANJA, 520, 2008/06/07	BOLA 14.41	719
2	HANS, JOY, 530, 2008/06/15	BOLA 14.73	681
3	DREYER, MARUNÉ, 190, 2009/01/19	AFS 15.13	634
4	MOGAJANE, CARMENITAH, 580, 2008/01/07	CGA 15.66	576
5	MUDHAYIDAH, DARIES, 764, 2008/04/25	WPA 15.94	547
6	VENTER, MIJANKE, 719, 2008/07/09	LIMA 16.52	490
7	CLAASSENS, LINEL, 477, 2008/11/19	AVT 17.31	421

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8	KRIEK, MINE, 423, 2009/10/16	AGW 17.82	380		
Item 98	09:00 Final Boys U16 100m Hurdles Pentathlon			+2.6	
1	BROOKS, LEAGON, 526, 2008/11/10	BOLA 13.51	846		
2	MC ASLIN, DEAN, 159, 2009/05/04	ACNW 13.77	815		
3	SAMUELS, MATHEW, 778, 2008/09/22	WPA 15.50	632		
4	VAN DER BERG, JEAN, 351, 2008/11/24	AGN 15.55	627		
5	ENGELBRECHT, CHARL, 766, 2008/03/07	WPA 16.39	551		
Item 54	09:20 Final Women U18 100m Hurdles Heptathlon			+1.7	
1	SMITH, CARA, 205, 2006/06/26	AFS 14.76	874		
2	HARVEY, ASHLEY, 251, 2006/04/07	AGN 15.47	781		
3	ZELNé, BOTHA, 592, 2007/01/24	CGA 16.65	637		
4	CALITZ, TAENOQUE, 241, 2006/01/23	AGN 17.32	561		
5	LEANI, SWANEPOEL, 575, 2007/04/14	CGA 20.53	260		
Item 53	09:10 Final Women U20 100m Hurdles Heptathlon			+0.7	
1	LOUW, ROLINE, 198, 2005/04/14	AFS 14.49	910		
2	NAGEL, LIANCA, 483, 2005/02/13	AVT 15.61	763		
3	MARX, LEE-ANN, 120, 2005/03/01	ACNW 16.03	711		
4	ROODE, LENOR, 275, 2004/05/17	AGN 16.79	620		
5	OOSTHUIZEN, MARY AMY, 485, 2005/03/23	AVT 17.14	581		
Item 91	17:15 Final Women Senior 100m Hurdles			-0.1	0.838m
1	FOURIE, MARIONE, 249, 2002/04/30	AGN 12.98	1152	8	G
2	KOK, CHANE, 257, 2004/08/16	AGN 13.86	1036	7	S
3	VAN DEN BERG, KAYLA, 287, 2002/01/10	AGN 13.91	1030	6	B
4	GERTENBACH, NATACHA, 194, 2005/06/10	AFS 14.04	1013	5	
5	ANGELIQUE, DE JAGER, 560, 2005/07/04	CGA 14.33	976	4	
6	MAWELA, MIKATEKO, 375, 2001/07/10	AGNI 14.50	956	3	
7	NEWTON, MEGAN, 123, 2004/03/10	ACNW 14.81	918	2	
8	BANUTELO, SOPHIE, 363, 2003/04/18	AGNI 15.57	828	1	
Item 52	09:00 Final Women Senior 100m Hurdles Heptathlon			+0.6	0.838m
1	VERSTER, SHANNON, 290, 1999/11/10	AGN 14.65	888		
2	SALMI, ANRI, 435, 1996/01/06	CGA 15.51 (.504)	775		
3	DONOUGH, AMEERAH, 756, 2001/02/05	WPA 15.51 (.509)	775		
4	KITSHOFF, NADIA, 256, 1996/03/11	AGN 16.38	668		
5	RE, BIANCA, 379, 1987/03/13	AGNI 18.96	394		
6	BOTHA, MARIETTE, 434, 1984/01/12	CGA 20.27	280		
Item 51	08:50 Final Men U18 110m Hurdles Decathlon			+0.4	
1	HARTOGH, ADRIAANO, 531, 2006/05/23	BOLA 15.48	792		
2	HORN, HENRO, 456, 2007/06/04	ASWD 17.71	552		
3	VAN RHYN, LEONARD, 178, 2006/05/10	ACNW 17.74	549		
Item 50	08:40 Final Men U20 110m Hurdles Decathlon			+0.5	
1	VAN DER LINDE, DIMAR, 352, 2004/05/05	AGN 16.27	703		
2	VAN COLLER, NICUS, 540, 2005/01/14	BOLA 16.68	658		
3	ELS, JUANDRE, 437, 2005/02/11	CGA 17.22	602		
4	VAN STADEN, ZAIN, 782, 2005/08/15	WPA 17.52	571		
5	ABRAHAMS, MO-EECK, 525, 2005/06/03	BOLA 19.19	416		
6	MAROTA, KATLEGO, 317, 2004/05/16	AGN 19.76	368		
7	STEWART, JACK, 346, 2005/05/05	AGN 20.84	286		
8	DONKIN, JOEL, 304, 2005/12/23	AGN 21.42	246		
9	MC INTYRE, JADEN, 703, 2005/03/08	KZNA 21.68	229		
Item 90	17:05 Final Men Senior 110m Hurdles			+1.5	1.067m
1	ALKANA, ANTONIO, 763, 1990/04/12	WPA 13.32	1192	8	G
2	BARNARD, MONDRAY, 665, 2002/05/08	EPA 13.80	1102	7	S

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3	OCTOBER, JASON, 535, 2000/05/31	BOLA 13.85	1093	6	B
4	NEL, SW, 328, 2002/09/11	AGN 14.06	1055	5	
5	LEFETE, TSHEPO, 609, 1992/02/02	CGA 14.07	1053	4	
6	VOSLOO, WICUS, 237, 2001/03/21	AFS 14.24	1023	3	
7	STRAUSS, RYNARDT, 347, 2002/01/03	AGN 14.41	993	2	

Item 49 08:30 Final Men Senior 110m Hurdles Decathlon +0.6 1.067m

1	PRETORIUS, FREDRIECH, 334, 1995/08/04	AGN 14.83	870		
2	BRONKHORST, RUAN, 299, 2003/10/30	AGN 15.74	762		
3	MATSEKANE, KATLEHO, 318, 1994/04/23	AGN 15.83	752		
4	PEREZ, JESSE, 536, 1997/11/09	BOLA 15.89	745		
5	FIELD, JAMIE, 767, 2001/09/19	WPA 16.44	684		

Item 110 14:15 Final Women Senior 400m Hurdles 0.762m

1	VAN DER WALT, ZENEY, 288, 2000/05/22	AGN 0:54.82	1179	8	G
2	BIELDT, TYLON, 240, 1998/11/04	AGN 0:55.82	1148	7	S
3	JOSEPH, ROGAIL, 113, 2000/04/22	ACNW 0:56.39	1130	6	B
4	MAGERMAN, GEZELLE, 259, 1997/04/21	AGN 0:57.45	1098	5	
5	NEL, ANJE, 268, 2004/01/02	AGN 0:58.05	1080	4	
6	RAMOKGOPA, TUMI, 378, 2007/08/27	AGNI 0:58.98	1052	3	
7	DE WET, SIMONE, 368, 2003/04/10	AGNI 0:59.02	1051	2	
8	VAN NIEKERK, HANNAH, 387, 2005/01/28	AGNI 1:00.10	1019	1	

