

## PROGRAM

Performance Scores: WorldAth 2022 table, Electronic Time, Height above sea=1661

Seq	Time	Pit	Event	Category	Next	Spec
<b>START OF DAY 1</b>						
1	12:00		Final Women U18 100m Hurdles Heptathlon			
1	12:00		Final Women U20 100m Hurdles Heptathlon			
1	12:00		Final Women U23 100m Hurdles Heptathlon			
1	12:00		Final Women Senior 100m Hurdles Heptathlon			0.838m
2	12:15		Final Men U23 100m Decathlon			
2	12:15		Final Men U23 LongJump Decathlon			
2	12:15		Final Men U18 100m Decathlon			
2	12:15		Final Men U20 100m Decathlon			
2	12:15		Final Men Senior 100m Decathlon			
2	12:15		Final Men Senior LongJump Decathlon			
3	12:30		Heat 1 of 3 Girls U16 100m		(Final=34)	
4	12:40		Heat 1 of 3 Boys U16 100m		(Final=35)	
5	12:50		Heat 1 of 3 Women U18 100m		(Final=36)	
6	13:00		Heat 1 of 4 Men U18 100m		(Final=37)	
7	13:00		Final Men U18 LongJump Decathlon			
7	13:00		Final Men U20 LongJump Decathlon			
8	13:00		Final Women U18 HighJump Heptathlon			
8	13:00		Final Women U20 HighJump Heptathlon			
8	13:00		Final Women U23 HighJump Heptathlon			
8	13:00		Final Women Senior HighJump Heptathlon			
9	13:10		Heat 1 of 2 Women U20 100m		(Final=38)	


**Meeting :CGA U16/U18/U20/U23 CHAMPIONSHIP  
2024/03/08 to 2024/03/09 at GERMISTON STADIUM**


10	13:20	Heat 1 of 3 Men U20 100m	(Final=39)
11	13:30	Heat 1 of 2 Women U23 100m	(Final=40)
12	13:40	Heat 1 of 3 Men U23 100m	(Final=41)
13	14:00	Final Men U23 400m Hurdles	
14	14:00	Final Women U20 LongJump	
14	14:00	Final Women U23 LongJump	
15	14:00	Final Men U20 Shotput	
15	14:00	Final Men U23 Shotput	
16	14:05	Final Men U20 400m Hurdles	
17	14:10	Final Men U18 400m Hurdles	
18	14:15	Final Women U23 400m Hurdles	
19	14:20	Final Women U20 400m Hurdles	
20	14:25	Final Women U18 400m Hurdles	
21	14:40	Final Girls U16 300m Hurdles	
22	14:45	Final Boys U16 300m Hurdles	
23	15:00	Final 1 of 2 Girls U16 800m	(No final)
24	15:00	Final Women U18 Shotput Heptathlon	
24	15:00	Final Men U18 Shotput Decathlon	
24	15:00	Final Women U20 Shotput Heptathlon	
24	15:00	Final Men U20 Shotput Decathlon	
24	15:00	Final Women U23 Shotput Heptathlon	
24	15:00	Final Men U23 Shotput Decathlon	
24	15:00	Final Women Senior Shotput Heptathlon	4.000kg
24	15:00	Final Men Senior Shotput Decathlon	7.260kg



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25	15:00	Final Men U20 HighJump	
25	15:00	Final Men U23 HighJump	
26	15:10	Final 1 of 2 Boys U16 800m	(No final)
27	15:20	Final 1 of 2 Women U18 800m	(No final)
28	15:30	Final 1 of 2 Men U18 800m	(No final)
29	15:40	Final Women U20 800m	
30	15:50	Final 1 of 2 Men U20 800m	(No final)
31	16:00	Final Women U23 800m	
31	16:00	Final Men U18 HighJump Decathlon	
31	16:00	Final Men U20 HighJump Decathlon	
31	16:00	Final Men U23 HighJump Decathlon	
31	16:00	Final Men Senior HighJump Decathlon	
32	16:00	Final Women U20 Shotput	
32	16:00	Final Women U23 Shotput	
33	16:10	Final 1 of 2 Men U23 800m	(No final)
34	16:20	Final Girls U16 100m	
35	16:25	Final Boys U16 100m	
36	16:30	Final Women U18 100m	
37	16:35	Final Men U18 100m	
38	16:40	Final Women U20 100m	
39	16:45	Final Men U20 100m	
40	16:50	Final Women U23 100m	
41	16:50	Final Men U23 100m	
42	17:00	Final Men U20 LongJump	



