

SA 5km Championships 2023 - Elite Men

Position	FirstName	Surname	Gender	Age	Category	Club/Province	Nation	DistanceTitle	Finish
1	Nicolas	Seaposengwe	Male	21	MO	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Men	00:14:18
2	Maxime	Chamuaton	Male	22	MO	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Men	00:14:23
3	Chris	Mhlanga	Male	21	MO	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Men	00:14:29
4	Niel	Van Der Merwe	Male	20	MO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:14:32
5	Anthony	Timoteus	Male	28	MO	WESTERN PROVINCE ATHLETICS	RSA	5km Elite Men	00:14:43
6	Modupi	Tladi	Male	23	MO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:14:48
7	Sipho	Mbanjwa	Male	28	MO	KWAZULU NATAL ATHLETICS	RSA	5km Elite Men	00:14:52
8	Deon Lee	Hendricks	Male	25	MO	BOLAND ATHLETICS	RSA	5km Elite Men	00:14:54
9	Ngconde	Matwebu	Male	23	MO	KWAZULU NATAL ATHLETICS	RSA	5km Elite Men	00:14:57
10	Pakiso	Mthembu	Male	24	MO	KWAZULU NATAL ATHLETICS	RSA	5km Elite Men	00:14:59
11	Nkosinathi	Sibiya	Male	29	MO	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Men	00:15:03
12	Divan	Du Plooy	Male	21	MO	KWAZULU NATAL ATHLETICS	RSA	5km Elite Men	00:15:06
13	Abednico	Choba	Male	20	MO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:15:12
14	Sbusiso	Kubheka	Male	25	MO	KWAZULU NATAL ATHLETICS	RSA	5km Elite Men	00:15:14
15	Nadeel	Wildschutt	Male	26	MO	BOLAND ATHLETICS	RSA	5km Elite Men	00:15:18
16	Serame	Gumede	Male	25	MO	ATHLETICS VAAL TRIANGLE	RSA	5km Elite Men	00:15:22
17	Folavio	Sehohle	Male	32	MO	ATHLETICS MPUMALANGA	RSA	5km Elite Men	00:15:26
18	Philani	Sengce	Male	30	MO	BOLAND ATHLETICS	RSA	5km Elite Men	00:15:32
19	Elliot	Kupha	Male	27	MO	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Men	00:15:35
20	Tshegofatso	Pilane	Male	24	MO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:15:39
21	Malesela Johannes	Kekana	Male	51	M50	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Men	00:15:39
22	Olebogile	Selokela	Male	23	MO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:15:48
23	Boikanyo	Mothlamme	Male	27	MO	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Men	00:15:50
24	Jaycobus	Farmer	Male	20	MO	ATHLETICS CENTRAL NORTH WEST	RSA	5km Elite Men	00:15:50
25	Jayde	De Waal	Male	20	MO	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Men	00:15:51
26	Sibonginkosi	Maseko	Male	24	MO	ATHLETICS MPUMALANGA	RSA	5km Elite Men	00:15:55
27	Samuel	Mathabatha	Male	29	MO	ATHLETICS MPUMALANGA	RSA	5km Elite Men	00:15:58
28	Prince	Ndlovu	Male	29	MO	ATHLETICS MPUMALANGA	RSA	5km Elite Men	00:16:00
29	Motsamai	Motone	Male	42	M40	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:16:01
30	Alexandro	Da Silva	Male	22	MO	BOLAND ATHLETICS	RSA	5km Elite Men	00:16:04
31	Tshidiso	Moloke	Male	20	MO	ATHLETICS FREE STATE	RSA	5km Elite Men	00:16:05
32	Abednico	Mashaba	Male	32	MO	ATHLETICS MPUMALANGA	RSA	5km Elite Men	00:16:10
33	Edger	Mogolane	Male	21	MO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:16:10
34	Derick	Hlako	Male	22	MO	ATHLETICS VAAL TRIANGLE	RSA	5km Elite Men	00:16:11
35	Sicelo	Ncobo	Male	30	MO	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Men	00:16:11
36	Mlondolozu	Njoko	Male	24	MO	ATHLETICS FREE STATE	RSA	5km Elite Men	00:16:13
37	Shadrack	Hoff	Male	50	M50	ATHLETICS CENTRAL NORTH WEST	RSA	5km Elite Men	00:16:13
38	Tsepo	Gavu	Male	21	MO	ATHLETICS VAAL TRIANGLE	RSA	5km Elite Men	00:16:14
39	Tshegofatso	Modiselle	Male	20	MO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:16:18
40	Thabang	Sebopa	Male	24	MO	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Men	00:16:21
41	Richard	Mokoaledi	Male	33	MO	ATHLETICS MPUMALANGA	RSA	5km Elite Men	00:16:23
42	Mandla	Nkabinde	Male	32	MO	ATHLETICS MPUMALANGA	RSA	5km Elite Men	00:16:25
43	Rowhaldo	Ratz	Male	25	MO	WESTERN PROVINCE ATHLETICS	RSA	5km Elite Men	00:16:27
44	Michael	Zuma	Male	41	M40	KWAZULU NATAL ATHLETICS	RSA	5km Elite Men	00:16:29
45	Molefe	Bennet	Male	22	MO	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Men	00:16:33
46	Angelo	Booyesen	Male	31	MO	BOLAND ATHLETICS	RSA	5km Elite Men	00:16:38
47	Felix	Nomzana	Male	26	MO	ATHLETICS FREE STATE	RSA	5km Elite Men	00:16:38
48	Bongani	Nkosi	Male	26	MO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:16:40
49	Nthuthuko	Maseko	Male	46	M45	ATHLETICS MPUMALANGA	RSA	5km Elite Men	00:16:42
50	Ricardo	Blauw	Male	41	M40	WESTERN PROVINCE ATHLETICS	RSA	5km Elite Men	00:16:45
51	Jabulani	Madibo	Male	22	MO	ATHLETICS FREE STATE	RSA	5km Elite Men	00:16:52
52	Siyabonga	Ndlovu	Male	41	M40	KWAZULU NATAL ATHLETICS	RSA	5km Elite Men	00:16:53
53	Neo	Segopolo	Male	26	MO	ATHLETICS FREE STATE	RSA	5km Elite Men	00:16:56
54	Kamogelo	Maela	Male	22	MO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:16:57
55	Teboho	Moloi	Male	20	MO	ATHLETICS VAAL TRIANGLE	RSA	5km Elite Men	00:17:02
56	Sello	Maleka	Male	45	M45	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:17:03
57	Jetro	Sithole	Male	38	M35	ATHLETICS MPUMALANGA	RSA	5km Elite Men	00:17:05
58	Sekailwe	Kgomotso	Male	19	MJ	ATHLETICS NORTH WEST NORTH	RSA	5km Elite Men	00:17:05
59	Madupe	Mathe	Male	23	MO	ATHLETICS FREE STATE	RSA	5km Elite Men	00:17:08
60	Thulani	Lukhuleni	Male	25	MO	ATHLETICS MPUMALANGA	RSA	5km Elite Men	00:17:09
61	Lorenzo	Pieters	Male	26	MO	BOLAND ATHLETICS	RSA	5km Elite Men	00:17:10
62	Danie	Cornelissen	Male	20	MO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:17:11
63	Koketso	Qina	Male	22	MO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:17:14
64	Vuyo	Mkumbeni	Male	20	MO	ATHLETICS FREE STATE	RSA	5km Elite Men	00:17:16
65	Sampie	Mokgatla	Male	44	M40	ATHLETICS VAAL TRIANGLE	RSA	5km Elite Men	00:17:17
66	Maduzi	Madona	Male	20	MO	ATHLETICS VAAL TRIANGLE	RSA	5km Elite Men	00:17:23
67	Paul	Ramokopo	Male	46	M45	ATHLETICS VAAL TRIANGLE	RSA	5km Elite Men	00:17:26