Item 109 14:00 Final Men Senior 400m Hurdles 0.914m

1	ZAZINI, SOKHWAKHANA, 358, 2000/01/23	AGN 0:48.95	1183	8	G
2	PRETORIUS, CONSTANT, 333, 1994/01/26	AGN 0:49.80	1140	7	S
3	HAMMAN, LE ROUX, 310, 1992/01/06	AGN 0:50.63	1099	6	B
4	DHLAMINI, SABELO, 601, 1995/01/17	CGA 0:51.20	1071	5	
5	KRUGER, VAN REENEN, 398, 2003/03/20	AGNI 0:51.30	1067	4	
6	GORA, LINDUKHULE, 309, 2001/01/31	AGN 0:51.47	1058	3	
7	JANSE VAN RENSBURG, WERNICH, 216, 2004/07/28	AFS 0:51.83	1041	2	
8	VAN DER WATH, HEINRICH, 235, 2005/02/18	AFS 0:52.24	1021	1	

Item 15 11:00 Final Girls U16 HighJump Pentathlon

1	SMIT, ANJA, 520, 2008/06/07	BOLA 1.60	736		
2	CLAASSENS, LINEL, 477, 2008/11/19	AVT 1.60	736		
3	HANS, JOY, 530, 2008/06/15	BOLA 1.38	491		
4	VENTER, MIJANKE, 719, 2008/07/09	LIMA 1.35	460		

Item 99 09:30 Final Boys U16 HighJump Pentathlon

1	SAMUELS, MATHEW, 778, 2008/09/22	WPA 1.79	619		
2	ENGELBRECHT, CHARL, 766, 2008/03/07	WPA 1.76	593		
3	VAN DER BERG, JEAN, 351, 2008/11/24	AGN 1.64	496		
4	BROOKS, LEAGON, 526, 2008/11/10	BOLA 1.61	472		
5	MC ASLIN, DEAN, 159, 2009/05/04	ACNW 1.46	360		

Item 61 10:30 Final Women U18 HighJump Heptathlon

1	SMITH, CARA, 205, 2006/06/26	AFS 1.55	678		
2	CALITZ, TAENOQUE, 241, 2006/01/23	AGN 1.55	678		
3	HARVEY, ASHLEY, 251, 2006/04/07	AGN 1.43	544		
4	LEANI, SWANEPOEL, 575, 2007/04/14	CGA 1.43	544		

Item 31 15:00 Final Men U18 HighJump Decathlon

1	MARCUS, JAMIEL, 773, 2006/03/19	WPA 1.90	714		
2	HARTOGH, ADRIAANO, 531, 2006/05/23	BOLA 1.75	585		
3	HORN, HENRO, 456, 2007/06/04	ASWD 1.72	560		

Item 62 10:30 Final Women U20 HighJump Heptathlon

1	MARX, LEE-ANN, 120, 2005/03/01	ACNW 1.67	818		
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2	NAGEL, LIANCA, 483, 2005/02/13	AVT 1.58	712
3	ROODE, LENOR, 275, 2004/05/17	AGN 1.52	644
4	LOUW, ROLINE, 198, 2005/04/14	AFS 1.46	577
5	OOSTHUIZEN, MARY AMY, 485, 2005/03/23	AVT 1.43	544

Item 32 15:00 Final Men U20 HighJump Decathlon

1	VAN STADEN, ZAIN, 782, 2005/08/15	WPA 1.78	610
2	VAN COLLER, NICUS, 540, 2005/01/14	BOLA 1.69	536
3	VAN DER LINDE, DIMAR, 352, 2004/05/05	AGN 1.60	464
4	STEWART, JACK, 346, 2005/05/05	AGN 1.60	464
5	MC INTYRE, JADEN, 703, 2005/03/08	KZNA 1.55	426
6	ELS, JUANDRE, 437, 2005/02/11	CGA 1.55	426
7	DONKIN, JOEL, 304, 2005/12/23	AGN 1.50	389
8	ABRAHAMS, MO-EECK, 525, 2005/06/03	BOLA 1.50	389
9	MAROTA, KATLEGO, 317, 2004/05/16	AGN 1.40	317

Item 9 10:30 Final Women Senior HighJump

1	NGOZO, MICHELLE, 269, 2000/05/15	AGN 1.80	1020	8	G
2	ROBSON, YVONNE, 274, 1999/09/12	AGN 1.75	970	7	S
3	DU PLESSIS, JULIA, 563, 1996/05/27	CGA 1.75	970	6	B
4	DE CLERK, SHANESE, 426, 2005/12/15	AMPU 1.75	970	5	
5	MINNAAR, JEANNE, 121, 2001/02/02	ACNW 1.70	920	4	
6	TIMOTEUS, GERALDINE, 762, 1997/08/11	WPA 1.70	920	3	
7	VORSTER, NADIA, 208, 2005/08/01	AFS 1.65	870	2	
7	HIGGINS, MARILIZE, 569, 1996/03/04	CGA 1.65	870	2	
7	DOMBENI, MAHLATSE, 562, 1999/01/21	CGA 1.65	870	2	
10	COETZEE, CEALIN, 185, 2003/01/21	BOLA 1.65	870	0	
11	DEHRMANN, CAITLIN, 427, 2005/08/15	AMPU 1.65	870	0	
11	VISSER, JEANE, 292, 2003/08/12	AGN 1.65	870	0	
13	PIENAAR, DIANA, 201, 2006/03/31	AFS 1.65	870	0	

Item 63 10:30 Final Women Senior HighJump Heptathlon

1	VERSTER, SHANNON , 290, 1999/11/10	AGN 1.70	855
2	SALMI, ANRI, 435, 1996/01/06	CGA 1.64	783
3	BOTHA, MARIETTE, 434, 1984/01/12	CGA 1.58	712
4	RE, BIANCA, 379, 1987/03/13	AGNI 1.43	544
5	DONOUGH, AMEERAH, 756, 2001/02/05	WPA 1.40	512
6	KITSHOFF, NADIA, 256, 1996/03/11	AGN 1.34	449

Item 79 14:00 Final Men Senior HighJump

1	FOURIE, KEEGAN, 528, 1991/09/07	BOLA 2.25	1130	8	G
2	LINKS, MPH0, 610, 1996/06/20	CGA 2.25	1130	7	S
3	POOLE, BREYTON, 537, 2000/03/23	BOLA 2.20	1090	6	B
4	RAATS, BRIAN, 336, 2004/01/17	AGN 2.15	1040	5	
5	NYELELE, KATLEHO, 229, 2000/11/05	AFS 2.05	950	4	
6	VAN DEVENTER, JOSHUA, 502, 2005/01/21	AVT 2.05	950	3	
7	NKOSI, MANQOBA, 433, 1999/01/02	AMPU 2.00	910	2	
8	ELLIS, GARTH, 666, 1992/02/17	EPA 2.00	910	1	
9	VENTER, NATHAN, 181, 2002/04/26	ACNW 2.00	910	0	
10	JAXA, MUSA, 312, 2003/07/26	AGN 2.00	910	0	
11	USAAMAH, VALLY, 715, 2001/01/11	KZNA 2.00	910	0	
12	MOLEYA, CHRIS, 322, 1997/01/22	AGN 2.00	910	0	
13	DE WET, DEVAN, 303, 2004/01/06	AGN 2.00	910	0	
14	MAHLANGU, SIHLE, 157, 2006/08/17	ACNW 1.95	870	0	
15	DU PLESSIS, SEEGER, 144, 2005/04/29	ACNW 1.95	870	0	
16	LOUWRENS, JUSTIN, 611, 2003/08/01	CGA 1.95	870	0	
17	STEYN, TIAAN, 714, 2005/01/13	KZNA 1.95	870	0	

