



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #1

BOYS UNDER 8 - 1KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	1	Junior Mwa	53033	Male	Tembisa	05:06	Y	5
2	2	Owethu Rhini	T-567	Male	United stars	05:16	Y	4
3	5	Lebone Masuku	52322	Male	Origins RC	05:44	Y	5
4	7	Oratile Sebolao	52321	Male	Origins RC	05:57	Y	5
5	9	Aj Myburgh	52418	Male	Benoni Northerns	06:06	N	3
6	10	Bandile Mogami	51399	Male	Mohlakeng AC	06:07	Y	4
7	11	David Buckle	51340	Male	Striders	06:08	Y	3
8	15	Siyabonga Madisha	51555	Male	Blue Sky	06:11	N	2
9	17	Likamva Mpongoma	50547	Male	RunAlex	06:23	N	5
10	18	Nhlamulo Mahode	1998	Male	Peace winning	06:26	N	1
11	19	Tumelo Boshigo	50893	Male	Waterfall City	06:30	Y	4
12	20	Oratiwe Mphuthi	T-617	Male	Top runners	06:33	N	1
13	24	Enrique Duvenage	50067	Male	Springs Striders	06:51	N	4
14	27	Declan Coetzee	51817	Male	Upcoming Track Stars	07:00	N	3
15	28	Austin Fuchs	T-361	Male	Randburg Harriers	07:10	N	3
16	30	Ofentse Dikgale	50544	Male	RunAlex	07:22	N	5
17	31	Kian Lessmann	52891	Male	Inspire	07:39	Y	3
18	32	Lindoluhle Buthelezi	T-403	Male	Pacers	07:45	N	1
19	33	Aiden Wagener	T-589	Male	UJ	07:51	N	1



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #1

GIRLS UNDER 8 - 1KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	3	Alexia Chantelle Visser	50865	Female	Benoni Northerns	05:27	Y	3
2	4	Milané Gouws	51423	Female	Hoerskool Randburg	05:29	Y	5
3	6	Esme' Maree	51812	Female	Upcoming Track Stars	05:52	N	4
4	8	Reitumetse Lekena	52745	Female	Gauteng Striders	06:02	N	4
5	12	Blessing Mabanda	50581	Female	RunAlex	06:09	N	5
6	13	Marli Reynolds	50601	Female	Riebies	06:10	Y	4
7	14	Anje Potgieter	50869	Female	Benoni Northerns	06:11	Y	3
8	16	Ntokozo Nzima	50533	Female	RunAlex	06:12	N	5
9	21	Unathi Nia Mthsali	51373	Female	Khuphukani	06:39	Y	3
10	22	Ithalanda Majali	51632	Female	United Stars	06:40	N	2
11	23	Risuna Mabunda	50506	Female	RunAlex	06:45	N	3
12	25	Denzhe Maluga	T-207	Female	Tembisa	06:56	N	4
13	26	Olwethu Mzazi	52845	Female	Boxer	06:59	N	3
14	29	Grethe Oberholzer	T-551	Female	Pirates	07:13	N	1
15	34	Bohlale Maja	52770	Female	Gauteng Striders	08:08	N	3
16	35	Laveka Ndondo Maluleke	51039	Female	Boxer	08:40	Y	4
17	36	Thapelo Lekena	52751	Female	Gauteng Striders	09:03	N	3
18	37	Ditshwanelo Sekonyela	52769	Female	Gauteng Striders	09:39	N	3



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #2

BOYS UNDER 10 - 2KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	1	Philani Luthuli	51000	Male	Boxer	07:45	Y	5
2	2	Khaya Madonsela	52647	Male	Benoni Northerns	08:10	Y	4
3	4	Murendeni Phahlahla	53036	Male	Masai	08:20	Y	4
4	6	Koketso Steven Nkosi	51621	Male	United Stars AC	08:25	Y	2
5	8	Donell Deandre Johnson	53005	Male	Brotherhood	08:30	Y	4
6	9	Benjamin Schwulst	52988	Male	Inspire	08:33	Y	3
7	15	Jesse Mcgalpine	50872	Male	Benoni Northerns	08:52	N	3
8	19	Julian Gouws	50856	Male	Benoni Northerns	09:01	N	3
9	21	Isaac Mhazule	50261	Male	Nedbank	09:13	N	3
10	22	Lesedi Hosha	52527	Male	Lodirile AC	09:17	Y	3
11	25	Robert Louw	52031	Male	Hoerskool Noordheuwel	09:23	Y	4
12	27	Musa Ngwenya	51357	Male	Orange Farm	09:27	N	4
13	28	Blessed Sithole	50920	Male	Alberton	09:28	N	2
14	30	Letlhogonolo Mmutle	51370	Male	Kagiso Striders	09:40	N	3
15	33	Bongani Ndlovu	50513	Male	RunAlex	09:42	N	5
16	35	Kian Smith	51338	Male	Striders	09:51	N	2
17	38	Ofentse Mokoka	52083	Male	Blue Sky	09:53	N	2
18	46	Lonwabo Nazo	T-404	Male	Pacers	10:10	N	1
19	47	Ziehan De Wet	50159	Male	Springs Striders	10:12	N	2
20	50	Lwandle Shabalala	53021	Male	Lesedi AC	10:22	Y	4
21	51	Gontse Mahode	52092	Male	Peace winning	10:23	N	1
22	52	Nkateko Sithole	50582	Male	RunAlex	10:24	N	5
23	58	Nkosinathi Majetja	53055	Male	Pacers	10:41	N	3
24	59	Sbonelo Mveli	50514	Male	RunAlex	10:47	N	5
25	69	James Hooper	50148	Male	Randburg Harriers	11:47	Y	1



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #2

BOYS UNDER 9 - 2KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	10	Bonkang Maboya	52658	Male	Ubhle	08:35	Y	4
2	13	Mooketsi Matome Ramannya	52918	Male	Tembisa	08:50	Y	5
3	14	Khanyisani Khumalo	50258	Male	Nedbank	08:52	N	4
4	17	Oratile Mokgehle	52523	Male	Trinity AC	08:57	N	3
5	29	Buhlebuyeza Ramalebana	50671	Male	Tembisa	09:33	Y	5
6	31	Bandile Lekena	52750	Male	Gauteng Striders	09:41	N	2
7	34	Baxolele Ncwane	50259	Male	Nedbank	09:43	Y	4
8	36	Kgaugelo Lethole	T-553	Male	Diepsloot AC	09:52	N	1
9	39	Alejandro Duvenage	51322	Male	Springs Striders	09:53	N	4
10	45	Lisakhanya Majodina	50981	Male	Ekhaya	10:09	Y	5
11	48	Olerato Thabang Machaba	52515	Male	Harambe	10:18	N	1
12	60	Luhlelo Lucky Mahungela	T-608	Male	Tembisa	10:50	N	1
13	66	Tshegofatso Matsitela	50515	Male	RunAlex	11:23	N	4



LEAGUE 6 - 22 JULY 2023 - DELTA PARK

EVENT #2

GIRLS UNDER 9 - 2KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	5	Mahlatse Maroga	51503	Female	Masai	08:25	Y	4
2	12	Ayethaba Ayakha Majali	51627	Female	United stars	08:36	Y	4
3	16	Joanne Khama	51614	Female	United stars	08:52	Y	4
4	26	Lea Klingenberg	50857	Female	Benoni Northerns	09:24	Y	4
5	37	Mokgaetji Karabo Mokonyama	51613	Female	United stars	09:52	Y	4
6	42	Lesedi Kopano Molantoa	52902	Female	East AC	10:03	Y	5
7	44	Karlien Botha	50038-B	Female	Upcoming Track Stars	10:07	Y	4
8	54	Miah Van Nieuwenhuizen	50068	Female	Springs Striders	10:37	N	2
9	56	Timicke Moodie	50070	Female	Springs Striders	10:38	N	2
10	61	Zenieka Gissing	50873	Female	Benoni Northerns	10:54	Y	4
11	62	Ofentse Ramoshaba	53025	Female	Tembisa	10:55	Y	3
12	64	Kelsey Tyla Lehmann	T-602	Female	Curro Aurora	11:04	N	1
13	65	Takalani Msibi	50508	Female	RunAlex	11:19	N	5
14	70	Leighton Labuschagne	T-605	Female	Curro Aurora	11:48	N	1

GIRLS UNDER 10 - 2KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	3	Mahlatse Mamonyane	51086	Female	East AC	08:11	Y	6
2	7	Karabo Sobuza	51877	Female	Trinity AC	08:26	Y	5
3	11	Elihle Nyezi	51615	Female	United stars	08:36	Y	4
4	18	Thandolwenkosi Ndlovu	50524	Female	RunAlex	08:59	N	5
5	20	Mila Rossouw	50880	Female	Benoni Northerns	09:04	Y	5
6	23	Ashley Matheson	50590	Female	Fourways Road Runners	09:17	Y	3
7	24	Basetsana More	50988	Female	Boxer	09:22	Y	4
8	32	Sibahle Tivane	50260	Female	Nedbank	09:42	Y	4
9	40	Janika Maree	51811	Female	Upcoming Track Stars	09:56	N	3
10	41	Chioma Akinokun	50675	Female	Tembisa	09:58	Y	3
11	43	Annabel Greeff	51424	Female	Hoerskool Randburg	10:05	N	1
12	49	Mpilenhle Zwane	53019	Female	Lesedi AC	10:21	N	4
13	53	Liamé Oosthuizen	52033	Female	Hoerskool Noordheuwel	10:30	Y	2
14	55	Danica Norval	51041	Female	Krugersdorp Road Runners	10:37	N	2
15	63	Gianna Zuppa	50868	Female	Benoni Northerns	10:59	N	3
16	67	Mikateko Chauque	53010	Female	Brotherhood	11:25	N	2
17	68	Mokgadi Monyela	50576	Female	Runalex	11:38	N	2
18	71	Thandolwethu Mbatha	50890	Female	Waterfall City	13:25	Y	4
19	72	Rixile Mabunda	50532	Female	RunAlex	14:02	N	3
20	73	Ngobile Setlhogomi	T-614	Female	Top runners		N	1

OTHER

Category	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
Under 8	57	Dineo Nzuzo	51078	Female	East AC	10:39	Y	6



