

SA 5km Championships 2023 - Elite Women

Position	FirstName	Surname	Gender	Age	Category	Club/Province	Nation	DistanceTitle	Finish
1	Tayla	Kavanagh	Women	22	WO	KWAZULU NATAL ATHLETICS	RSA	5km Elite Women	00:16:45
2	Kyla	Jacobs	Women	28	WO	WESTERN PROVINCE ATHLETICS	RSA	5km Elite Women	00:16:59
3	Nicola	Jansen	Women	23	WO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Women	00:17:24
4	Lebo	Phalula	Women	39	W35	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Women	00:17:35
5	Cacisile	Sosibo	Women	25	WO	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Women	00:17:45
6	Lisha	Van Olselen	Women	26	WO	BOLAND ATHLETICS	RSA	5km Elite Women	00:17:53
7	Lebohang	Phalula	Women	39	W35	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Women	00:18:09
8	Karabo	Mailula	Women	21	WO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Women	00:18:12
9	Janie	Janse Van Rensburg	Women	22	WO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Women	00:18:41
10	Cornelia	Joubert	Women	34	WO	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Women	00:18:42
11	Sisanda	Dumisa	Women	22	WO	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Women	00:18:43
12	Carina	Swiegers	Women	28	WO	ATHLETICS CENTRAL NORTH WEST	RSA	5km Elite Women	00:18:49
13	Farida	Zwane	Women	27	WO	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Women	00:18:53
14	Busisiwe	Chamane	Women	29	WO	KWAZULU NATAL ATHLETICS	RSA	5km Elite Women	00:18:59
15	Kataza	Shipalana	Women	37	W35	ATHLETICS GAUTENG NORTH	RSA	5km Elite Women	00:19:09
16	Christi	Bell	Women	21	WO	ATHLETICS FREE STATE	RSA	5km Elite Women	00:19:23
17	Simone	Botha	Women	41	W40	ATHLETICS GAUTENG NORTH	RSA	5km Elite Women	00:19:25
18	Kathryn	Van Meter	Women	35	W35	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Women	00:19:35
19	Slindile	Hlatshwayo	Women	29	WO	KWAZULU NATAL ATHLETICS	RSA	5km Elite Women	00:19:46
20	Ntsoaki	Molahloe	Women	23	WO	KWAZULU NATAL ATHLETICS	RSA	5km Elite Women	00:19:51
21	Obakeng	Lengweng	Women	25	WO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Women	00:19:58
22	Maria	Shai	Women	36	W35	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Women	00:20:02
23	Ronel	Thomas	Women	51	W50	ATHLETICS GAUTENG NORTH	RSA	5km Elite Women	00:20:03
24	Lisa	Maritz	Women	43	W40	BOLAND ATHLETICS	RSA	5km Elite Women	00:20:16
25	Fina	Dube	Women	22	WO	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Women	00:20:39
26	Cartherine	Skosana	Women	42	W40	ATHLETICS GAUTENG NORTH	RSA	5km Elite Women	00:20:48
27	Taryn	Snyman	Women	44	W40	ATHLETICS GAUTENG NORTH	RSA	5km Elite Women	00:20:55
28	Julie	Huckle	Women	55	W55	WESTERN PROVINCE ATHLETICS	RSA	5km Elite Women	00:20:58
29	Valentia	Modiba	Women	27	WO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Women	00:21:14
30	Michelle	Redelinghuys	Women	27	WO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Women	00:21:15
31	Nomvula	Sithole	Women	24	WO	ATHLETICS MPUMALANGA	RSA	5km Elite Women	00:21:17
32	Mirelle	Franck	Women	32	WO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Women	00:21:17
33	Nomcebo	Mthethwa	Women	41	W40	KWAZULU NATAL ATHLETICS	RSA	5km Elite Women	00:21:20
34	Elamarie	Pretorious	Women	57	W55	ATHLETICS NORTH WEST NORTH	RSA	5km Elite Women	00:21:39
35	Shaen	Macdevette	Women	21	WO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Women	00:21:55
36	Ingrid	Koster	Women	51	W50	ATHLETICS GAUTENG NORTH	RSA	5km Elite Women	00:21:58
37	Jeannette	Motsei	Women	25	WO	ATHLETICS FREE STATE	RSA	5km Elite Women	00:23:00
38	Maryna	Swanepoel	Women	36	W35	ATHLETICS FREE STATE	RSA	5km Elite Women	00:23:05
39	Marietjie	Ceronio	Women	66	W65	ATHLETICS VAAL TRIANGLE	RSA	5km Elite Women	00:23:38
40	Natasha	Sikisi	Women	20	WO	ATHLETICS GAUTENG NORTH	RSA	5km Elite Women	00:24:54
41	Irene	Scheffer	Women	67	W65	ATHLETICS NORTH WEST NORTH	RSA	5km Elite Women	00:25:09
42	Mianda	Nel	Women	20	WO	ATHLETICS FREE STATE	RSA	5km Elite Women	00:25:28
43	Mariet	Geyer	Women	63	W60	ATHLETICS GAUTENG NORTH	RSA	5km Elite Women	00:26:35
44	Clare	Mangan	Women	64	W60	KWAZULU NATAL ATHLETICS	RSA	5km Elite Women	00:27:27
45	Martie	Boesenberg	Women	66	W65	ATHLETICS GAUTENG NORTH	RSA	5km Elite Women	00:27:59
46	Mzwakhe	Mashaba	Women	20	WO	CENTRAL GAUTENG ATHLETICS	RSA	5km Elite Women	00:28:42
47	Aubrey	Kotze	Women	25	WO	WESTERN PROVINCE ATHLETICS	RSA	5km Elite Women	00:28:42
48	Pat	Fisher	Women	71	W70	KWAZULU NATAL ATHLETICS	RSA	5km Elite Women	00:28:46