Item 33 15:00 Final Men Senior HighJump Decathlon

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1	PEREZ, JESSE, 536, 1997/11/09	BOLA 1.98	785
2	PRETORIUS, FREDRIECH, 334, 1995/08/04	AGN 1.95	758
3	BRONKHORST, RUAN, 299, 2003/10/30	AGN 1.95	758
4	VAN AS, MORNE, 350, 1998/01/02	AGN 1.80	627
5	MATSEKANE, KATLEHO, 318, 1994/04/23	AGN 1.80	627
6	FIELD, JAMIE, 767, 2001/09/19	WPA 1.71	552

Item 66 11:30 Final Men U18 Polevault Decathlon

1	HORN, HENRO, 456, 2007/06/04	ASWD 2.90	333
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Item 67 11:30 Final Men U20 Polevault Decathlon

1	VAN COLLER, NICUS, 540, 2005/01/14	BOLA 4.20	673
2	VAN DER LINDE, DIMAR, 352, 2004/05/05	AGN 3.70	535
3	VAN STADEN, ZAIN, 782, 2005/08/15	WPA 3.30	431
4	ABRAHAMS, MO-EECK, 525, 2005/06/03	BOLA 2.40	220
5	ELS, JUANDRE, 437, 2005/02/11	CGA 2.30	199
6	MC INTYRE, JADEN, 703, 2005/03/08	KZNA 2.20	179
7	MAROTA, KATLEGO, 317, 2004/05/16	AGN 2.20	179

Item 6 10:00 Final Women Senior Polevault

1	ROTHMAN, SYDNEY, 516, 2007/02/14	BOLA 3.80	897	8	G
2	DE BEER, ANSUME, 509, 2007/08/07	BOLA 3.70	867	7	S
3	REINSTORF, MIRE, 515, 2002/06/05	BOLA 3.70	867	6	B
4	MEYER, SOANDRI, 263, 1988/07/28	AGN 3.40	777	5	
5	PURCHASE, SHANNON, 203, 2005/08/24	AFS 3.30	747	4	
6	LOUW, CHRISTI, 482, 2007/05/25	AVT 3.20	717	3	
7	STRYDOM, IDA-MARIE, 285, 1975/09/28	AGN 3.10	687	2	
8	JONKER, JUNE, 112, 2002/03/05	ACNW 2.90	627	1	
9	DE BEER, LENIEKE, 105, 2002/10/11	ACNW 2.80	597	0	

Item 26 14:00 Final Men Senior Polevault

1	VAN WYK, VALCO, 180, 2000/07/26	ACNW 5.20	1048	8	G
2	PUTZIER, BRYCE, 538, 2004/04/02	BOLA 4.70	912	7	S
3	PRETORIUS, AREND, 167, 2002/08/06	ACNW 4.60	885	6	B
4	NEL, HANDRE, 534, 2005/03/11	BOLA 4.40	832	5	
5	MIENIE, ERNST, 220, 2005/01/02	AFS 4.40	832	4	

Item 68 11:30 Final Men Senior Polevault Decathlon

1	PRETORIUS, FREDRIECH, 334, 1995/08/04	AGN 4.80	849
2	BRONKHORST, RUAN, 299, 2003/10/30	AGN 3.90	590
3	MATSEKANE, KATLEHO, 318, 1994/04/23	AGN 3.00	357

Item 34 15:00 Final Girls U16 LongJump Pentathlon

1	SMIT, ANJA, 520, 2008/06/07	BOLA 5.01	562	-3.4
2	MOGAJANE, CARMENITAH, 580, 2008/01/07	CGA 4.76	495	-2.8
3	HANS, JOY, 530, 2008/06/15	BOLA 4.66	469	-0.9
4	VENTER, MIJANKE, 719, 2008/07/09	LIMA 4.44	413	+2.0
5	DREYER, MARUNÉ, 190, 2009/01/19	AFS 4.37	396	-1.7
6	CLAASSENS, LINEL, 477, 2008/11/19	AVT 4.25	367	-2.2
7	MUDHAYIDAH, DARIES, 764, 2008/04/25	WPA 4.13	338	-1.8
8	KRIEK, MINE, 423, 2009/10/16	AGW 3.98	303	-1.6

Item 107 14:00 Final Boys U16 LongJump Pentathlon

1	ENGELBRECHT, CHARL, 766, 2008/03/07	WPA 5.79	542	+1.4
2	VAN DER BERG, JEAN, 351, 2008/11/24	AGN 5.59	500	+1.4
3	SAMUELS, MATHEW, 778, 2008/09/22	WPA 5.51	483	+0.7
4	BROOKS, LEAGON, 526, 2008/11/10	BOLA 5.37	455	+1.5
5	MC ASLIN, DEAN, 159, 2009/05/04	ACNW 4.98	378	+0.0

Item 100 10:00 Final Women U18 LongJump Heptathlon

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1	SMITH, CARA, 205, 2006/06/26	AFS 5.08	581		+1.1
2	HARVEY, ASHLEY, 251, 2006/04/07	AGN 4.94	543		+3.4
3	CALITZ, TAENOQUE, 241, 2006/01/23	AGN 4.65	466		+1.0
4	LEANI, SWANEPOEL, 575, 2007/04/14	CGA 4.60	454		+4.2
5	ZELNé, BOTHA, 592, 2007/01/24	CGA 4.60	454		+3.6

Item 12 11:00 Final Men U18 LongJump Decathlon

1	MARCUS, JAMIEL, 773, 2006/03/19	WPA 6.47	691		+1.4
2	HARTOGH, ADRIAANO, 531, 2006/05/23	BOLA 6.22	635		+1.9
3	HORN, HENRO, 456, 2007/06/04	ASWD 5.78	540		+4.6
4	VAN RHYN, LEONARD, 178, 2006/05/10	ACNW 4.36	266		+2.5

Item 101 10:00 Final Women U20 LongJump Heptathlon

1	LOUW, ROLINE, 198, 2005/04/14	AFS 5.39	668		+1.7
2	NAGEL, LIANCA, 483, 2005/02/13	AVT 5.25	628		+2.0
3	MARX, LEE-ANN, 120, 2005/03/01	ACNW 5.21	617		+3.7
4	ROODE, LENOR, 275, 2004/05/17	AGN 4.65	466		+1.3

Item 13 11:00 Final Men U20 LongJump Decathlon

1	VAN COLLER, NICUS, 540, 2005/01/14	BOLA 6.67	736		+2.5
2	VAN STADEN, ZAIN, 782, 2005/08/15	WPA 6.10	608		+2.9
3	VAN DER LINDE, DIMAR, 352, 2004/05/05	AGN 5.80	544		-1.8
4	ABRAHAMS, MO-EECK, 525, 2005/06/03	BOLA 5.75	533		+3.4
5	ELS, JUANDRE, 437, 2005/02/11	CGA 5.62	506		-3.1
6	MC INTYRE, JADEN, 703, 2005/03/08	KZNA 5.47	475		+4.8
7	STEWART, JACK, 346, 2005/05/05	AGN 5.07	396		-1.4
8	DONKIN, JOEL, 304, 2005/12/23	AGN 4.88	360		-3.3
9	MAROTA, KATLEGO, 317, 2004/05/16	AGN 4.48	287		-1.7