LEAGUE 6 - 22 JULY 2023 - DELTA PARK

EVENT #3

SENIOR WOMEN - 2KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	1	Farida Zwane	3418	Female	Rockies	07:47	Y	3
2	4	Makoma Batji	6490	Female	Maxed Elite	08:29	Y	4
3	5	Ashley Shawe	5247	Female	Nedbank	08:31	N	5
4	9	Precious Hlaka	5072	Female	FFA	08:55	Y	3
5	14	Palesa Ramatladi	4210	Female	Waterfall City	09:07	Y	4
6	21	Nadine Van Der Haar	9833	Female	Run Zone	09:25	Y	4
7	23	Kutlwano Mphanya	10738	Female	Urithi AC	09:40	Y	5
8	32	Simphiwe Mabuza	T-421	Female	UJ	10:36	Y	2
9	35	Phumzile Mthethwa	2413	Female	Khuphukani	11:06	Y	5

YOUTH WOMEN - 2KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	3	Lucie Ilanga	50653	Female	Tembisa	08:27	NA	5
2	6	Chanté Viljoen	51258	Female	UJ	08:39	Y	3
3	7	Lihle Nkabini	T-138	Female	Tembisa	08:47	Y	4
4	11	Kamogelo Leona Mnisi	51080	Female	East AC	08:59	Y	4
5	12	Tshepiso Kgalema	50345	Female	Murray & Roberts	09:03	Y	5
6	13	Katlego Selemela	52917	Female	Tembisa	09:07	Y	4
7	15	Sheena Kunene-Ferri	51317	Female	UJ	09:10	Y	5
8	17	Natasha Botes	50022	Female	FFA	09:22	Y	3
9	28	Khensani Mthombo	52545	Female	Lodirile	09:51	Y	6
10	29	Thembehle Makhoba	T-580	Female	Luyolo AC	09:58	N	2
11	30	Ntombizodwa Dlamini	52910	Female	East AC	10:16	N	3
12	31	Nokuthula Thobani	53290	Female	East AC	10:27	N	4
13	39	Chané Strydom	51023	Female	32Gi	12:39	N	3
14	40	Chantel Mabunda	T-301	Female	Tembisa	12:47	N	3
15	43	Thembehle Banda	T-624	Female	East AC	13:29	N	1
16	45	Keletso Tsotetsi	51495	Female	Masai	14:27	Y	4

JUNIOR WOMEN - 2KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	2	Mahlatsi Ngwenya	52677	Female	Ubuhle	08:19	Y	3
2	8	Bonolo Mashadi Mokabane	51085	Female	East AC	08:48	Y	5
3	10	Andiswa Nkomo	52312	Female	Origins RC	08:59	N	4
4	16	Portia Mosima Ramaoka	52839	Female	PalmRidge	09:16	Y	3
5	18	Mosale Thobejane	51900	Female	Gallopers	09:23	Y	3
6	19	Rethabile Tjale	52546	Female	Lodirile	09:24	Y	3
7	20	Janelle Strydom	51028	Female	32Gi	09:24	N	3
8	24	Kedi Mohwang	53296	Female	Mamepe	09:44	Y	5
9	26	Khentsani Cele	52310	Female	Origins RC	09:46	Y	3
10	27	Ntando Tshefu	T-419	Female	Tsakane	09:49	N	2
11	41	Cleo Ofentse Mashego	53035	Female	Masai	12:59	Y	4
12	44	Reatlegile Tumane	51362	Female	Kagiso Striders AC	14:10	N	3



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #3

OTHER

Category	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
Under 15	22	Carmenittah Mogajane	50352	Female	Murray & Roberts	09:30	N	1
Under 14	25	Teresa Langa	523209	Female	Origins RC	09:45	Y	3
Under 15	33	Erin-Leigh Fuchs	50142	Female	Randburg Harriers	10:41	Y	3
Under 15	34	Velemina Selota	50346	Female	Murray & Roberts	10:54	N	1
Under 14	36	Reabetswe Mohlabeng	50348	Female	Murray & Roberts	11:12	N	1
Under 15	37	Hope Dladla	T-365	Female	Tembisa	11:56	N	3
Under 9	38	Siphesihle Patience Seabi	50910	Female	Waterfall City	12:16	Y	3
50-54	42	Maike Hunter	5272	Female	Randburg Harriers	13:25	Y	4



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #4

SENIOR MEN - 2KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	1	Enoch Bokaba	16178	Male	Murray & Roberts	06:28	Y	3
2	2	Tinashe Bure	1186	Male	Waterfall City	06:32	NA	5
3	3	Sicelo Ngcobo	25690	Male	Kagiso Striders	06:35	Y	3
4	6	Albert Makhubele	8175	Male	UJ	06:47	Y	4
5	17	Gcina Mazibuko	1371	Male	Boxer	07:08	Y	5
6	19	Otlotleng Motseko	3369	Male	UJ	07:14	N	4
7	23	Charles Reynolds	T-559	Male	No Club	07:21	N	3
8	28	Andile Dhludhlu	17969	Male	Waterfall	07:24	Y	2
9	34	Khutso Makofane	8632	Male	Scaw	07:29	NA	3
10	39	Lucky Luthwisha	4633	Male	FFA	07:37	Y	5
11	44	Khulekani Mtshali	80051	Male	Lesedi AC	07:43	N	4
12	62	Nkosinathi Siteo	6367	Male	Kagiso Striders	08:33	NA	3
13	70	Rikus Lotriet	18843	Male	Team Vitality	08:55	Y	5

JUNIOR MEN - 2KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	4	Jaden De Wet	51133	Male	Hoerskool Helpmekaar	06:43	Y	4
2	7	Katlego Khelemethi	50039	Male	FFA	06:53	Y	4
3	8	Ndumiso Ntombela	51095	Male	East AC	06:54	Y	5
4	10	Malesela Tuuba	50328	Male	Murray & Roberts	06:58	N	4
5	11	Mihlali Thomson	53044	Male	Masai	06:58	Y	3
6	12	Fernando Macavele	51498	Male	Masai	07:02	Y	3
7	13	Mlindeli Nyikima	50018	Male	FFA	07:03	Y	3
8	14	Marco Prins	51440	Male	Hoerskool Randburg	07:04	Y	4
9	18	Siboniseni Khanyo	51756	Male	Mohlakeng AC	07:13	N	3
10	20	Griffiths Manyedi	51195	Male	Colossus	07:17	Y	3
11	24	Mpho Mthethwa	51505	Male	Masai	07:22	N	2
12	35	Divan De Jager	50257	Male	Nedbank	07:31	Y	3
13	43	Ntokozo Maduna	T-121	Male	Tembisa	07:41	N	4
14	47	Neo Ramaila	T-292	Male	East AC	07:53	Y	2
15	50	Regoditswe Dipudi	50081	Male	Brakpan AC	07:58	Y	3
16	55	Thabiso Mashigo	51496	Male	Masai	08:10	Y	4
17	56	Linda Prince Mbonani	50886	Male	Waterfall City	08:12	Y	5
18	57	Wanda Thato Kekana	51897	Male	Gallopers	08:21	N	5
19	61	Oratilwe Shale	T-616	Male	Murray & Roberts	08:29	N	1
20	72	Charlie Ngobeni	51492	Male	Masai	09:19	N	4
21	75	Tsenolo Ramosena	50895	Male	Waterfall City	09:30	N	3



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #4

YOUTH MEN - 2KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	5	Esak Ngubane	52739	Male	Lesedi AC	06:46	Y	5
2	9	Avuma Pheza	51087	Male	East AC	06:57	Y	4
3	15	Kevin Marais	51436	Male	Hoerskool Randburg	07:06	Y	4
4	16	Moselane Tabudi	52678	Male	Ubuhle	07:08	Y	5
5	21	Mokgethi Nhlapo	51504	Male	Masai	07:19	Y	4
6	22	Nankana Chego	50673	Male	Tembisa	07:19	Y	5
7	25	Mpumelelo Kozana	52279	Male	Brakpan AC	07:22	Y	4
8	26	Tyler Nelson	51876	Male	Trinity AC	07:23	Y	6
9	27	Joseph Ntwagae	52920-A	Male	Tembisa	07:23	Y	3
10	30	Siyamthanda Tunzi	51898	Male	Gallopers	07:26	Y	4
11	31	Ruan Harmse	52051	Male	Hoerskool Noordheuwel	07:27	Y	1
12	32	Boitumelo Motlhamme	50964	Male	Colossus	07:28	Y	3
13	33	Albert Jack	52320	Male	Origins RC	07:28	Y	5
14	36	Vusimuzi Mthembu	52766	Male	Gauteng Striders	07:31	Y	3
15	37	Thabang Skeyi	T-155	Male	Tembisa	07:32	N	3
16	40	Frans Mabotja	53020	Male	Lesedi AC	07:37	Y	3
17	41	Moleko Molato	50168	Male	Top Runners AC	07:38	N	1
18	42	Lizalise Nake	52738	Male	Lesedi AC	07:38	Y	4
19	45	Sibongakonke Mabaso	52976	Male	Luyolo AC	07:46	N	1
20	46	Buchule Delihlazo	52740	Male	Lesedi AC	07:53	Y	4
21	48	Daniël Jacobs	50375	Male	Kempies Club	07:54	Y	3
22	49	Yonga Xametshata	52736	Male	Lesedi AC	07:55	Y	4
23	51	Thato Madikana	52330	Male	Origins RC	08:01	N	3
24	53	Sakhile Shongwe	52737	Male	Lesedi AC	08:06	Y	4
25	58	Yonda Xametshata	52735	Male	Lesedi AC	08:22	Y	4
26	60	Lethogonolo Mokotsi	51197	Male	Colossus	08:23	Y	3
27	66	Lucky Nompokwe	50340	Male	Murray & Roberts	08:40	N	1
28	67	Tshepang Thekiso	50337	Male	Murray & Roberts	08:42	N	1
29	68	Thandolwethu Mtini	50888	Male	Waterfall City	08:44	N	3
30	71	Nhlakanipho Maseko	50333	Male	Murray & Roberts	09:10	N	1
31	73	Oratile Molaiwa Machaba	52503	Male	Harambe	09:19	N	1
32	74	Siphiwe Mthethwa	52493	Male	Distance Run Club	09:28	N	3