68	Thabo	Sebotsa	Male	25	MO	ATHLETICS FREE STATE	RSA	5km Elite Men	00:17:29
69	Siphelele	Zondi	Male	44	M40	KWAZULU NATAL ATHLETICS	RSA	5km Elite Men	00:17:40
70	Tsholofelo	Molefe	Male	20	MO	ATHLETICS NORTH WEST NORTH	RSA	5km Elite Men	00:17:54
71	Phillip	Bester	Male	53	M50	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:17:57
72	Spencer	Maraope	Male	50	M50	ATHLETICS NORTH WEST NORTH	RSA	5km Elite Men	00:18:09
73	Sanele	Zwane	Male	20	MO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:18:11
74	Phillimon	Manyaka	Male	50	M50	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:18:37
75	Thabiso	Moeketsi	Male	46	M45	ATHLETICS VAAL TRIANGLE	RSA	5km Elite Men	00:18:51
76	Graham	Katzen	Male	53	M50	WESTERN PROVINCE ATHLETICS	RSA	5km Elite Men	00:18:54
77	Sello	Ramaloka	Male	45	M45	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:19:22
78	Joe	Vijoen	Male	53	M50	ATHLETICS NORTH WEST NORTH	RSA	5km Elite Men	00:19:57
79	Tsietsi	Mokoena	Male	53	M50	ATHLETICS VAAL TRIANGLE	RSA	5km Elite Men	00:20:04
80	Sartiel	Pule	Male	42	M40	ATHLETICS NORTH WEST NORTH	RSA	5km Elite Men	00:20:20
81	Ryan	Mphahlele	Male	24	MO	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Men	00:20:23
82	Fanie	Beukes	Male	53	M50	ATHLETICS NORTH WEST NORTH	RSA	5km Elite Men	00:21:06
83	Japie	Badenhorst	Male	62	M60	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:21:20
84	Piet	Brits	Male	63	M60	KWAZULU NATAL ATHLETICS	RSA	5km Elite Men	00:21:26
85	David	Maphangulo	Male	69	M65	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:21:27
86	Jaco	Jonker	Male	50	M50	ATHLETICS NORTH WEST NORTH	RSA	5km Elite Men	00:21:30
87	Alfred	Reid	Male	63	M60	ATHLETICS VAAL TRIANGLE	RSA	5km Elite Men	00:21:52
88	Thabo	Tau	Male	60	M60	ATHLETICS NORTH WEST NORTH	RSA	5km Elite Men	00:21:55
89	Willie	Beneke	Male	60	M60	ATHLETICS GAUTENG NORTH	RSA	5km Elite Men	00:22:51