Item 37 16:00 Final Women Senior LongJump

1	NOLTE, DANIELLE, 270, 2002/01/11	AGN 6.31	1066	8	G	-1.0
2	FOUCHE, KARMEN, 108, 2003/01/02	ACNW 6.25	1052	7	S	-2.2
3	GERBER, JOANE, 193, 2003/06/10	AFS 6.08	1016	6	B	-2.3
4	PEENS, HELENE, 272, 1994/04/18	AGN 6.05	1010	5		-2.5
5	CORNELLISSEN, ANDREA, 508, 2002/03/18	BOLA 6.00	998	4		-2.2
6	GALLOP, ADRIENNE, 511, 2004/08/01	BOLA 5.91	978	3		-1.8
7	MASHABA, NOLWAZI, 578, 2002/01/10	CGA 5.89	974	2		-1.6
8	BASSON, MIEKE, 507, 2001/01/09	BOLA 5.86	968	1		-1.9
9	VAN WYK, DESIRé, 590, 1998/05/28	CGA 5.64	920	0		+1.2
10	ABRAHAMS, KIRA- LEE, 506, 2006/08/20	BOLA 5.63	918	0		-2.2
11	COETZEE, TIMEKE-JADE, 243, 2006/06/05	AGN 5.61	914	0		-1.1
12	VAN WYK, KARISSA, 135, 2001/04/08	ACNW 5.50	890	0		-3.6
13	MAKGATO, MATSIDISO, 429, 2007/01/03	AMPU 5.31	850	0		-2.6
14	PIENAAR, DIANA, 201, 2006/03/31	AFS 5.24	834	0		-2.6
15	MASHILO, PHELETSO, 101, / /	AGNI 5.14	812	0		-3.0
16	VISSER, ALETHEA, 489, 2007/07/05	AVT 5.12	808	0		+1.3
17	MERENSKY, ERIN, 430, 2005/03/24	AMPU 5.10	804	0		-1.5
18	DE BEER, MIGNONNE, 510, 2006/01/26	BOLA 5.09	802	0		-3.7
19	NEWTON, MEGAN, 123, 2004/03/10	ACNW 5.03	790	0		-1.2
20	RABE, MADRI, 204, 2001/01/13	AFS 4.96	774	0		+1.4
21	GREEFF, SUNÉ, 109, 2006/02/09	ACNW 4.93	768	0		-2.7

Item 102 10:00 Final Women Senior LongJump Heptathlon

1	SALMI, ANRI, 435, 1996/01/06	CGA 5.28	637		+1.2
2	VERSTER, SHANNON , 290, 1999/11/10	AGN 5.18	609		+2.4
3	DONOUGH, AMEERAH, 756, 2001/02/05	WPA 5.00	559		+2.1
4	RE, BIANCA, 379, 1987/03/13	AGNI 4.83	514		+1.1
5	BOTHA, MARIETTE, 434, 1984/01/12	CGA 4.53	436		+1.4
6	KITSHOFF, NADIA, 256, 1996/03/11	AGN 4.52	433		+3.3

Item 113 14:40 Final Men Senior LongJump

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1	JOHNSON, CHESWILL, 604, 1997/09/30	CGA 7.95	1126	8	G	-1.6
2	MASIKANE, TEMOSO, 444, 2006/04/26	ANWN 7.89	1112	7	S	+2.6
3	HANI, NIKITHEMBA, 668, 2000/10/12	EPA 7.88	1110	6	B	+0.8
4	SAMAAI, RUSWAHL, 539, 1991/09/25	BOLA 7.80	1094	5		-0.6
5	VISSER, ZARCK, 651, 1989/09/15	CGA 7.73	1078	4		+0.8
6	DHLAMINI, SABELO, 601, 1995/01/17	CGA 7.68	1068	3		+0.0
7	WYNGAARD, ABDUD DAIYAAN, 783, 2002/06/04	WPA 7.63	1058	2		+1.9
8	SATEKGA, KARABO, 452, 2000/10/07	CGA 7.50	1028	1		+1.3
9	DLAMINI, SAMKELO, 212, 2004/03/05	AFS 7.26	978	0		-1.3
10	MAKGATO, PETER, 218, 1996/05/05	AFS 7.25	975	0		-1.0
11	MTHEMBU, ASANDE, 324, 2004/06/04	AGN 7.07	936	0		+0.8

Item 14 11:00 Final Men Senior LongJump Decathlon

1	PEREZ, JESSE, 536, 1997/11/09	BOLA 7.65	972			+2.8
2	PRETORIUS, FREDRIECH, 334, 1995/08/04	AGN 7.16	852			+1.8
3	VAN AS, MORNE, 350, 1998/01/02	AGN 6.81	769			+3.5
4	BRONKHORST, RUAN, 299, 2003/10/30	AGN 6.77	760			-1.1
5	MATSEKANE, KATLEHO, 318, 1994/04/23	AGN 6.53	704			+1.9
6	FIELD, JAMIE, 767, 2001/09/19	WPA 6.05	597			-1.3

Item 82 14:30 Final Women Senior TripleJump

1	XULU, ZINZI, 295, 1998/09/28	AGN 13.21	1037	8	G	+3.4
2	NTSHINGILA, PATIENCE, 584, 1989/08/26	CGA 13.05	1020	7	S	+2.0
3	COETZEE, TIMEKE-JADE, 243, 2006/06/05	AGN 12.76	991	6	B	+0.0
4	MASHABA, NOLWAZI, 578, 2002/01/10	CGA 12.58	973	5		+0.0
5	HELBERG, LU-RIKA, 568, 2005/05/10	CGA 12.37	952	4		+1.9
6	VAN TONDER, JOHANI, 207, 2004/02/19	AFS 12.17	931	3		+1.5
7	DOMBENI, MAHLATSE, 562, 1999/01/21	CGA 12.02	916	2		+2.6
8	DIKIO, GRACE, 247, 2002/03/25	AGN 11.10	824	1		+1.4
9	LAUBSCHER, ANDREA, 571, 2005/10/10	CGA 11.08	822	0		+0.8

Item 70 13:00 Final Men Senior TripleJump

1	DAVID, LAYTON, 544, 2001/09/12	BOLA 16.92	1156	8	G	+4.2
2	OLIVIER, WELRE, 166, 2002/11/04	ACNW 16.91	1155	7	S	+3.0
3	OLIVIER, ETHAN, 499, 2005/08/07	AVT 16.85	1149	6	B	+3.0
4	FARO, TRISTON, 527, 2001/05/15	BOLA 15.35	990	5		+2.0
5	MPHEFU, JUNIOR, 627, 1998/07/18	CGA 15.32	987	4		+2.0
6	ADEDOKUN, PEACE, 296, 2003/11/18	AGN 15.28	982	3		+3.2
7	KGALA, THATO TERRANCE, 605, 2002/01/14	CGA 15.11	964	2		+2.7
8	JEKEM, SANDISO, 552, 2008/01/28	AGN 15.08	961	1		+2.6
9	OLIPHANT, OMALENN, 230, 2003/01/31	AFS 14.63	914	0		+3.9
10	NKUNA, THAPELO, 228, 2002/04/02	AFS 14.49	900	0		+3.0
11	SKOSANA, MICHAEL, 232, 2000/09/18	AFS 14.39	889	0		+3.8
12	MOYO, MACALA, 728, 2002/06/15	LIMA 14.29	879	0		+2.6

Item 23 13:30 Final Girls U16 Shotput Pentathlon

1	CLAASSENS, LINEL, 477, 2008/11/19	AVT 11.25	612			
2	SMIT, ANJA, 520, 2008/06/07	BOLA 09.88	522			
3	VENTER, MIJANKE, 719, 2008/07/09	LIMA 09.79	516			
4	DREYER, MARUNÉ, 190, 2009/01/19	AFS 08.98	463			
5	HANS, JOY, 530, 2008/06/15	BOLA 08.51	432			
6	MOGAJANE, CARMENITAH, 580, 2008/01/07	CGA 07.44	363			
7	KRIEK, MINE, 423, 2009/10/16	AGW 07.13	343			
8	MUDHAYIDAH, DARIES, 764, 2008/04/25	WPA 06.84	325			