OTHER

Category	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
Senior	59	Unathi Ndlovu	11222	Female	UJ	08:22	Y	3
Senior	63	Welma Nkuna	11073	Female	UJ	08:37	Y	3
Junior	69	Khunedi Mashishi	51321	Female	UJ	08:44	Y	3
Under 15	29	Mpangazitha Mkhwanazi	51254	Male	UJ	07:25	N	4
Under 15	38	Kamogelo Masango	50907	Male	Waterfall City	07:33	N	2
40-44	52	David Seabi	4721	Male	Boxer	08:05	Y	4
45-49	54	Clinton Hunter	5273	Male	Randburg Harriers	08:07	Y	3
Under 13	64	Kelebogile Mthombeni	52334	Male	FFA	08:38	Y	3
35-39	65	Michael Mnguni	16642	Male	Origins RC	08:39	N	4



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #5

GIRLS UNDER 13 - 3KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	1	Lebohang Madikane	50116	Female	Rockies	12:41	Y	3
2	2	Heylenn Nelson	51875	Female	Trinity AC	12:47	Y	6
3	3	Taya Pelsler	52844	Female	Boxer	12:52	Y	4
4	4	Tshoganyetso More	50989	Female	Boxer	13:10	Y	4
5	5	Megan Kleynhans	51428	Female	Hoërskool Randburg	13:17	Y	4
6	6	Caitlin Rowan	51441	Female	Hoërskool Randburg	13:32	Y	3
7	7	Molebogeng Ngale	50271	Female	Nedbank	13:43	Y	4
8	8	Micaela Roome	T-195	Female	Hoerskool Helpmekaar	13:54	Y	5
9	9	Zanta Lourens	51038	Female	32Gi	14:00	Y	4
10	10	Nomshando Ndaba	51631	Female	United stars	14:03	Y	3
11	11	Ntombi Majetja	52621	Female	Pacers	14:15	N	3
12	12	Kayla Froneman	50855	Female	Benoni Northerns	14:20	Y	4
13	13	Thandeka Sibanda	50501	Female	RunAlex	14:39	N	5
14	14	Kamohelo Madlabane	50072	Female	Scaw	14:47	N	3
15	15	Tatum Froneman	50854	Female	Benoni Northerns	15:31	Y	3
16	16	Nomfundo Shelembe	51004	Female	RunAlex	15:45	N	4
17	17	Chanél Le Roux	51433	Female	Hoërskool Randburg	15:50	Y	3
18	18	Lalya Mury	53070	Female	FFA	15:56	N	1
19	19	Mia Van der Poel	T-609	Female	No Club	16:15	N	1
20	20	Polinah Ngadimeng	50909	Female	Waterfall City	16:19	N	3
21	21	Kopano Mokonyama	51620	Female	United Stars	16:21	N	4
22	22	Masindi Msibi	50540	Female	RunAlex	16:34	N	5
23	23	Lesedi Phomodi	50363	Female	Murray & Roberts	16:36	N	5
24	24	Relebohile Fusi	52292	Female	Ismo	17:09	N	2
25	25	Misoyethu Ndamase	51886	Female	Trinity AC	17:40	N	3
26	26	Sarah Du Plessis	52156	Female	Monnas	17:41	Y	1
27	27	Malwandle Makamu	T-305	Female	Tembisa	17:58	Y	3
28	28	Emma Davies	52851	Female	Randburg Harriers	18:30	Y	2
29	29	Omphile Nzima	50534	Female	RunAlex	19:17	N	4
30	30	Uminathi Class	53007	Female	Brotherhood	20:04	N	2
31	31	Unknown	U6-1	Female			N	1
32	32	Kgotso Kolobe	T-603	Female	Masai		N	1
33	33	Annabella Price	T-592	Female	Running Warriors		N	1
34	34	Karabo Motlhabane	T-601	Female	Running Warriors		N	1
35	35	Paballo Lebuso	50498	Female	RunAlex		N	5



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #6

BOYS UNDER 11 - 3KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	4	Zandréh Van Der Merwe	50877	Male	Benoni Northerns	12:24	Y	4
2	10	Olwethu Ramasodi	51497	Male	Masai	13:08	Y	4
3	11	Kamogelo Donald Kgwete	52661	Male	Ubuhle	13:18	Y	5
4	12	Kwena Thopola	52820	Male	PalmRidge	13:18	Y	3
5	13	Malique Xavier Turner	52427	Male	Boxer	13:19	Y	6
6	15	Adrian Venter	50602	Male	Riebies	13:36	Y	4
7	16	Sphesihle Dhlamini	51075	Male	East Ac	13:38	N	2
8	19	Katlego Nakana	51369	Male	Kagiso Striders	13:50	Y	5
9	23	Bohang Qhoaisa	51784	Male	Tsakane	14:07	N	5
10	27	Sandile Mthimkulu	15903	Male	Gallopers	14:35	Y	6
11	30	Neil Labuschagne	50273	Male	Nedbank	14:48	Y	3
12	38	Zac Manson	52814	Male	Born2Run	15:59	Y	3
13	40	Lehlogonolo Mashego	53043	Male	Masai	16:13	Y	3
14	43	Israel Elihle Nkomo	50097	Male	Bedfordview County Club	16:24	N	3
15	45	Sifiso Cokoto	T-619	Male	No Club	17:04	N	1
16	48	Inathi Tyuwa	53073	Male	Runsmart	18:51	N	2
17	49	Dakalo Ledimo	52566	Male	Runsmart	18:58	N	3
18	51	Lethabo Praise Zwane	52651	Male	Ubuhle	18:58	Y	3
19	53	Dumolwakhe Shabangu	52085	Male	Peace winning		N	1



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #6

BOYS UNDER 12 - 3KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	1	Siyanda Madlabane	52648	Male	Benoni Northerns	08:47	Y	4
2	2	Neo Nkeane	51951	Male	Simunye Global	12:03	Y	3
3	3	Sihle Nyezi	51628	Male	United stars	12:24	Y	4
4	5	Thapelo Masilela	52557	Male	Lodirile AC	12:43	N	3
5	6	Siphosakhe Mlambo	51629	Male	United stars	12:57	Y	4
6	7	Tseko Mofokeng	51625	Male	United stars	13:01	Y	4
7	8	Ryton Gama	50265	Male	Nedbank	13:02	N	4
8	9	Mohau Tlou Ramannya	52919	Male	Tembisa	13:08	Y	5
9	14	Nhlamulo Mathebula	53072	Male	Runsmart	13:31	N	2
10	17	Luan Louw	51040	Male	Krugersdorp road runners	13:43	Y	3
11	18	Unathi Syanda Zikode	50896	Male	Waterfall City	13:44	Y	3
12	20	Ekhard De Wet	50149	Male	Springs Striders	13:51	N	2
13	22	Siyanda Simelane	50266	Male	Nedbank	13:58	N	3
14	24	Ndimas Suarez Marima	53006	Male	Brotherhood	14:13	Y	2
15	25	Nkosinathi Ndlovu	51905	Male	Gallopers	14:21	Y	6
16	26	Mpho Tsokodibane	50071	Male	Scaw	14:24	N	3
17	28	Kearabetswe Mohale	51630	Male	United stars	14:37	Y	2
18	29	Amukelani Chauke	53009	Male	Brotherhood	14:39	N	2
19	31	Samkelo Khoza	T-568	Male	Katlehong AC	14:50	N	3
20	32	Thomas Nucci-Hartley	1870	Male	RAC	15:18	Y	1
21	33	Musa Mbedzi	52554	Male	Lodirile AC	15:24	N	1
22	34	Jordan Joshua Swartz	T-600	Male	Running Warriors	15:26	N	1
23	35	Ndumiso Radebe	53053	Male	Pacers	15:30	N	3
24	36	King Boitshelo Masiteng	T-564	Male	Diepsloot AC	15:32	N	3
25	37	Roland Le Roux	51327	Male	Springs Striders	15:59	N	2
26	39	Ferose Mahmood	51557	Male	Blue Sky	16:11	N	3
27	41	Litha Sikhundla	52522	Male	Waterfall	16:20	Y	2
28	44	Luke Cloete	51416	Male	Hoerskool Randburg	17:00	Y	3
29	46	Christopher Doubell	50187	Male	Nedbank	17:34	N	3
30	47	Netshedzo Mashamba	52568	Male	Runsmart	17:39	N	3
31	50	Shavaan Morris	52564	Male	Runsmart	18:58	N	2
32	52	David Odeyemi	53079	Male	Runsmart	19:02	N	2
33	54	Aphile Ncobela	T-593	Male	Running Warriors		N	1

OTHER

Category	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
Under 10	21	Kude Nonyathela	50902-B	Male	Waterfall City	13:53	N	1
Under 13	42	Ntando Magwe	51641-B	Male	Top Runners	16:23	N	1



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #7

GIRL UNDER 11 - 3KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	3	Katelyn Van Staden	52428	Female	Boxer	13:43	Y	6
2	4	Palesa Ditire	52295	Female	Ismo	13:51	Y	3
3	5	Ilse Louw	52032	Female	Hoerskool Noordheuwel	13:52	Y	4
4	6	Mia Van Huyssteen	51452	Female	Hoerskool Randburg	13:55	Y	5
5	11	Shernaaz Barnes	50998	Female	Boxer	14:36	Y	5
6	12	Hayley Reynolds	50599	Female	Riebies	14:41	Y	6
7	14	Devinay Jeraldine Pretorius	53008	Female	Brotherhood	14:52	Y	3
8	16	Omphile Moloi	52296	Female	Ismo	15:10	Y	3
9	17	Lianke Kotze	50185	Female	Nedbank	15:18	Y	4
10	18	Shalati Molokana	53041	Female	Masai	15:20	N	3
11	19	Balungile Tivane	50264	Female	Nedbank	15:59	Y	4
12	21	Siyanda Msimango	53022	Female	Lesedi AC	16:01	N	3
13	24	Onalenna Mahasha	52558	Female	Lodirile	16:18	Y	6
14	26	Puleng Bonolo Ngobeni	53039	Female	Masai	16:38	N	3
15	29	Lyla Greeff	51425	Female	Hoerskool Randburg	16:57	N	1
16	30	Nqobile Banda	50735	Female	East AC	17:10	Y	3
17	33	Mihlan Moodie	50069	Female	Springs Striders	17:43	N	3
18	35	Mohludi Menyatso	52771	Female	Gauteng Striders	18:07	Y	4
19	37	Masego Mosia	50104	Female	Run Zone	18:22	Y	1
20	38	Langa Shelembe	51859	Female	Lydiard	19:12	Y	3
21	39	Anita Mamushiana	53038	Female	Masai	19:18	N	3
22	40	Karabelo Tlome	52746	Female	Gauteng Striders	19:34	N	3
23	41	Lesedi Ngubeni	52088	Female	Peace winning	19:37	N	2
24	42	Bothale Nkosi	50892	Female	Waterfall City	19:57	Y	4
25	46	Karabo Dikgale	50542	Female	RunAlex	21:53	N	5
26	48	Onwabe Tshangana	50507	Female	RunAlex	22:36	N	3
27	51	Matsatsi Zulu	50575	Female	Runalex	27:01	N	2
28	52	Tshenollo Letswalo	T-627	Female	Running Warriors		N	1
29	54	Owami Mashiloane	52969	Female	Luyolo AC		N	1
30	55	Battzion Pule Pule Price	T-594	Female	Running Warriors		N	1