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42	17:00	Final Men U23 LongJump
43	17:00	Final Women U20 HighJump
43	17:00	Final Women U23 HighJump
44	17:10	Final Women Senior 5000m ASAQLF: 18:00.00 (ASAQLF)
44	17:10	Final Women U20 5000m
44	17:10	Final Women U23 5000m
45	17:30	Final Men Senior 5000m ASAQLF: 14:35.00 (ASAQLF)
45	17:30	Final Men U20 5000m
45	17:30	Final Men U23 5000m
46	17:50	Final Women U23 200m Heptathlon
46	17:50	Final Women Senior 200m Heptathlon
47	17:55	Final Women U18 200m Heptathlon
48	18:00	Final Women U20 200m Heptathlon
49	18:05	Final Men U18 400m Decathlon
50	18:05	Final Men U23 400m Decathlon
50	18:05	Final Men Senior 400m Decathlon
51	18:15	Final Men U20 400m Decathlon



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## START OF DAY 2

52	07:00	Final Women Senior 10km ASAQLF: 39:30.00 (ASAQLF)	
52	07:00	Final Women U23 10km	
53	07:50	Final Men Senior 10km ASAQLF: 31:00.00 (ASAQLF)	
53	07:50	Final Men U23 10km	
54	08:45	Final Girls U16 5km Walk	
54	08:45	Final Boys U16 5km Walk	
54	08:45	Final Women U18 5km Walk	
55	09:30	Final Girls U16 LongJump	
55	09:30	Final Women U18 LongJump Heptathlon	
55	09:30	Final Women U20 LongJump Heptathlon	
55	09:30	Final Women U23 LongJump Heptathlon	
55	09:30	Final Women Senior LongJump Heptathlon	
56	09:30	Final Boys U16 HighJump	
57	09:30	Final Boys U16 Shotput	
58	09:30	Final Girls U16 Discus	
58	09:30	Final Women U18 Discus	
59	09:40	Final Men U23 110m Hurdles Decathlon	
59	09:40	Final Men Senior 110m Hurdles Decathlon	1.067m
60	09:40	Final Men U20 110m Hurdles Decathlon	
61	09:40	Final Men U18 110m Hurdles Decathlon	
62	09:45	Final Men U23 110m Hurdles	
63	09:50	Final Men U20 110m Hurdles	
64	09:55	Final Men U18 110m Hurdles	



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65	10:00	Final Boys U16 100m Hurdles	
65	10:00	Final Boys U16 100m Hurdles Pentathlon	
66	10:05	Final Women U23 100m Hurdles	
67	10:10	Final Women U20 100m Hurdles	
68	10:10	Final Women U18 100m Hurdles	
69	10:15	Final Girls U16 90m Hurdles	
69	10:15	Final Girls U16 90m Hurdles Pentathlon	
70	10:30	Final Boys U16 LongJump	
71	10:30	Final Girls U16 HighJump	
71	10:30	Final Girls U16 HighJump Pentathlon	
71	10:30	Final Boys U16 HighJump Pentathlon	
72	10:30	Final Girls U16 Shotput	
73	10:30	Final Men U23 Discus	
73	10:30	Final Boys U16 Discus	
73	10:30	Final Men U18 Discus	
73	10:30	Final Men U20 Discus	
73	10:30	Final Men U18 Discus Decathlon	
73	10:30	Final Men U20 Discus Decathlon	
73	10:30	Final Men U23 Discus Decathlon	
73	10:30	Final Men Senior Discus Decathlon	<b>2.000kg</b>
74	10:50	Heat 1 of 4 Girls U16 400m	(Final=90)
75	11:00	Heat 1 of 3 Boys U16 400m	(Final=91)
76	11:10	Heat 1 of 3 Women U18 400m	(Final=92)
77	11:20	Heat 1 of 4 Men U18 400m	(Final=93)



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78	11:30	Final Girls U16 Javelin	
78	11:30	Final Women U18 Javelin	
78	11:30	Final Women U18 Javelin Heptathlon	
78	11:30	Final Women U20 Javelin Heptathlon	
78	11:30	Final Women U23 Javelin Heptathlon	
78	11:30	Final Women Senior Javelin Heptathlon	600g
79	11:30	Final Women U18 LongJump	
80	11:30	Final Girls U16 Shotput Pentathlon	
80	11:30	Final Boys U16 Shotput Pentathlon	
80	11:30	Final Men U18 Shotput	
81	11:30	Final Men U18 Polevault Decathlon	
81	11:30	Final Men U20 Polevault Decathlon	
81	11:30	Final Men U23 Polevault Decathlon	
81	11:30	Final Men Senior Polevault Decathlon	
82	11:30	Heat 1 of 2 Women U20 400m	(Final=97)
83	11:40	Heat 1 of 4 Men U20 400m	(Final=98)
84	11:50	Heat 1 of 2 Women U23 400m	(Final=99)
85	12:00	Heat 1 of 3 Men U23 400m	(Final=100)
86	12:10	Final Men U18 10km Walk	
86	12:10	Final Women U20 10km Walk	
86	12:10	Final Men U20 10km Walk	
87	12:30	Final Boys U16 Javelin	
87	12:30	Final Men U18 Javelin	
88	12:30	Final Women U18 Shotput	