Item 106 12:00 Final Boys U16 Shotput Pentathlon

1	VAN DER BERG, JEAN, 351, 2008/11/24	AGN 14.55	762			
2	BROOKS, LEAGON, 526, 2008/11/10	BOLA 13.70	710			

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3	SAMUELS, MATHEW, 778, 2008/09/22	WPA 11.56	580
4	ENGELBRECHT, CHARL, 766, 2008/03/07	WPA 09.70	468
5	MC ASLIN, DEAN, 159, 2009/05/04	ACNW 09.69	467

Item 71 13:00 Final Women U18 Shotput Heptathlon

1	SMITH, CARA, 205, 2006/06/26	AFS 11.36	619
2	HARVEY, ASHLEY, 251, 2006/04/07	AGN 09.36	488
3	ZELNé, BOTHA, 592, 2007/01/24	CGA 08.77	449
4	LEANI, SWANEPOEL, 575, 2007/04/14	CGA 08.70	445
5	CALITZ, TAENOQUE, 241, 2006/01/23	AGN 07.51	368

Item 20 13:00 Final Men U18 Shotput Decathlon

1	VAN RHYN, LEONARD, 178, 2006/05/10	ACNW 16.27	868
2	MARCUS, JAMIEL, 773, 2006/03/19	WPA 09.89	479
3	HORN, HENRO, 456, 2007/06/04	ASWD 09.27	442
4	HARTOGH, ADRIAANO, 531, 2006/05/23	BOLA 08.31	385

Item 72 13:00 Final Women U20 Shotput Heptathlon

1	ROODE, LENOR, 275, 2004/05/17	AGN 09.72	511
2	LOUW, ROLINE, 198, 2005/04/14	AFS 09.48	495
3	NAGEL, LIANCA, 483, 2005/02/13	AVT 09.13	473
4	MARX, LEE-ANN, 120, 2005/03/01	ACNW 08.25	416
5	OOSTHUIZEN, MARY AMY, 485, 2005/03/23	AVT 08.01	400

Item 21 13:00 Final Men U20 Shotput Decathlon

1	VAN DER LINDE, DIMAR, 352, 2004/05/05	AGN 12.70	649
2	VAN COLLER, NICUS, 540, 2005/01/14	BOLA 11.54	579
3	MC INTYRE, JADEN, 703, 2005/03/08	KZNA 11.00	546
4	VAN STADEN, ZAIN, 782, 2005/08/15	WPA 10.85	537
5	STEWART, JACK, 346, 2005/05/05	AGN 09.97	484
6	ELS, JUANDRE, 437, 2005/02/11	CGA 09.57	460
7	MAROTA, KATLEGO, 317, 2004/05/16	AGN 09.49	455
8	ABRAHAMS, MO-EECK, 525, 2005/06/03	BOLA 07.91	361
9	DONKIN, JOEL, 304, 2005/12/23	AGN 07.56	340

Item 38 16:00 Final Women Senior Shotput

1	ERASMUS, ASHLEY, 428, 2005/06/07	AMPU 16.85	1011	8	G
2	SENEKAL, ISCHKE, 518, 1993/01/08	BOLA 16.53	991	7	S
3	LINDEQUE, ZONICA, 576, 2004/02/23	CGA 15.94	954	6	B
4	ROETS, DANé, 587, 2002/01/16	CGA 15.30	914	5	
5	DE NECKER, JUANITA, 106, 2002/07/10	ACNW 14.08	839	4	
6	SMUTS, SONIA, 282, 1991/10/05	AGN 13.34	792	3	
7	VISSER, SAVANNAH, 389, 2006/01/03	AGNI 13.05	775	2	
8	GELDENHUYS, RUZEL, 250, 2003/11/24	AGN 12.17	720	1	
9	CALITZ, WILMARI, 461, 2004/01/21	AGN 12.07	714	0	

Item 73 13:00 Final Women Senior Shotput Heptathlon

1	SALMI, ANRI, 435, 1996/01/06	CGA 11.36	619	4.000kg	
2	VERSTER, SHANNON, 290, 1999/11/10	AGN 11.32	616		
3	RE, BIANCA, 379, 1987/03/13	AGNI 10.20	543		
4	KITSHOFF, NADIA, 256, 1996/03/11	AGN 08.94	460		
5	DONOUGH, AMEERAH, 756, 2001/02/05	WPA 08.60	438		
6	BOTHA, MARIETTE, 434, 1984/01/12	CGA 08.09	405		

Item 116 15:10 Final Men Senior Shotput

1	LAMBRECHTS, BURGER, 152, 1998/08/06	ACNW 20.30	1139	8	G
2	VAN NIEKERK, CHRIS, 503, 2000/08/30	AVT 18.15	1011	7	S
3	LIEBENBERG, DJ, 154, 2003/02/18	ACNW 17.46	970	6	B
4	CIAN, DE VILLIERS, 599, 2004/01/15	CGA 17.02	944	5	
5	JOUBERT, NANTUS, 102, 2004/02/06	AGN 15.14	832	4	

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6	LIRA, JUANDRE, 316, 2004/03/25	AGN 15.02	825	3
7	BOOYSEN, REUBEN, 595, 2003/12/01	CGA 14.45	791	2

Item 22 13:00 Final Men Senior Shotput Decathlon

7.260kg

1	PRETORIUS, FREDRIECH, 334, 1995/08/04	AGN 13.10	673
2	PEREZ, JESSE, 536, 1997/11/09	BOLA 11.69	588
3	MATSEKANE, KATLEHO, 318, 1994/04/23	AGN 11.23	560
4	VAN AS, MORNE, 350, 1998/01/02	AGN 10.46	513
5	BRONKHORST, RUAN, 299, 2003/10/30	AGN 09.43	451
6	FIELD, JAMIE, 767, 2001/09/19	WPA 08.19	378

Item 57 10:00 Final Men U18 Discus Decathlon

1	VAN RHYN, LEONARD, 178, 2006/05/10	ACNW 38.16	627
2	HORN, HENRO, 456, 2007/06/04	ASWD 25.83	383
3	HARTOGH, ADRIAANO, 531, 2006/05/23	BOLA 22.83	326

Item 58 10:00 Final Men U20 Discus Decathlon

1	VAN DER LINDE, DIMAR, 352, 2004/05/05	AGN 37.90	622
2	VAN STADEN, ZAIN, 782, 2005/08/15	WPA 36.02	584
3	MC INTYRE, JADEN, 703, 2005/03/08	KZNA 33.62	536
4	MAROTA, KATLEGO, 317, 2004/05/16	AGN 29.15	448
5	ELS, JUANDRE, 437, 2005/02/11	CGA 28.74	440
6	STEWART, JACK, 346, 2005/05/05	AGN 23.37	336
7	ABRAHAMS, MO-EECK, 525, 2005/06/03	BOLA 19.65	266
8	DONKIN, JOEL, 304, 2005/12/23	AGN 15.73	193