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #7

GIRLS UNDER 12 - 3KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	1	Mmathapelo Ntanga	51088	Female	East AC	13:05	Y	6
2	2	Boipelo Maroga	51501	Female	Masai	13:37	Y	4
3	7	Lukhanyo Mjali	50666	Female	Tembisa	13:59	Y	5
4	8	Dané Becker	51025	Female	32Gi	14:13	Y	3
5	9	Kara Beytell	51325	Female	Springs Striders	14:13	N	4
6	10	Nthabeleng Madikane	52293	Female	Ismo	14:18	Y	3
7	13	Maddison Broodryk	53090	Female	Warriors Of West	14:46	Y	3
8	15	Trinity Henning	50788	Female	Irun	14:58	Y	3
9	20	Bokang Wilkinson	52850	Female	Randburg Harriers	16:01	Y	2
10	22	Shekinah Mihle Nkomo	50098	Female	Bedfordview CC	16:09	N	3
11	23	Bonolo Mangena	51502	Female	Masai	16:13	Y	4
12	25	Naledi Mthetwa	51355	Female	Orange Farm	16:27	Y	5
13	27	Siphesihle Khaba	50911	Female	Waterfall City	16:42	Y	2
14	28	Caley Diesel	T-150	Female	No club	16:48	N	3
15	31	Mulalo Matumba	50500	Female	RunAlex	17:14	N	4
16	32	Arianne Fuchs	50143	Female	Randburg Harriers	17:16	Y	3
17	34	Ciara Kroef	50810	Female	Irun	18:03	Y	3
18	36	Zayaan Abbubakir	51871	Female	Lydiard	18:11	Y	5
19	43	Nthabiseng Makhubela	50569	Female	RunAlex	19:59	N	1
20	44	Nqobile Precious Peter	51191	Female	Ekhaya	21:02	Y	5
21	45	Clementine Maitland-Stuart	50108	Female	Run Zone	21:03	Y	3
22	47	Thembelihle Mahungela	T-625	Female	Tembisa	22:01	N	1
23	49	Andrew Mackenzie	T-590	Female	Randburg Harriers	22:39	N	1
24	50	Lerato Mphuthi	T-650	Female	Top Runners	22:50	N	1
25	53	Anele Zungu	52948	Female	Luyolo AC		N	2



CENTRAL GAUTENG
ATHLETICS

LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #8

GIRLS UNDER 14 - 4KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	1	Nicola Smith	50980	Female	Ekhaya	16:32	Y	4
2	5	Jade Doran	50852	Female	Benoni Northerns	17:00	Y	4
3	6	Calvoniah Madihlaba	50356-A	Female	Murray & Roberts	17:02	N	4
4	7	Akhona Malebo	52290	Female	Ismo	17:18	Y	3
5	8	Kelly-Lynn Barkley	50797	Female	Irun	17:19	Y	4
6	10	Halalelo Mkansi	50987	Female	Boxer	17:23	Y	4
7	11	Mmapaseka Mongatane	51508	Female	Masai	17:27	Y	4
8	12	Miriam Moeketsi	51509	Female	Masai	17:31	Y	4
9	13	Bohlale Mahlaela	50357	Female	Murray & Roberts	17:40	N	3
10	14	Thato Rammalo	51511	Female	Masai	17:53	Y	4
11	16	Isabella Nucci-Hartley	1702	Female	RAC	17:54	Y	1
12	18	Kaitlyn Mackay	51908	Female	Benoni High	17:56	Y	6
13	19	Maya Bolton	50973	Female	Ekhaya	18:03	Y	4
14	20	Reabetswe Kubjane	50344	Female	Murray & Roberts	18:05	N	3
15	21	Jodene Shawe	50189	Female	Nedbank	18:05	Y	5
16	22	Megan Deeble	50843	Female	Benoni Northerns	18:13	Y	3
17	24	Caitlyn Dukoff-Gordon	50386	Female	Germiston Callies	18:27	Y	3
18	25	Mbali Kamele	52193	Female	Hoerskool Helpmekaar	18:32	N	2
19	26	Lida-Marí Badenhorst	52196	Female	Hoerskool Helpmekaar	18:33	N	4
20	28	Kai-Leigh Vetter	50720	Female	Standard Bank	18:53	Y	3
21	30	Ntombi Madliwa	52540	Female	Lodirile	19:52	Y	6
22	31	Boitumelo Manqgwengqwe	52541	Female	Lodirile	19:59	Y	4
23	34	Anika Bestbier	52995	Female	Inspire	20:15	Y	3
24	35	Keneilwe Mhlare	51510	Female	Masai	20:19	Y	4
25	39	Cara Verster	50870	Female	Benoni Northerns	21:06	Y	5
26	40	Kaela De Wet	51146	Female	Hoerskool Helpmekaar	21:25	Y	5
27	41	Mary-Jane Nel	51926	Female	Benoni High	21:36	Y	3
28	42	Simone Grobbelaar	52198	Female	Hoerskool Helpmekaar	21:58	Y	5
29	43	Tlotliso Nkone	52744	Female	Lesedi AC	22:17	N	4
30	44	Nhlanhla Mabuza	52539	Female	Lodirile	22:24	Y	4
31	49	Chantel Ndlovu	52955	Female	Kagiso Striders	23:47	N	3
32	50	Tholang Mokone	T-314	Female	East AC	23:55	N	3
33	52	Relebohile Mofokeng	50517	Female	RunAlex	26:23	N	4
34	53	Sbahle Hellen Mahode	1996	Female	Peace Winning		N	3



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #8

GIRLS UNDER 15 - 4km

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	2	Lerato Nhlapo	50164	Female	Phuthuma	16:45	N	2
2	3	Polite Mbokane	50362	Female	Murray & Roberts	16:48	Y	4
3	4	Reamogetse Ragedi	50986	Female	Boxer	16:51	Y	5
4	9	Megan Roome	51171	Female	Hoerskool Helpmekaar	17:22	Y	5
5	15	Karabo Tlhapi	50351	Female	Murray & Roberts	17:53	Y	5
6	17	Lisa Vismer-Bartman	52118	Female	Boxer	17:55	Y	4
7	23	Katherine Hamman	52116	Female	Monnas	18:24	N	4
8	27	Lerato Mashilo	50350	Female	Murray & Roberts	18:33	Y	3
9	29	Kamogelo Chilunzo	52319	Female	Origins RC	18:59	Y	4
10	32	Kayleigh Pienaar	52049	Female	Boxer	20:03	Y	3
11	33	Tshepiso Mofokeng	52663	Female	Ubhle	20:07	N	4
12	36	Lenthe Maré	52037	Female	Hoerskool Noordheuwel	20:20	N	4
13	37	Karabo Makgata	50349	Female	Murray & Roberts	20:23	Y	4
14	38	Sarah Ramaala	T-354	Female	No Club	21:01	N	3
15	45	Christina Du Plessis	51465	Female	Hoerskool Randburg	22:28	Y	4
16	46	Owam Nzimande	51494	Female	Masai	22:29	Y	3
17	47	Gabby Rademeyer	T-596	Female	Helpmekaar AC	22:30	N	1
18	48	Lehakwe Makhudu	51506	Female	Masai	22:31	N	3
19	54	Lara Botha	51828	Female	Jansen		N	3

OTHER

Category	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
Under 11	51	Mbali Maome	52112	Female	Blue Sky AC	24:00	N	1



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #9

GIRLS UNDER 16 - 4KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	30	Loghan Gray	51856	Female	Lydiard	15:40	Y	3
2	32	Cassidy Bosman	50469	Female	Kempies Club	15:46	Y	4
3	33	Kiona Robinson	52123	Female	Boxer	15:49	Y	4
4	40	Bronwyn Wagner	50882	Female	Boxer	16:07	Y	5
5	51	Azelia Zitha	52901	Female	East Ac	16:34	Y	4
6	60	Nqobile Maseko	51073	Female	East AC	17:14	Y	5
7	62	Saskia Heydenrych	51150	Female	Hoerskool Helpmekaar	17:16	Y	4
8	63	Marisan Grové	50053	Female	FFA	17:18	Y	3
9	72	Annika Ferreira	51552	Female	Hoerskool Noordheuwel	18:29	N	3
10	82	Naledi Mothogwane	50359	Female	Murray & Roberts	19:42	Y	3
11	83	Naomi May	52927	Female	Ekhaya	19:46	N	3
12	86	Kitso Gaorekwe	52531	Female	Kagiso Striders	19:49	Y	3
13	87	Jade Freeman	50974	Female	Ekhaya	20:01	N	3
14	89	Zintle Khethelo	52904	Female	East AC	20:06	N	3
15	91	Noluthando Zethu Jegede	50652	Female	Tembisa	20:20	Y	4
16	96	Kiara De Lange	50376	Female	Kempies Club	21:06	N	3
17	98	Okuhle Tshangana	50558	Female	RunAlex		N	3

GIRLS UNDER 17 - 4KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	39	Lebogang Nkanyani	50361	Female	Murray & Roberts	16:03	Y	4
2	47	Lika E Strydom	51179	Female	Hoerskool Helpmekaar	16:27	Y	4
3	50	Precious Bulungwa	52543	Female	Lodirile	16:32	Y	6
4	53	Katelynn Steenkamp	51901	Female	Gallopers	16:36	Y	4
5	54	Kamogelo Makgoka	51622	Female	United stars	16:37	Y	4
6	65	Chenelle Axsel	50999	Female	Boxer	17:28	Y	4
7	67	Ilke Botha	51414	Female	Hoërskool Randburg	17:54	Y	2
8	68	Bronwyn Nel	51925	Female	Benoni High	17:56	Y	3
9	71	Saokga Sedibeng	50355	Female	Murray & Roberts	18:13	Y	4
10	75	Tshenolo Sebueng	51314	Female	UJ	18:43	Y	4
11	77	Mianda De Wit	50449	Female	Kempies Club	19:00	N	3
12	80	Ntombi Gumede	51618	Female	United stars	19:34	Y	3
13	85	Anchke Zietsman	50464	Female	Kempies Club	19:48	Y	4
14	88	Leah Cornell	50969	Female	Ekhaya	20:03	N	3
15	93	Sartiana Mdaka	52532	Female	Kagiso Striders	20:39	N	3