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89	12:30	Final Men U18 HighJump
90	13:10	Final Girls U16 400m
91	13:15	Final Boys U16 400m
92	13:20	Final Women U18 400m
93	13:25	Final Men U18 400m
94	13:30	Final Women U23 Hammer
94	13:30	Final Men U23 Hammer
94	13:30	Final Girls U16 Hammer
94	13:30	Final Boys U16 Hammer
94	13:30	Final Women U18 Hammer
95	13:30	Final Men U18 LongJump
95	13:30	Final Girls U16 LongJump Pentathlon
95	13:30	Final Boys U16 LongJump Pentathlon
96	13:30	Final Women U18 HighJump
97	13:30	Final Women U20 400m
98	13:35	Final Men U20 400m
99	13:40	Final Women U23 400m
100	13:45	Final Men U23 400m
101	13:50	Final Women U18 800m Heptathlon
101	13:50	Final Women U20 800m Heptathlon
101	13:50	Final Women U23 800m Heptathlon
101	13:50	Final Women Senior 800m Heptathlon
102	14:00	Final Boys U16 1500m SteepleChase
102	14:00	Final Girls U16 1500m SteepleChase





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103	14:10	Final Women U18 2000m SteepleChase	
104	14:20	Final Men U18 2000m SteepleChase	
105	14:30	Final Men U20 3000m SteepleChase	
105	14:30	Final Men U23 3000m SteepleChase	
106	14:30	Final Men U23 Javelin	
106	14:30	Final Men U20 Javelin	
106	14:30	Final Men U18 Javelin Decathlon	
106	14:30	Final Men U20 Javelin Decathlon	
106	14:30	Final Men U23 Javelin Decathlon	
106	14:30	Final Men Senior Javelin Decathlon	800g
107	14:30	Final Girls U16 TripleJump	
108	14:40	Final Women U20 3000m SteepleChase	
108	14:40	Final Women U23 3000m SteepleChase	
109	15:00	Heat 1 of 3 Girls U16 200m	(Final=124)
110	15:10	Heat 1 of 4 Boys U16 200m	(Final=125)
111	15:20	Heat 1 of 4 Women U18 200m	(Final=126)
112	15:30	Heat 1 of 5 Men U18 200m	(Final=127)
113	15:30	Final Women U18 TripleJump	
114	15:30	Final Women U23 Javelin	
114	15:30	Final Women U20 Javelin	
115	15:40	Heat 1 of 2 Women U20 200m	(Final=128)
116	16:00	Heat 1 of 2 Men U20 200m	(Final=129)
117	16:10	Heat 1 of 3 Men U23 200m	(Final=132)
118	16:20	Final Girls U16 3000m	



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118	16:20	Final Women U18 3000m	
118	16:20	Final Women U20 3000m	
119	16:30	Final Boys U16 3000m	
120	16:30	Final Men U18 TripleJump	
120	16:30	Final Women U20 TripleJump	
120	16:30	Final Women U23 TripleJump	
121	16:30	Final Women U23 Discus	
121	16:30	Final Women U20 Discus	
122	16:40	Final Men U18 3000m	
123	16:50	Final Men U20 3000m	
124	17:00	Final Girls U16 200m	
125	17:05	Final Boys U16 200m	
126	17:10	Final Women U18 200m	
127	17:15	Final Men U18 200m	
128	17:20	Final Women U20 200m	
129	17:25	Final Men U20 200m	
130	17:30	Final Women U23 200m	
131	17:30	Final Men U20 TripleJump	
131	17:30	Final Men U23 TripleJump	
132	17:35	Final Men U23 200m	
133	17:40	Final 1 of 2 Girls U16 1500m	(No final)
134	17:45	Final 1 of 2 Boys U16 1500m	(No final)
135	17:50	Final 1 of 2 Women U18 1500m	(No final)
136	17:55	Final 1 of 2 Men U18 1500m	(No final)



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137	18:00	Final Women U20 1500m	
137	18:00	Final Women U23 1500m	
138	18:05	Final 1 of 2 Men U20 1500m	(No final)
139	18:15	Final Men U23 1500m	
140	18:25	Final Men U18 1500m Decathlon	
140	18:25	Final Men U20 1500m Decathlon	
140	18:25	Final Men U23 1500m Decathlon	
140	18:25	Final Men Senior 1500m Decathlon	
141	18:30	Final Girls U16 800m Pentathlon	
142	18:30	Final Boys U16 800m Pentathlon	