Item 120 16:00 Final Women Senior Discus

1.000kg

1	STANDER, YOLANDI, 206, 1998/11/27	AFS 57.48	1025	8	G
2	SENEKAL, ISCHKE, 518, 1993/01/08	BOLA 56.21	1002	7	S
3	HEYNS, RIETTE, 252, 1996/02/27	AGN 53.44	951	6	B
4	ERASMUS, ASHLEY, 428, 2005/06/07	AMPU 52.31	930	5	
5	KHUNOU, ALICA, 255, 2006/04/18	AGN 52.01	925	4	
6	VAN NIEKERK, AMARI, 589, 2005/05/25	CGA 50.29	893	3	
7	DE NECKER, JUANITA, 106, 2002/07/10	ACNW 48.24	856	2	
8	ROETS, DANé, 587, 2002/01/16	CGA 45.55	806	1	
9	NIENABER, LOGAN, 431, 2006/01/03	AMPU 44.84	793	0	
10	LINDEQUE, ZONICA, 576, 2004/02/23	CGA 43.51	769	0	
11	JORDAAN, CARMEN, 512, 2003/07/21	BOLA 42.77	756	0	
12	BOTHA, RIANDRE, 365, 2004/05/07	AGNI 38.47	677	0	
13	GELDENHUYS, RUZEL, 370, 2003/11/24	AGNI 38.44	676	0	
14	CALITZ, WILMARI, 461, 2004/01/21	AGN 31.71	554	0	

Item 39 16:00 Final Men Senior Discus

2.000kg

1	HOGAN, VICTOR, 533, 1989/07/25	BOLA 62.01	1098	8	G
2	VISSER, WERNER, 652, 1998/02/27	CGA 59.41	1050	7	S
3	VAN NIEKERK, CHRIS, 503, 2000/08/30	AVT 54.25	955	6	B
4	ALVARES ARANDA, ARON, 209, 2004/02/06	AFS 53.87	948	5	
5	STROOH, DANIE, 733, 2004/01/08	LIMA 53.80	947	4	
6	BOTHA, JEAN, 298, 2003/04/18	AGN 50.80	892	3	
7	DE VILLIERS, PIETER, 302, 1999/07/03	AGN 49.17	862	2	
8	LEKHULENI, XOLANI, 183, 2001/05/29	ACNW 48.77	855	1	
9	SWANEPOEL, WYNAND, 173, 2002/06/18	ACNW 48.58	851	0	
10	SCHOLTZ, JOHAN, 340, 1996/03/04	AGN 48.58	851	0	
11	STANDER, RIGHARDT, 172, 2004/05/21	ACNW 47.95	840	0	

Item 59 10:00 Final Men Senior Discus Decathlon

2.000kg

1	PRETORIUS, FREDRIECH, 334, 1995/08/04	AGN 43.05	727
2	MATSEKANE, KATLEHO, 318, 1994/04/23	AGN 30.91	482
3	BRONKHORST, RUAN, 299, 2003/10/30	AGN 29.20	449

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4	FIELD, JAMIE, 767, 2001/09/19	WPA 23.83	345		
Item 108 14:00 Final Women Senior Hammer					
				4.000kg	
1	GEEL, LEANDRI, 566, 1997/07/14	CGA 65.18	1016	8	G ASA
2	CUMMING, MARGA, 104, 1998/10/12	ACNW 60.60	942	7	S
3	LEONARD, TAMLYNN, 197, 1999/06/21	AFS 58.98	916	6	B
4	PRETORIUS, MARGO, 273, 1994/06/09	AGN 56.56	877	5	
5	COETZER, DANE, 244, 2002/08/08	AGN 55.27	856	4	
6	PRETORIUS, ELAINE, 202, 2003/11/26	AFS 54.90	850	3	
7	SMIT, KAYLA, 760, 2001/04/06	WPA 53.54	828	2	
8	GREYLING, MARINDA, 479, 1999/06/04	AVT 52.74	815	1	
9	BOTHA, ELMÉ, 659, 2001/01/07	EPA 48.69	750	0	
10	HOLTZAUSEN, ANJE, 480, 2006/04/26	AVT 48.25	743	0	

Item 87 16:00 Final Men Senior Hammer					
				7.260kg	
1	MAKHETHE, TSHEPANG, 219, 1996/02/19	AFS 69.42	1039	8	G
2	CUMMING, ALAN, 141, 1996/03/21	ACNW 68.03	1018	7	S
3	FRECHOU, RENALDO, 529, 1992/03/04	BOLA 59.79	890	6	B
4	HAVINGA, JAMES, 215, 2000/09/27	AFS 56.34	837	5	
5	PRETORIUS, TIAAN, 231, 2005/06/07	AFS 54.78	813	4	
6	ERSKINE, TIAAN, 667, 2002/01/31	EPA 49.85	737	3	
7	JACOBS, JOHAN, 311, 2002/07/13	AGN 45.46	670	2	

Item 103 12:00 Final Women U18 Javelin Heptathlon					
1	HARVEY, ASHLEY, 251, 2006/04/07	AGN 33.44	542		
2	SMITH, CARA, 205, 2006/06/26	AFS 31.67	508		
3	LEANI, SWANEPOEL, 575, 2007/04/14	CGA 31.04	496		
4	CALITZ, TAENOQUE, 241, 2006/01/23	AGN 25.14	385		

Item 76 13:30 Final Men U18 Javelin Decathlon					
1	VAN RHYN, LEONARD, 178, 2006/05/10	ACNW 42.90	484		
2	HARTOGH, ADRIAANO, 531, 2006/05/23	BOLA 33.41	347		
3	HORN, HENRO, 456, 2007/06/04	ASWD 23.02	202		

Item 104 12:00 Final Women U20 Javelin Heptathlon					
1	LOUW, ROLINE, 198, 2005/04/14	AFS 29.43	466		
2	MARX, LEE-ANN, 120, 2005/03/01	ACNW 28.36	446		
3	ROODE, LENOR, 275, 2004/05/17	AGN 27.89	437		
4	NAGEL, LIANCA, 483, 2005/02/13	AVT 22.49	335		

Item 77 13:30 Final Men U20 Javelin Decathlon					
1	VAN COLLER, NICUS, 540, 2005/01/14	BOLA 47.89	557		
2	VAN DER LINDE, DIMAR, 352, 2004/05/05	AGN 46.35	535		
3	ELS, JUANDRE, 437, 2005/02/11	CGA 40.57	450		
4	MAROTA, KATLEGO, 317, 2004/05/16	AGN 35.01	370		
5	MC INTYRE, JADEN, 703, 2005/03/08	KZNA 34.61	365		
6	STEWART, JACK, 346, 2005/05/05	AGN 30.65	308		
7	VAN STADEN, ZAIN, 782, 2005/08/15	WPA 28.91	284		
8	ABRAHAMS, MO-EECK, 525, 2005/06/03	BOLA 27.18	260		
9	DONKIN, JOEL, 304, 2005/12/23	AGN 26.97	257		

Item 19 13:00 Final Women Senior Javelin					
				600g	
1	VAN DYK, JO-ANE, 132, 1997/10/03	ACNW 60.97	1096	8	G
2	VAN SCHALKWYK, JANA, 522, 2001/03/07	BOLA 55.45	994	7	S
3	VAN ZYL, CHANE, 289, 2002/08/08	AGN 49.34	881	6	B
4	COMBRINCK, SAVANNAH, 103, 2001/04/17	ACNW 49.03	876	5	
5	WEYER, CLARISSA, 137, 2001/12/03	ACNW 48.42	864	4	
6	LE ROUX, MAGGIE, 118, 1999/06/11	ACNW 48.02	857	3	
7	LINDEQUE, NICOLE, 119, 2003/05/12	ACNW 44.50	792	2	
8	MULDER, CHANDI, 266, 2002/04/19	AGN 41.74	741	1	

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9	CRONJE, MERINDA, 189, 2005/01/03	AFS 41.52	737	0
10	VISSER, SAVANNAH, 389, 2006/01/03	AGNI 38.89	689	0