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #9

BOYS UNDER 14 - 4KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	6	Sihawu Mlambo	51619	Male	United stars	13:59	Y	4
2	7	Tumelo Konyana	50276	Male	Murray & Roberts	14:00	N	5
3	9	Sipho Elias Mollo	50162	Male	Phuthuma	14:04	Y	3
4	13	Thabang Junior Mojapelo	50904	Male	Waterfall City	14:22	Y	4
5	14	Cyril Moremi	50336	Male	Murray & Roberts	14:25	Y	4
6	15	Keegan Coetsee	51551	Male	Hoerskool Noordheuwel	14:43	Y	3
7	16	Rian Mdikane	52940	Male	Trinity AC	14:53	N	3
8	17	Kwamkelo Dlodlu	50883	Male	Waterfall City	14:58	Y	4
9	19	Nkosinathi Dlamini	50903	Male	Waterfall City	15:01	N	2
10	21	Charles Robinson	50849	Male	Benoni Northerns	15:05	Y	3
11	22	Stephen Joubert	T-446	Male	No Club	15:06	N	2
12	24	Willem Du Plooy	500028	Male	FFA	15:19	Y	3
13	26	Siphumelele Maseko	53057	Male	Pacers	15:26	N	3
14	31	Tshepiso Moshene	52547	Male	Lodirile	15:45	N	4
15	34	Sibusiso Gordon Budiba	52520	Male	Tsakane	15:56	N	4
16	36	Sinethemba Munyai	52642	Male	Born2Run	15:58	Y	3
17	37	Teboho Nqolo	52555	Male	Lodirile AC	16:02	Y	3
18	42	Zivan Pruis	51439	Male	Hoerskool Randburg	16:12	Y	3
19	43	Gianluca Del Grosso	50875	Male	Benoni Northerns	16:16	Y	3
20	52	Phillip Jacobs	50470	Male	Kempies Club	16:36	Y	3
21	55	Kagiso Mhlathi	51751	Male	Mohlakeng AC	16:39	Y	3
22	57	Khaya Mpaxa	51904	Male	Gallopers	16:50	Y	6
23	64	Ramolato Moshidi	53081	Male	Runsmart	17:19	N	2
24	70	Siphelele Ngwenya	51352	Male	Orange Farm	17:59	Y	4
25	73	Bukho Mbucane	53080	Male	Runsmart	18:30	N	1
26	74	Sibusiso Ncube	53053-B	Male	Pacers	18:43	N	1
27	76	Damian Langenhoven	50139	Male	Randburg Harriers	18:49	N	3
28	79	Pitso Makhabane	51354	Male	Orange Farm	19:31	N	5
29	81	Sipho Sibisi	T-621	Male	Gauteng Striders AC	19:35	N	1
30	84	Jean-Pierre Fourie	50052	Male	Upcoming Track Stars	19:46	N	4
31	92	Brendon Wanga Munyai	51353	Male	Orange Farm	20:21	Y	3
32	94	Thabang Lekata	T-623	Male	Gauteng Striders AC	20:46	N	1
33	95	Sphamandla Charlie	51754	Male	Mohlakeng AC	20:58	Y	4
34	99	Thabiso Pelle	51351	Male	Orange Farm		Y	5



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #9

BOYS UNDER 15 - 4KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	1	Olebogeng Mogapi	50339	Male	Murray & Roberts	13:28	Y	5
2	2	Keabetswe Masemola	50347	Male	Murray & Roberts	13:30	N	1
3	3	Nicholas Horne	T-152	Male	32Gi	13:33	Y	3
4	4	Mahlitse Moimane	50343	Male	Murray & Roberts	13:34	N	1
5	5	Lesiba Moses Mojela	50897	Male	Waterfall City	13:55	Y	3
6	8	Aqhama Norushe	50338	Male	Murray & Roberts	14:03	Y	4
7	10	Thabo Kgwete	52662	Male	Ubuhle	14:06	Y	5
8	11	Onesmusi Mncube	51639	Male	Top Runners	14:10	N	5
9	12	Henrico Zietsman	50465	Male	Kempies Club	14:11	Y	4
10	18	Mthandeki Nhlapo	50160	Male	Phuthuma	14:59	Y	3
11	20	Kamogelo Nxumalo	50885	Male	Waterfall City	15:05	Y	4
12	23	Werno Pretorius	50474	Male	Kempies Club	15:15	Y	3
13	25	Johannes Louw	50004	Male	Hoerskool Helpmekaar	15:23	Y	2
14	27	Dian Barnard	50799	Male	Irun	15:32	Y	3
15	28	Marthinus Boucher	51140	Male	Hoerskool Helpmekaar	15:34	Y	3
16	29	Zamani Ndlovu	53040	Male	Masai	15:36	N	4
17	35	Tylor Kroef	50811	Male	Irun	15:56	Y	4
18	38	Kgomotso Phaka	50968	Male	Born2Run	16:03	N	4
19	41	Jadin Norman	T-290	Male	Boxer	16:10	Y	3
20	44	Alizwa Mbasa Tefezayo	52285	Male	Brakpan AC	16:18	Y	3
21	45	Kamogelo Mapheto	50545	Male	RunAlex	16:21	N	5
22	46	Siyabonga Ntwasa	52549	Male	Lodirile	16:22	Y	3
23	48	Donovan Van Zyl	50836	Male	Irun	16:28	Y	3
24	49	Siyabonga Mjali	52913	Male	Tembisa	16:31	Y	3
25	56	Lesedi Mthombeni	51753	Male	Mohlakeng AC	16:45	Y	4
26	58	Neo Lephole	52487	Male	Distance Run Club	16:53	N	2
27	59	Ryan Hickley	51909	Male	Benoni High AC	16:56	N	3
28	61	Thembinkosi Majetja	53052	Male	Pacers	17:14	N	3
29	66	Reece Marsh	50977	Male	Ekhaya	17:32	N	2
30	69	Thato Phantshwa	50580	Male	RunAlex	17:57	N	5
31	78	Lunathi Zisile	52109	Male	Blue Sky	19:26	N	3
32	90	Siphesihle Zwane	50502	Male	RunAlex	20:14	N	5
33	97	Neo Tshikumela	52550	Male	Lodirile		N	4



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #10

BOYS UNDER 13 - 4KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	2	Teko April Tsoetsi	50163	Male	Phuthuma	14:28	Y	3
2	3	Chumile Tshangela	52915	Male	Tembisa	14:33	Y	4
3	4	Neo Moleke	51558	Male	Blue Sky	14:34	N	1
4	5	Lindani Nkabini	T-139	Male	Tembisa	14:55	Y	5
5	6	Thulani Thwala	T-363	Male	Tembisa	14:59	N	2
6	7	Joshua Jowa	50107	Male	Run Zone	15:10	NA	3
7	8	Kgosietsile Gabaya	51364	Male	Kagiso Striders	15:12	Y	5
8	10	Keelim Liam Anthony	53003	Male	Brotherhood	15:13	Y	3
9	11	Deco Mabuza	52822	Male	PalmRidge	15:13	Y	3
10	12	Jay Ethan Mhlongo	50270	Male	Nedbank	15:14	Y	4
11	13	Jan Kruger	50214	Male	Nedbank	15:15	Y	3
12	14	Lehlohonolo Tstotesi	51879	Male	Trinity AC	15:16	Y	6
13	16	Ronewa Sigudla	50496	Male	RunAlex	15:18	N	5
14	17	Stefan Labuschagne	50272	Male	Nedbank	15:21	Y	4
15	18	Morne Strydom	52563	Male	Runsmart	15:23	N	3
16	20	John Cassius Grootboom	53002	Male	Brotherhood	16:05	Y	4
17	21	Marothi Letsoalo	50512	Male	RunAlex	16:05	N	4
18	22	Tshepo Madlala	51554	Male	Blue Sky	16:06	N	3
19	23	John Petrus Visser	52038	Male	Hoerskool Noordheuwel	16:15	N	5
20	24	Tshepo Mqocina	51952	Male	Simunye Global	16:19	N	3
21	25	Evan Steenkamp	51902	Male	Gallopers	16:23	Y	5
22	27	Rethabile Mofutsana	52488	Male	Distance Run Club	16:32	N	3
23	28	Gcinile Nkasayi	50268	Male	Nedbank	16:34	N	3
24	32	Thabang Sebaiwa	T-585	Male	Tembisa	16:49	N	3
25	33	Gudani Budzwa	51872	Male	Lydiard	16:56	N	4
26	35	Luyando Ngqabaza	T-405	Male	Pacers	16:58	N	1
27	38	Mila Rashuza	51559	Male	Blue Sky	17:03	N	3
28	49	Tyler Rebstein	50145	Male	Randburg Harriers	17:32	Y	3
29	50	Quinton Ellen	52569	Male	Runsmart	17:34	N	3
30	51	Muntata Juma	52567	Male	Runsmart	17:36	N	3
31	53	Anele Mndaweni	T-586	Male	Tembisa	17:37	N	3
32	60	Ratanang Matshaba	T-584	Male	Tembisa	18:14	N	3
33	63	Jean André Visagie	51009	Male	Alberton Lewensentrum	18:19	Y	3
34	79	Daniel Manson	52643	Male	Born2Run	20:34	Y	3
35	91	Declain Sykes	52561	Male	Runsmart	21:21	N	2



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #10

SUB VETERAN WOMEN (35-39)- 4KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	1	Lebogang Phalula-Luthuli	10455	Female	Boxer	14:28	Y	2
2	9	Cornelia Joubert	1396	Female	Boxer	15:12	Y	2
3	15	Kate Van Jaarsveld	3666	Female	Nedbank	15:17	Y	3
4	34	Mariette Botha	11769	Female	UJ	16:56	Y	3
5	41	Charlotte Venter	8370	Female	Boksburg	17:12	Y	5
6	45	Thandy Matlaila	T-129	Female	NO CLUB	17:22	Y	4
7	48	Charine Kruger	14269	Female	Nedbank	17:31	Y	3
8	64	Liané Van Nieuwenhuizen	22746	Female	Springs Striders	18:28	N	2
9	66	Brenda Duvenage	9151	Female	Springs Striders	18:54	N	4
10	75	Makoena Moloto	15660	Female	Ubhule	19:49	Y	3
11	77	Melinda Nkolombo	14514	Female	Masai	20:26	N	2
12	89	Precious Namhla Nyezi	19957	Female	United stars	21:14	Y	4