Item 105 12:00 Final Women Senior Javelin Heptathlon 600g

1	VERSTER, SHANNON , 290, 1999/11/10	AGN 31.48	505	
2	SALMI, ANRI, 435, 1996/01/06	CGA 28.91	456	
3	DONOUGH, AMEERAH, 756, 2001/02/05	WPA 26.44	409	
4	RE, BIANCA, 379, 1987/03/13	AGNI 26.38	408	
5	KITSHOFF, NADIA, 256, 1996/03/11	AGN 24.32	370	
6	BOTHA, MARIETTE, 434, 1984/01/12	CGA 16.38	222	

Item 8 10:30 Final Men Senior Javelin 800g

1	SMIT, WALDOUW, 171, 1999/05/12	ACNW 74.59	1025	8	G
2	GROBLER, JOHANN, 148, 1997/08/06	ACNW 73.52	1010	7	S
3	VAN VUUREN, HENRU, 356, 1998/04/15	AGN 72.13	990	6	B
4	DU TOIT, JAN, 213, 2003/12/04	AFS 67.84	929	5	
5	WILLEMSE, ARMAND, 182, 2004/03/18	ACNW 64.78	886	4	
6	PIETERSEN, CHRIS, 549, 1996/04/13	BOLAI 62.68	856	3	
7	ROBERTSON, DUNCAN, 339, 2003/06/06	AGN 62.44	853	2	
8	JORDAAN, JOHAN, 217, 2005/05/30	AFS 61.84	844	1	
9	BOOYSEN, REUBEN, 595, 2003/12/01	CGA 61.40	838	0	
10	STANDER, RIGHARDT, 172, 2004/05/21	ACNW 59.92	817	0	
11	VAN STADEN, HJ, 355, 2003/05/11	AGN 58.48	797	0	

Item 78 13:30 Final Men Senior Javelin Decathlon 800g

1	PRETORIUS, FREDRIECH, 334, 1995/08/04	AGN 53.78	645	
2	FIELD, JAMIE, 767, 2001/09/19	WPA 39.71	438	
3	BRONKHORST, RUAN, 299, 2003/10/30	AGN 36.59	393	
4	MATSEKANE, KATLEHO, 318, 1994/04/23	AGN 11.55	52	

Item 0 00:00 FinalResults Girls U16 Pentathlon Results

1	SMIT, ANJA, 520, 2008/06/07	BOLA 02973	0	8	G
2	CLAASSENS, LINEL, 477, 2008/11/19	AVT 02449	0	7	S
3	HANS, JOY, 530, 2008/06/15	BOLA 02374	0	6	B
4	VENTER, MIJANKE, 719, 2008/07/09	LIMA 02124	0	5	
5	MOGAJANE, CARMENITAH, 580, 2008/01/07	CGA 01897	0	4	
6	DREYER, MARUNÉ, 190, 2009/01/19	AFS 01782	0	3	
7	MUDHAYIDAH, DARIES, 764, 2008/04/25	WPA 01570	0	2	
8	KRIEK, MINE, 423, 2009/10/16	AGW 01426	0	1	

Item 0 00:00 FinalResults Boys U16 Pentathlon Results

1	BROOKS, LEAGON, 526, 2008/11/10	BOLA 03129	0	8	G
2	VAN DER BERG, JEAN, 351, 2008/11/24	AGN 02976	0	7	S
3	ENGELBRECHT, CHARL, 766, 2008/03/07	WPA 02757	0	6	B
4	SAMUELS, MATHEW, 778, 2008/09/22	WPA 02748	0	5	
5	MC ASLIN, DEAN, 159, 2009/05/04	ACNW 02606	0	4	

Item 0 00:00 FinalResults Women U18 Heptathlon Results

1	SMITH, CARA, 205, 2006/06/26	AFS 04656	0	8	G
2	HARVEY, ASHLEY, 251, 2006/04/07	AGN 04182	0	7	S
3	CALITZ, TAENOQUE, 241, 2006/01/23	AGN 03471	0	6	B
4	LEANI, SWANPOEL, 575, 2007/04/14	CGA 03277	0	5	
5	ZELNé, BOTHA, 592, 2007/01/24	CGA 02155	0	4	

Item 0 00:00 FinalResults Women U20 Heptathlon Results

1	LOUW, ROLINE, 198, 2005/04/14	AFS 04751	0	8	G
2	MARX, LEE-ANN, 120, 2005/03/01	ACNW 04683	0	7	S
3	NAGEL, LIANCA, 483, 2005/02/13	AVT 04381	0	6	B
4	ROODE, LENOR, 275, 2004/05/17	AGN 03553	0	5	
5	OOSTHUIZEN, MARY AMY, 485, 2005/03/23	AVT 01525	0	4	

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Item 0 00:00 FinalResults Women Senior Heptathlon Results

1	VERSTER, SHANNON , 290, 1999/11/10	AGN 04991	879	8	G
2	SALMI, ANRI, 435, 1996/01/06	CGA 04725	828	7	S
3	RE, BIANCA, 379, 1987/03/13	AGNI 03954	681	6	B
4	DONOUGH, AMEERAH, 756, 2001/02/05	WPA 03952	681	5	
5	KITSHOFF, NADIA, 256, 1996/03/11	AGN 03888	668	4	
6	BOTHA, MARIETTE, 434, 1984/01/12	CGA 03402	577	3	

Item 0 00:00 FinalResults Men U18 Decathlon Results

1	HARTOGH, ADRIAANO, 531, 2006/05/23	BOLA 04871	0	8	G
2	HORN, HENRO, 456, 2007/06/04	ASWD 04518	0	7	S
3	VAN RHYN, LEONARD, 178, 2006/05/10	ACNW 04277	0	6	B
4	MARCUS, JAMIEL, 773, 2006/03/19	WPA 03239	0	5	

Item 0 00:00 FinalResults Men U20 Decathlon Results

1	VAN DER LINDE, DIMAR, 352, 2004/05/05	AGN 05660	0	8	G
2	VAN COLLER, NICUS, 540, 2005/01/14	BOLA 05445	0	7	S
3	VAN STADEN, ZAIN, 782, 2005/08/15	WPA 05295	0	6	B
4	ELS, JUANDRE, 437, 2005/02/11	CGA 04962	0	5	
5	ABRAHAMS, MO-EECK, 525, 2005/06/03	BOLA 04260	0	4	
6	MC INTYRE, JADEN, 703, 2005/03/08	KZNA 04022	0	3	
7	STEWART, JACK, 346, 2005/05/05	AGN 04000	0	2	
8	MAROTA, KATLEGO, 317, 2004/05/16	AGN 03693	0	1	
9	DONKIN, JOEL, 304, 2005/12/23	AGN 03408	0	0	

Item 0 00:00 FinalResults Men Senior Decathlon Results

1	PRETORIUS, FREDRIECH, 334, 1995/08/04	AGN 07483	1047	8	G
2	BRONKHORST, RUAN, 299, 2003/10/30	AGN 06201	851	7	S
3	MATSEKANE, KATLEHO, 318, 1994/04/23	AGN 05712	778	6	B
4	PEREZ, JESSE, 536, 1997/11/09	BOLA 04813	643	5	
5	FIELD, JAMIE, 767, 2001/09/19	WPA 04510	598	4	
6	VAN AS, MORNE, 350, 1998/01/02	AGN 03515	452	3	