VETERAN WOMEN (40-49) - 4KM

Veteran Women 40- 44

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	19	Jessica Maitland-Stuart	2500	Female	Run Zone	16:01	Y	3
2	43	Ruth Manson	217	Female	Born2Run	17:18	Y	3
3	52	Enie Manzini	1081	Female	Murray & Roberts	17:36	N	3
4	54	Phina Lekula Tsepetsi	19800	Female	Hollywood AC	17:39	Y	4
5	58	Lana Botha	1968	Female	Kempton Road Runners	17:56	N	4
6	65	Elaine Beytell	8951	Female	Springs Striders	18:32	Y	4
7	80	Puleng Mphahlele	28766	Female	RunAlex	20:35	N	1
8	84	Seromo Mofokeng	3534	Female	Hollywood AC	20:48	N	1
9	92	Nompumelelo Mbatha	15558-B	Female	Masai	21:39	N	1
10	105	Mmakwena Makgoka	19959	Female	United Stars	28:48	N	3

Veteran Women 45-49

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	29	Maria Vilakazi	1020	Female	Murray & Roberts	16:36	Y	4
2	30	Debbie O'Leary	463	Female	RAC	16:40	Y	4
3	31	Maphuti Phaka	7854	Female	Born2Run	16:45	Y	4
4	36	Christina Silale	4091	Female	Rainbow AC	17:02	Y	3
5	37	Jacqueline Dersley	19707	Female	Lydiard	17:03	Y	3
6	42	Helena Oberholzer	1688	Female	Pirates	17:16	Y	1
7	55	Cindy Nkomo	13478	Female	Fat Cats AC	17:45	N	1
8	57	Ngenzile Pretty Ngcobo	21260	Female	Rockies	17:53	Y	3
9	59	Kim Brown	T-604	Female	Tri dynamics	18:14	N	1
10	62	Sibongile Nkosi	10371	Female	East AC	18:18	Y	5
11	71	Tracy Faith Bosman	97	Female	Benoni High	19:29	Y	3
12	74	Dimakatso Victoria Letuka	8440	Female	ACSA	19:43	Y	3
13	86	Malehlaka Mokoena	5095	Female	Tembisa	21:01	N	1
14	88	Dikeledi Ramatsekisa	4040	Female	Lesedi AC	21:06	N	2
15	97	Kerry O'Farrell	4434	Female	RAC	22:11	Y	2
16	98	Kedibone Egnicia Kgaose	5084	Female	Podium	24:26	N	1
17	99	Philisiwe Christina Mmuso	9374	Female	Lesedi AC	26:04	N	2



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #10

Master Women 50-54

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	26	Elizabeth Potter	10819	Female	32Gi	16:26	Y	4
2	40	Phyllis De Fouw	14333	Female	Nedbank	17:10	Y	3
3	44	Christina Van Den Heever	3220	Female	Team Vitality	17:21	Y	3
4	46	Irene Jacobs	17347	Female	Miway Warriors	17:27	Y	5
5	61	Busisiwe Pakati	1263	Female	Qhubeka AC	18:16	Y	4
6	67	Lawrencia Makhanya Mokoena	23266	Female	Marlven AC	18:56	Y	3
7	70	Lega Sithole	23297	Female	Gallopers	19:13	N	3
8	81	Kebitsamang Mokwatsi	3405	Female	Hollywood AC	20:42	Y	3
9	85	Tinny Mlambo	19152	Female	United stars	20:49	Y	2
10	94	Antoinette Monnapula	633	Female	RAC	21:58	Y	3

Master Women 55-59

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	76	Stella Madlala	3479	Female	Blue Sky	20:00	Y	3
2	78	Ntombifuthi Mkhize	4208	Female	Rockies	20:31	Y	4
3	87	Linah Thoko Nkosi	3105	Female	Blue Sky	21:03	Y	2
4	90	Moira Carstens	1593	Female	Randburg Harriers	21:20	N	1
5	101	Brenda Marelen	11050	Female	Urithi AC	27:46	N	3

Grandmaster Women 60-64

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	47	Jacqueline Frey	6610	Female	Nedbank	17:28	Y	3
2	56	Rita Loots	393	Female	RAC	17:50	Y	4
3	68	Lydia Van der Gryp	2737	Female	Krugersdorp road runners	18:57	Y	2
4	73	Jemina Khiba	4449	Female	RAC	19:43	Y	3
5	83	Rosemary Rakhalakane	7791	Female	Gallopers	20:46	Y	4
6	93	Constance Makhosazana	80012	Female	Orlando AC	21:46	Y	3
7	100	Jennifer Motsai	4917	Female	Lesedi AC	26:12	Y	4
8	106	Thandi Mlambo	22641	Female	Pirates	30:00	Y	3

Grandmaster Women 65-69

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	69	Rosemary Van Wyk	4041	Female	Brotherhood	18:59	Y	4
2	72	Mmtatlabe Margaret Motsei	8906	Female	RAC	19:30	Y	3
3	82	Sewele Maponya	5995	Female	Wanderers AC	20:46	Y	3
4	95	Selinah Netshisaului	511	Female	RAC	22:06	N	3
5	103	Anna Mosole	9196	Female	Carlton AC	28:47	Y	3
6	107	Rachel Lekalake	3523	Female	Rockies		Y	3
7	109	Patience Ntombi Moima	19674	Female	Orlando AC		Y	3



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #10

Grandmaster Women 70-74

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	96	Ithuteng Boshoe	5576	Female	Sunninghill Striders	22:08	Y	3
2	102	Elaine Greenblatt	4149	Female	RAC	28:09	Y	6

Grandmaster Women 75-79

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	104	Maria Visser	3588	Female	Randmark	28:48	Y	3
2	108	Rachel Ledwaba	16606	Female	Rockies		Y	3

OTHER

Category	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
Senior	39	Allina Mantsoe	927	Female	Rainbow AC	17:07	NA	1



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #11

BOYS UNDER 16 & 17 - 6KM

Boys Under 16

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	3	Neo Mothae	50335	Male	Murray & Roberts	21:43	Y	4
2	6	Ntando Mokoka	52900	Male	Tsakane	22:48	Y	3
3	7	Dian Becker	51027	Male	32Gi	22:59	Y	3
4	11	Yamkela Shosha	50332	Male	Murray & Roberts	24:06	Y	3
5	13	Dylan Opperman	52021	Male	Hoerskool Noordheuwel	24:18	N	3
6	14	Thoriso Kgomo	52641	Male	Mogale Citizens	24:31	Y	4
7	16	Cor Dirks	51419	Male	Hoërskool Randburg	24:47	Y	3
8	18	David Van Der Westhuizen	50188	Male	Nedbank	24:59	N	2
9	20	Thato Maebela	52903	Male	East AC	25:11	Y	5
10	21	Tebogo Ndhlovu	52963	Male	Kagiso Striders	25:12	N	4
11	25	Xolani Mokhuma	50334	Male	Murray & Roberts	25:37	Y	4
12	30	Lebogang Nhlabathi	52307	Male	Ismo	26:13	N	2
13	35	Neo Khanye	3007	Male	Gallopers	27:21	N	6
14	42	Justin Swanepoel	51833	Male	Jansen	29:09	N	4

Boys Under 17

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	1	Oratile Mashigo	50341	Male	Murray & Roberts	21:21	Y	4
2	2	Realeboga Smith	50196	Male	Mogale Citizens	21:23	Y	4
3	4	Jaun-Pierre Van Der Berg	50833	Male	Irun	22:21	Y	3
4	5	Sphiwe Makhoba	53050	Male	Palmridge	22:27	Y	3
5	8	Daniel Quitata	50058	Male	Jeppe AC	23:08	N	3
6	9	Tebogo Matsimela	50670	Male	Tembisa	23:11	Y	6
7	10	Boikanyo Kevin Mogokonyane	50083	Male	Brakpan AC	23:57	Y	4
8	12	Israel Sylvia	52446	Male	32Gi	24:08	N	3
9	15	Reyaaleboga Hendrek Senwedi	52815	Male	Mogale Citizens	24:40	Y	3
10	17	Rhys Robinson	50064	Male	Jeppe AC	24:53	N	3
11	19	Daniel Van Der Westhuizen	50125	Male	Old Eds	25:09	N	4
12	23	Kamogelo Rakwogole	52785	Male	Tsakane AC	25:19	N	3
13	24	Bussy Moses Ramakolo	50997	Male	Boxer	25:26	Y	3
14	29	Siyamthanda Ngwayibanjwa	52944	Male	Waterfall City	25:59	Y	4
15	31	Douglas Selowa	52818	Male	Tsakane	26:21	Y	3
16	33	Lesego Phiri	10911	Male	Tembisa	27:0	N	3
17	34	David Phiri	50063	Male	Jeppe AC	27:15	N	3
18	39	Thuto Maamogawa	51298	Male	UJ	28:14	Y	1
19	41	Andre Mhanga	50919	Male	Alberton	29:03	N	2
20	47	Luyanda Sodayise	51388	Male	Mohlakeng AC	30:53	Y	3

OTHER

Category	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
Under 15	22	Sibusiso Dhlomo	50193	Male	Nedbank	25:18	Y	4
Unknown	28	Unknown	50216			25:56		



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #11

JUNIOR WOMEN / GIRLS UNDER 19 - 6KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	32	Naledi Makgatha	51001	Female	Murray & Roberts	26:64	Y	2
2	36	Kgopotso Shokane	50354	Female	Murray & Roberts	27:51	Y	3
3	40	Polenah Mokgala	51854	Female	Lydiard	28:46	Y	3
4	44	Kedibone Mohwang	53297	Female	Mamepe	29:54	Y	5
5	50	Tayla Bosman	51911	Female	Benoni High	31:53	Y	3
6	57	Ntokozo Tlou	50353	Female	Murray & Roberts	33:55	Y	4