Item 125 17:00 Final Women Senior 4x100m Relay

1	RELAY TEAM, A, ,	ACNW 0:45.50	1073	8	G
	1= ROTHMAN, AMIEL / 2= KEYI, ROSE / 3= VAN ROOYEN, SANDRI / 4= THOMAS, TAMZIN				
2	RELAY TEAM, B, ,	AGN 0:45.90	1057	7	S
	1= BIELDT, TYLON / 2= EILERD, CHARLIZE / 3= FOURIE, MARIONE / 4= MURRAY, KAYLA				
3	RELAY TEAM, A, ,	AGN 0:46.02	1052	6	B
	1= MATSHITSE, REABAKA / 2= LEFIFI, WANITA / 3= SCHEEPERS, COLENE / 4= SHABANGU, BANELE				
4	RELAY TEAM, , ,	CGA 0:46.03	1052	5	
	1= MBISHA, JOVIALE / 2= LE ROUX, KAYLEE / 3= PADI, RORISANG / 4= LE GRANGE, KAYLA				
5	RELAY TEAM, B, ,	ACNW 0:47.68	986	4	
	1= VAN GREUNEN, MARNA / 2= THOMSEN, MICHAELA / 3= OOSTHUIZEN, SYDNEY / 4= HATTINGH, CARLA				
6	RELAY TEAM, , ,	AFS 0:47.77	982	3	
	1= VAN TONDER, JOHANI / 2= ACKERMAN, LIZE / 3= FOURIE, ANNAME / 4= GERTENBACH, NATACHA				
7	RELAY TEAM, C, ,	AGN 0:48.33	961	2	
	1= KOK, CHANE / 2= MURRAY, TOINETTE / 3= REITZ, MARIETJIE / 4= VAN SCHALKWYK, IZANEL				

Item 126 17:10 Final Men Senior 4x100m Relay

1	RELAY TEAM, A, ,	AGN 0:39.88	1084	8	G
	1= VAN DER WALT, ARMAND / 2= DAMBILE, SINESIPHO / 3= POTGIETER, ECKHART / 4= ADESOLA, JOHN				
2	RELAY TEAM, , ,	ACNW 0:40.79	1019	7	S
	1= VAN DER MERWE, STEFAN / 2= SWART, ADRIAN / 3= APRIL, REAGAN / 4= XOTYENI, MIHLALI				
3	RELAY TEAM, B, ,	AGN 0:40.88	1012	6	B
	1= MONARENG, THEMBO / 2= BEZUIDENHOUT, WERNER / 3= SAPALO, GINO / 4= MCOSANA, SIBUSISO				
4	RELAY TEAM, , ,	WPA 0:41.28	984	5	
	1= SAMUELS, UBAYD / 1= ALKANA, ANTONIO / 2= ISAACS, GARDEO / 2= JOSIAS, JESSE / 3= GABIER, LUQMAAN / 4= DAVIDS, LUKE				

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5	RELAY TEAM, C, ,	AGN 0:42.15	924	4	
1= STRAUSS, RYNARDT / 2= NEL, SW / 3= DU PREEZ, MARTINUS / 4= SITELELE, ROFHIWE					

Item 128 17:50 Final Women Senior 4x400m Relay

1	RELAY TEAM, A, ,	AGN 03:33.68	1108	8	G
1= VILJOEN, MARLIE / 2= BIELDT, TYLON / 3= SCHEEPERS, COLENE / 4= VAN DER WALT, ZENEY					
2	RELAY TEAM, , ,	KZNA 03:38.06	1072	7	S
1= BEIJA, SALMA / 1= AHRENS, KIRSTEN / 2= KOEKEMOER, DAYLE / 3= LOFSTRAND, GENA / 4= NAUDE, AMY					
3	RELAY TEAM, C, ,	AGN 03:38.38	1069	6	B
1= DE WET, SIMONE / 2= VAN NIEKERK, HANNAH / 3= REITZ, MARIETJIE / 4= VAN HEERDEN, LENE					
4	RELAY TEAM, B, ,	AGN 03:38.79	1066	5	
1= NEL, ANJE / 2= MAGERMAN, GEZELLE / 3= STRIJDOM, ANGELIQUE / 4= MOLEPO, PRECIOUS					

Item 129 18:00 Final Men Senior 4x400m Relay

1	RELAY TEAM, A, ,	AGN 03:06.90	1093	8	G
1= GELDENHUYS, IVAN DANNY / 2= SHEZI, TUMISANG / 3= GORA, LINDUKHULE / 4= ZAZINI, SOKHWAKHANA					
2	RELAY TEAM, , ,	AFS 03:09.75	1051	7	S
1= JANSE VAN RENSBURG, WERNICH / 1= MTHIMKULU, MTHI / 2= SNYDERS, JUAN-JACQUES / 3= MOHLOMI, MOLIFI / 4= VAN DER WATH, HEINRICH					
3	RELAY TEAM, , ,	LIMA 03:10.25	1043	6	B
1= MAVUNDLA, OSCAR / 2= RAMOTWALA, KGOHATSO / 3= MAGWAI, KATLEGO / 4= RAMMUPUDU, RORISANG					
4	RELAY TEAM, B, ,	AGN 03:10.30	1043	5	
1= KHUZWAYO, UKHONA / 1= NKOSI, BONGAMUSA / 2= DIKGALE, RANTI / 3= SEELIGER, JAMES / 4= SEMENYA, JOEL					
5	RELAY TEAM, C, ,	AGN 03:10.33	1042	4	
1= MNYAMANE, BULALI / 2= MASHIGO, KARABO / 3= DU PREEZ, MARTINUS / 4= NZWANZA, ANELE					
6	RELAY TEAM, , ,	CGA 03:17.16	946	3	
1= DHLAMINI, SABELO / 1= MOSS, MVUYO / 2= HLALUKANE, NEO / 3= SHALE, ORATILWE / 4= MOHOLOBELA, KABELO					
7	RELAY TEAM, , ,	ACNW 03:17.55	940	2	
1= BELL, JANSEN / 1= KRUGER, ABRIE / 2= SWART, CHRISTOPHER / 2= JOHNSON, KIAN / 3= VAN ROOYEN, DILLAN / 4= JONKER, MARNUS					

Item 48 18:00 Final TwoGdr Senior 4x400m Relay

1	RELAY TEAM, A, ,	AGN 03:28.32	0	8	G
2	RELAY TEAM, , ,	ACNW 03:28.73	0	7	S
3	RELAY TEAM, B, ,	AGN 03:30.51	0	6	B

Item 96 07:30 Final Women Senior 20km Walk

1	GROENEWALD, JESSICA, 110, 1992/04/22	ACNW 1:53:22.00	765	8	G
2	NELL, JANISE, 122, 2004/01/27	ACNW 1:57:32.00	707	7	S
3	KOEN, ANNETTE, 114, 1999/06/04	ACNW 1:59:58.00	674	6	B
4	MOKHELE, NTHATISI, 581, 1993/06/26	CGA 2:05:34.00	600	5	
5	CHILENGE, THUBELIHLE, 561, 1998/05/29	CGA 2:15:37.00	479	4	

Item 97 07:40 Final Men Senior 20km Walk

1	NDEBELE, SIZWE, 327, 1994/01/20	AGN 1:31:42.00	951	8	G
2	PULE, TUMISANG, 335, 1998/07/03	AGN 1:32:25.00	937	7	S
3	FARMER, ANTONIO, 146, 2000/12/21	ACNW 1:35:56.00	871	6	B
4	MAHLANGU, AARON, 701, 1991/08/22	KZNA 1:39:33.00	805	5	
5	MAVUNDLA, MZWAKHE, 615, 1994/05/05	CGA 1:40:19.00	792	4	
6	MOLOI, NEO, 621, 1999/04/03	CGA 1:45:36.00	701	3	
7	MNISI, MTHUNZI, 319,	AGN 1:48:35.00	652	2	
8	GCUZE, PERCY, 214, 1993/12/12	AFS 1:52:54.00	585	1	
9	MNYAMANA, BHEKI, 320, 2002/01/05	AGN 1:56:53.00	526	0	