GRANDMASTER MEN (60+) - 6KM

Grandmaster Men 60-64

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	26	Nimrod Mokoena	11609	Male	Carlton AC	25:42	Y	3
2	27	Reform Ndlovu	2389	Male	Randburg Harriers	25:55	Y	5
3	37	Ambrose Klassen	13170	Male	Waterfall City	28:07	Y	3
4	38	Ronny Ndhlovu	28984	Male	RunAlex	28:09	Y	3
5	43	Nhlanhla Daniel Hlongwa	22501	Male	Protea Guineas AC	29:28	Y	3
6	48	Rodney Jones	15265	Male	Randburg Harriers	31:00	Y	3
7	51	Arrigo Ferri	740	Male	Bonang	31:56	Y	5
8	54	Andrew Steed	T-591	Male	No Club	32:28	N	1
9	55	Charles Vilakazi	11662	Male	Bayoyo AC	33:38	Y	3
10	63	Teboho Khiba	4390	Male	Rockies	36:22	N	3
11	65	Clive Griffiths	13578	Male	Randburg Harriers	37:48	Y	6



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #11

Grandmaster Men 65-69

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	45	Nthusang Moses Motshabi	104	Male	RAC	30:19	Y	3
2	46	Andre Jansen	16978	Male	Alberton	30:28	Y	3
3	49	Alan Smith	3296	Male	Mercury	31:10	Y	4
4	53	Sonny Leopeng	9433	Male	Lesedi AC	32:11	Y	5
5	58	Lebohang Segoe	17701	Male	Brooks	34:22	Y	3
6	59	Aloysius Eybers	7649	Male	Brotherhood	34:33	Y	5
7	60	Wilson Netshisaulu	4367	Male	RAC	35:38	Y	4
8	62	Tsakane Klaas Mabasa	3827	Male	Rainbow AC	36:09	Y	2
9	64	Senele Ramaisa	9251	Male	Eskom	36:52	Y	5
10	68	Hendrik Booysen	18699	Male	Nedbank	39:19	Y	3
11	72	Glen Henry Van Der Westhuizen 13		Male	Benoni High		Y	4

Great Grandmaster Men 70-74

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	52	Cyril Vergie	8962	Male	Mercury	32:04	Y	4
2	56	Pillemon Zulu	2670	Male	RAC	33:42	Y	5
3	61	Brian Currie	16279	Male	Sunward Athletic Club	35:54	Y	5
4	66	Kenneth Tulk	9265	Male	RAC	38:11	Y	4
5	69	Brian Chamberlain	7050	Male	Varsity Kudus	39:26	Y	1
6	71	Chris Reed	1354	Male	Origins RC	43:12	NA	4

Great Grandmaster Men 75-79

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	67	Jabulani Nicodemus Ngwenya	532	Male	Boksburg	38:37	Y	3
2	70	Neil Coville	2597	Male	Varsity Kudus	40:33	N	2



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #12

VETERAN MEN (40-49) - 8KM

Veteran Men 40-44

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	1	Pule Tjaoana	1117	Male	Waterfall City	29:54	Y	5
2	3	Vincent Seng	10137	Male	Bedfordview County Club	30:56	Y	4
3	6	Kwena Phooko	7088	Male	Lesedi AC	31:59	Y	5
4	8	Lefu Lephoto	19814	Male	Mamepe	32:13	Y	5
5	9	Oscar Rabulitomas	4729	Male	FFA	32:14	Y	3
6	12	Koena Aubrey Mohlono	4970	Male	Rainbow AC	32:46	Y	3
7	18	Eliphaz Surprise Mosala	4724	Male	FFA	34:02	Y	3
8	20	Jude Chukwuma	16108	Male	Nedbank	34:13	N	1
9	24	Stephan Steenkamp	21645	Male	Team Vitality	35:25	N	3
10	27	Ruphat Rapholo	1703	Male	Rainbow AC	35:49	Y	3
11	28	Norman Moseamedi	8459	Male	Rainbow AC	35:56	Y	1
12	47	Aidan Coville	692	Male	Varsity Kudus	38:38	N	1
13	53	Godright Selema	3757	Male	RunAlex	42:35	N	1
14	58	Wonderboy Simelane	28000	Male	Podium	46:20	N	2
15	60	Bruce Sherwell	18670	Male	Ekhaya	48:30	Y	3

Veteran Men 45-49

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	2	Omo Hlungwane	7198	Male	Waterfall City	29:54	Y	3
2	5	Mkhuhlane James Mgcina	7656	Male	SAPS	31:48	Y	3
3	10	Sechaba Qhoaisa	1640	Male	Run Zone	43:30	Y	5
4	11	Adam Maroko	9966	Male	Nedbank	32:39	Y	4
5	14	Best Ngwenya	6575	Male	Maxed Elite	33:31	Y	5
6	17	Isaac Mahlake	3286	Male	Gallopers	33:38	Y	5
7	21	Neil Cable	18357	Male	Team Vitality	35:02	N	4
8	25	Peter Ndaba	11494	Male	Tembisa	35:27	Y	3
9	31	Masilo Golden Ramannya	9363	Male	SAPS	36:03	Y	5
10	33	Roger Hickley	2738	Male	Benoni High	36:19	N	3
11	34	Mpho Sekese	6135	Male	FNB	36:19	N	3
12	36	Peter Ramoloto	3819	Male	RUNALEX	36:25	N	3
13	39	Moeketsi Tsoeliabe	1854	Male	Meadowlands	36:41	N	2
14	40	Sello Kinsley Mogadime	8536	Male	Rainbow AC	36:48	Y	3
15	48	Paul Hazelton	380	Male	RAC	38:45	N	3
16	49	Golden Jowa	3339	Male	Run Zone	41:02	N	3
17	51	Cebo Zwane	7696	Male	Ebenezer	41:47	N	1
18	54	Hamilton Zwane	18679	Male	Team Vitality	42:43	N	1
19	56	Lesetja Johannes Maifo	8551	Male	Rainbow AC	44:55	Y	2
20	62	Jabu Stewart Sithole	14515	Male	Masai	51:32	Y	2
21	63	Eddie Thekiso	6908	Male	Mogale Citizens	52:10	N	3



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #12

MASTER MEN (50-59) - 8KM

Master Men 50-54

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	4	Zongamele Dyubeni	4664	Male	Phuthuma	31:37	Y	3
2	13	David Khoele	18851	Male	Correctional Services	33:10	N	4
3	15	Peter Masia	679	Male	RAC	33:34	Y	5
4	19	Never Matiya	7417	Male	Jeppe AC	34:09	N	3
5	22	Elias Bokaba	1704	Male	RAC	35:06	Y	4
6	26	Donald Kubheka	2417	Male	Khuphukani	35:32	Y	4
7	29	Lucky Mabuza	19761	Male	Wanderers AC	36:00	Y	3
8	32	Denzil Colbet	17100	Male	Randburg Harriers	36:13	Y	6
9	38	Moeketsi Moagi	13155	Male	Waterfall City	36:38	Y	3
10	42	Thokozani Dlamini	1685	Male	Gallopers	37:04	N	6
11	44	Lesetja Johannes Mangala	10369	Male	East AC	37:13	Y	4
12	45	Serego Makhooe	8273	Male	SANDF CGA	37:27	N	3
13	55	Eric Myeni	3443	Male	Hollywood AC	44:05	N	4

Master Men 55-59

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	7	George Mooi	942	Male	Gallopers	32:07	Y	4
2	23	Sidney Nkosiyethu Nala	7267	Male	Standard Bank	35:23	Y	4
3	30	Bruce Mogano	1284	Male	Nyetse AC	36:03	Not CGA	4
4	35	Thabo Tsie	9248	Male	Katlehong	36:20	Y	3
5	43	Paulos Nkosi	4548	Male	Gallopers	37:09	N	3
6	46	Kabelo Tshabalala	17196	Male	Standard Bank	38:34	Y	3
7	50	Solomon De Beer	1948	Male	Benoni High	41:44	Y	4
8	52	Warren Van Niekerk	2794	Male	Midrand Striders	42:17	Y	3
9	57	Joseph Motaung	15646	Male	Orange Farm	45:15	Y	5
10	59	Jacob Bezula	18573	Male	Ekhaya	47:31	N	6
11	61	George Mngomezulu	14575	Male	Sibanye Stillwater	49:31	N	3

OTHER

Category	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
35-39	16	Croyden Williams	2867	Male	Mercury AC	33:36	N	1
60-64	37	Thabo Hlako	2424	Male	Born2Run	36:31	Y	3
Senior	41	Mokakatla Masekela	3829	Male	RunAlex	36:54	N	1
65-69	64	Derek Brentano	3308	Male	Randburg Harriers	52:11	Y	6



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #13

SENIOR MEN - 4KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	1	Marko Bucarizza	8040	Male	Born2Run	12:31	Y	3
2	3	Malibongwe Ndlovu	113	Male	32Gi	12:52	NA	2
3	7	Katlego Madiope	12639	Male	UJ	13:18	Y	4
4	8	Thabang Sebopa	8309	Male	Born2Run	13:22	Y	3
5	18	Nando Mafuyeka	4835	Male	Tsakane	14:04	Y	3
6	19	Brandon Viljoen	5259	Male	Nedbank	14:05	Y	4
7	20	Jooma Mkhize	12652	Male	UJ	14:06	Y	3
8	23	Vusi Mazibuko	80016	Male	Lesedi AC	14:18	N	4
9	24	Sandile Manyathi	11599	Male	Diepsloot AC	14:22	Y	3
10	27	Donald Mashamaite	29989	Male	Kempton Road Runners	14:46	N	3
11	31	Dylan Steed	3055	Male	Run Zone	14:53	Y	6
12	35	Davee Nqosa	778	Male	Benoni High	15:03	Y	4
13	37	Justin Brown	1707	Male	UJ	15:21	N	3
14	45	Lindile Sokhuthu	13920	Male	Kagiso Striders	16:24	N	3
15	48	Ephraim Masekwameng	8492	Male	Rainbow AC	16:45	N	1
16	61	Mluleki Mqoco	4838	Male	Tsakane	18:27	N	4
17	66	Hluvukani Mashele	80008	Male	RunAlex	20:04	N	1

MEN UNDER 23 (2000-2002) - 4KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	2	Andries Sedi	22550	Male	Nedbank	12:50	Y	3
2	4	Johannes Morepe	51002	Male	Murray & Roberts	12:59	Y	3
3	5	Mzwakhe Mashaba	10464	Male	Boxer	13:05	N	5
4	6	Nicholas Whittaker	6143	Male	UJ	13:16	Y	3
5	9	Cayde De Waal	998	Male	Irun	13:22	Y	4
6	10	Tshegofatso Nwagu	18681	Male	UJ	13:23	Y	2
7	12	Knowledge Nyathi	80018	Male	Lesedi AC	13:30	N	4
8	13	Phemelo Ntoe	11852	Male	UJ	13:30	Y	3
9	14	Banele Mkhabela	16219	Male	Waterfall	13:34	Y	4
10	15	Ngcali Maqokolo	19935	Male	UJ	13:35	Y	5
11	16	Mpho Diako	19812	Male	Mamepe	13:40	Y	5
12	21	Jason Vermeulen	11337	Male	Varsity Kudus	14:07	Y	3
13	22	Thomas Masuku	13161	Male	Waterfall City	14:13	Y	6
14	26	Bafana Ernest Morobe	16526	Male	Nedbank	14:33	Y	6
15	28	Tshepang Chego	50669	Male	Tembisa	14:47	Y	5
16	29	Hendrick Motswai	10977	Male	RunningWithSoleAC	14:48	N	3
17	30	Sergio Nxumalo	8445	Male	Nedbank	14:49	Y	3
18	32	Mncedisi Khoza	11968	Male	Katlehong AC	15:01	N	1
19	33	Nkanyezi Ziqubu	9154	Male	Waterfall City	15:02	Y	5
20	39	Thato Nkadimeng	13165	Male	Waterfall City	15:35	Y	5
21	41	Christopher Menoe	4095	Male	Nedbank	15:45	Y	2
22	44	Sandile Sengawyo	11967	Male	Katlehong AC	16:12	N	3
23	46	Neo Malatsi	T-131	Male	UJ	16:28	N	3
24	47	Khutso Masekwameng	8491	Male	Rainbow AC	16:28	N	2
25	52	Mncedisi Molefe	11977	Male	Katlehong AC	17:21	N	4
26	54	Sakhile Bolani	12324	Male	UJ	17:25	N	4
27	62	Neo Morale	9636	Male	Run Zone	18:30	N	3



CENTRAL GAUTENG
ATHLETICS

LEAGUE 6 - 22 JULY 2023 - DELTA PARK

EVENT #13

MEN - OTHER

Category	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
40-44	11	Bonginkosi Mavimbela	2313	Male	Kagiso Striders	13:26	Y	3
Under 17	17	Zane Strydom	51178	Male	Hoerskool Helpmekaar	143:42	Y	4
45-49	25	Tony Motala	12233	Male	RunAlex	14:24	N	1
Unknown	34	Unknown	U6-2			15:03		
50-54	40	Joshua Mamabolo	8929	Male	Diepsloot AC	15:36	N	3
35-39	43	Siyaya Khoza	9117	Male	Nedbank	15:58	N	4
40-44	49	Daryl Mulder	19706	Male	Lydiard	16:47	N	3

SENIOR WOMEN - 4KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	36	Cian Oldknow	109	Female	Hollywood AC	15:05	Y	3
2	42	Bernadene Mcloud	290	Female	Run Zone	15:57	N	3
3	50	Nadia Lombaard	3818	Female	FFA	16:51	Y	3
4	55	Simone Adams	10986	Female	UJ	17:32	Y	4
5	58	Lebogang Ramela	18693	Female	UJ	18:08	Y	4
6	59	Zanele Maisa	10831	Female	Mamepe	18:23	Y	3
7	67	Sbongile Dladla	13554	Female	Tsakane	20:41	N	3
8	68	Dikeledi Moomi	T-595	Female	No Club	20:57	N	1

WOMEN UNDER 23 (2000-2002) - 4KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	51	Noluthando Mampane	23140	Female	Tsakane	16:57	Y	4
2	53	Ntombenhle Seabi	1734	Female	UJ	17:22	Y	4
3	56	Angel Tshabalala	52652	Female	Ubuhle AC	17:56	Y	5
4	57	Sandra Wijtenburg	19224	Female	UJ	18:01	Y	3
5	60	Amely Chauke	9611	Female	Nedbank	18:25	N	4
6	63	Paulina Mokaba	22560	Female	Nedbank	19:04	Y	3
7	64	Winnie Lungu	8193	Female	UJ	19:45	N	1
8	65	Lelani Roodt	10637	Female	UJ	19:59	Y	3
9	69	Khanyisile Thwala	11753	Female	UJ	22:04	Y	4

WOMEN - OTHER

Category	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
35-39	38	Ishegoma Busheke	1289	Female	Boxer	15:23	N	1



LEAGUE 6 - 22 JULY 2023 - DELTA PARK
EVENT #14

JUNIOR MEN / BOYS UNDER 19 - 8KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	1	Sibusiso Msibi	51275	Male	UJ	29:04	Y	4
2	2	Mavela Makhubela	50677	Male	Tembisa	30:00	N	3
3	3	Lefa Kwanele	51788	Male	Tsakane	30:17	Y	6
4	5	Alisandro Cloete	50756	Male	Irun	30:28	Y	3
5	7	Matthew Mackay	51907	Male	Benoni High	20:35	Y	5
6	11	Mahlomola Elias Khanye	51755	Male	Mohlakeng AC	32:19	N	3
7	13	Thabiso Sefatsa	50205	Male	Nedbank	32:31	Y	2
8	14	Cuan Venter	52159	Male	Monnas	32:47	Y	3
9	16	Zoyise Radebe	51786	Male	Tsakane	33:10	N	2
10	18	Daluxolo Mahlobo	50993	Male	Boxer	33:30	Y	5
11	19	Aubrey Munyai	52536	Male	Kagiso Striders	33:38	N	3
12	22	Evans Mavunda	18868	Male	UJ	34:43	N	4
13	24	Simphiwe Mkhwanazi	52970	Male	Luyolo AC	36:14	N	3
14	27	Victor Sinawana	51792	Male	Tsakane	36:47	N	4
15	28	Dmitri Annandale	50796	Male	Irun	37:16	Y	3

SUB VETERAN MEN (35-39) - 8KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	4	Sipho Mojono	4325	Male	Manoni	30:20	Y	5
2	6	Thabo Motaung	6360	Male	Cool Running	30:32	N	3
3	8	Hector Begwa	6902	Male	Mogale Citizens	30:57	Y	4
4	9	Thembinkosi Kunene	11459	Male	Distance Run Club	31:23	N	3
5	10	Zolani Maphasa	521	Male	Tsutsumani AC	31:41	N	3
6	12	Ntiti Konana	14618	Male	Sibanye Stillwater	32:27	N	3
7	15	Walter Mabote	8698	Male	Mohlakeng AC	33:03	N	4
8	17	Simon Maake	4227	Male	Manoni	33:16	Y	4
9	20	Ayanda Dingile	80027	Male	Waterfall City	33:42	Y	5
10	21	Siyanda Sikhosana	9192	Male	Midrand striders	34:36	Y	5
11	25	Jan Makakaile Diale	8495	Male	Rainbow AC	36:14	Y	1
12	26	Zweledinga Hector Nkone	T-629	Male	Pacers	36:43	N	1
13	29	Tebogo Magoro	7304	Male	RunAlex	40:16	N	1

OTHER

Category	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
Under 23	23	Henrik Hartmann	22038	Male	Rockies	35:32	N	2



LEAGUE 6 - 22 JULY 2023 - DELTA PARK

EVENT #15

OPEN MEN - 10KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	1	Reatlegile Mosweu	50200	Male	Mogale Citizens	33:55	Y	4
2	2	Bennet Seloyi	7132	Male	Maxed Elite	34:03	Y	3
3	3	Sakhile Sangweni	1748	Male	Gallopers	35:07	Y	4
4	4	Lebogang Edwin Khonkhobe	8584	Male	Nedbank	35:16	N	1
5	5	Simphiwe Thombela	13160	Male	Waterfall	35:17	Y	3
6	6	David Manja	111	Male	Nedbank	35:34	N	2
7	7	Kwanda Longoza	T-312	Male	East AC	35:53	N	3
8	8	Derocious Makhobalo	17902	Male	Kempton Road Runners	36:43	Y	2
9	9	Jean Mouton	10463	Male	Boxer	36:50	N	3
10	10	Mokaedi Pheko	11579	Male	Diepsloot AC	37:02	Y	4
11	11	Tumisho Magakwe	11070	Male	Urithi AC	37:38	Y	4
12	12	Love Nkanyiso Mthembu	10878	Male	Benoni Northerns	37:47	N	1
13	13	Khulekani Msomi	22941	Male	Distance Run Club	38:00	N	1
14	14	Thabo Masina	13163	Male	Waterfall City	38:02	Y	5
15	15	Calvin Khumalo	T-556	Male	East AC	38:02	Y	5
16	16	Sandile Thato Pule	1719	Male	Take it Easy	38:47	Y	1
17	18	Frans Tjale	11455	Male	Distance Run Club	39:16	Y	3
18	19	Mthunzi Shamase	17550	Male	Urithi AC	39:17	N	5
19	20	Andries Moeng	11475	Male	Mogale Citizens	39:53	N	2
20	21	Musa Zweni	134	Male	Boxer	40:19	N	2
21	22	Michael Siteo	17181	Male	Sibanye Stillwater	40:25	N	3
22	23	Malesela Maakamedi	23146	Male	Tsakane	40:54	Y	6
23	24	Nhlanhla Tentu	4378	Male	Rockies	40:58	Y	4
24	25	Johannes Pogiso Sekgabebe	4257	Male	Jmpd AC	40:59	N	4
25	26	Elliot Kupa	22940	Male	Distance Run Club	41:07	N	3
26	27	Michael Mclaggan	1029	Male	Nedbank	42:02	Y	4
27	28	Malesela Raymond Ngoepe	8589 KZN	Male	Nedbank	43:16	N	1
28	29	Ayanda Khumalo	1269	Male	Harambe	44:31	N	3
29	30	Dwayne Nzimande	19515	Male	Nedbank	44:43	N	4
30	32	Busani Mnisi	1563	Male	Harmony	46:07	Y	3
31	34	Tsepo Diraditsile	13330	Male	Mohlakeng AC	52:08	Y	3

OPEN WOMEN - 10KM

Position	Overall	Name	Licence	Gender	Club	Time	Birth Cert.	Leagues
1	17	Cacisile Sosibo	7908	Female	Boxer	38:59	Y	3
2	31	Kathryn Van Meter	3168	Female	Ubora	44:43	Y	3
3	33	Jaylene Cloete	1926	Female	Irun	46:08	Y	3
4	35	Disebo Makau	14759	Female	Mohlakeng AC	53:46	N	4
5	36	Jynnie Matsimane	10739	Female	Urithi AC	53:50	Y	4