

## Results of all Finals and Heats

Ordered by Program Sequence Performance Scores: WorldAth 2022 table, Electronic Time, Height above sea=1600

Place	Athlete, Number, Birthdate	Team	Perf	Score	Points	Medal	Wind	Records
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**Item 0 00:00 Final Results Women Senior Pentathlon Results**

**Item 0 00:00 Final Results Men Senior Pentathlon Results**

**Item 1 08:30 Final Women Senior 10km**

1	LONA, DIKO, P26581, 2002/09/06	WWAC	46:18.04	<b>508</b>	8	Gold
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**Item 2 09:00 Final Women Senior Shotput**

4.000kg

1	VAN NIEKERK, AMARI, J41699, 2005/05/25	MONNAS	13.40	<b>796</b>	8	Gold	ASA QUAL
2	VAN DER MERWE, YANÉ, P12247, 2000/01/25	UJ	08.76	<b>510</b>	7	Silver	
3	SITHEBE, SIYAMTHANDA, J42260, 2005/04/12	PACERS	07.36	<b>424</b>	6	Bronze	
4	EPOH, KAREN, P26472, 2003/12/02	PACERS	07.29	<b>419</b>	5		
5	DE BRUYN, ANTWAR, J42265, 2006/01/01	PACERS	06.60	<b>377</b>	4		
6	DLADLA, SIBINGILE, J42260., 2005/04/12	MAMEPE	05.59	<b>315</b>	3		

**Item 3 09:00 Final Women Senior LongJump**

1	MASHABA, NOLWAZI, P11432, 2002/01/10	UJ	6.14	<b>1028</b>	8	Gold	<del>+0.8</del> L
2	SEOE, BOPHELO, P11711, 1999/04/04	UJ	5.92	<b>980</b>	7	Silver	<b>+1.2</b> QUAL
3	MAKONI, BETHEL, P18799, 2000/07/22	UJ	5.87	<b>970</b>	6	Bronze	<b>+2.5</b> Wind
4	DOMBENI, MAHLATSE, , 1999/01/21	UJ	5.83	<b>962</b>	5		<b>+3.4</b> Wind
5	VAN WYK, DESIRÉ, P18694 , 1998/05/28	UJ	5.80	<b>955</b>	4		<b>+0.8</b> QUAL
6	MUYA, KALANGA OLIVIA, P11456, 2002/07/18	UJ	5.65	<b>922</b>	3		<b>+1.4</b> QUAL
7	VISAGIE, CHIANE, , 2003/04/01	UJ	5.32	<b>852</b>	2		<b>+3.5</b>
8	VAN STRATEN, KLARISKA, P12149 , 2003/12/05	UJ	5.07	<b>798</b>	1		<b>+1.8</b>
9	NGOBENI, LUNGHILE, P19241, 2003/10/08	UJ	4.55	<b>688</b>	0		<b>-1.5</b>

**Item 4 09:10 Heat 1 of 3 Women Senior 200m**

**+2.5**

1	VERMEULEN, CHANE, J41444, 2006/05/19	HSRB	23.97	<b>1039</b>		Gold	Wind
2	LA GRANGE, KAYLA, J 41288, 2004/07/27	UJ	24.19	<b>1018</b>		Silver	Wind
3	SEKESE, MPONTSHEG, P3507, 1999/02/17	MASAI	24.45	<b>993</b>		Bronze	Wind
4	EZE, DIANA CHINYERE, J40909, 2006/09/10	32GI	24.51	<b>987</b>			Wind
5	AMADI-AHANEKU, CHIOMA, P676, 2004/11/30	VUT	28.94	<b>615</b>			
6	MASIZANA, YOLANDA, P264, 2003/08/08	VUT	30.60	<b>497</b>			

**Item 4 09:10 Heat 2 of 3 Women Senior 200m**

**+2.2**

1	KYEMBO, RAISSA, P19087, 1999/08/06	UJ	24.47	<b>991</b>		Gold	Wind
2	LE ROUX, LIANDI, P18976, 1992/12/01	UJ	25.01	<b>941</b>		Silver	Wind
3	MAAKE, OFENTSE, P3495, 2001/06/19	MASAI	25.85	<b>865</b>		Bronze	
4	COWLING, ASHLEY, P16343, 2001/07/11	FFA	26.72	<b>790</b>			
5	SELESHO, KATLEGO, P605, 2003/05/09	VUT	30.34	<b>515</b>			
6	NGEMA, NONJA, P618, 2003/04/28	VUT	31.08	<b>466</b>			

**Item 4 09:10 Heat 3 of 3 Women Senior 200m**

**+2.8**

1	BOTH A, CHANTE, P18615, 1993/05/25	UJ	26.69	<b>793</b>		Gold
2	CHAMBISSO, LOLA, P319, 2005/10/27	VUT	28.25	<b>667</b>		

**Item 5 09:20 Heat 1 of 9 Men Senior 200m**

**+1.6**

1	EMMANUEL, JAMES, P411, 2000/12/29	UJ	21.82	<b>950</b>		Gold
2	KUBHEKA, SIPHIWE, J42551, 2007/03/12	BRKPAN	22.77	<b>822</b>		Silver



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3	MEYER, CARL, P6725, 1999/01/05	BTAC 22.97	<b>797</b>		Bronze
<b>Item 5</b>	<b>09:20 Heat 2 of 9 Men Senior 200m</b>			<b>+1.6</b>	
1	DHLAMINI, SABELO, P4317, 1995/01/17	UJ 21.51	<b>993</b>		Gold
2	SAKWE, OLOTHANDO, P12371, 2002/09/03	UJ 22.10	<b>911</b>		Silver
<b>Item 5</b>	<b>09:20 Heat 3 of 9 Men Senior 200m</b>			<b>+0.3</b>	
1	TSHIYOMBO, JAMES, P17996, 2004/12/25	TMBISA 21.56	<b>986</b>		Gold
2	UZOHO, SIYABONGA, P19237, 2003/05/07	UJ 21.62	<b>979</b>		Silver
3	TSOTETSI, KAMOHELO, P2189, 2004/09/29	UJ 22.12	<b>909</b>		Bronze
4	SELEBELENG, TUMELO, P263, 2004/05/17	VUT 22.79	<b>820</b>		
5	VAN DER MERWE, RIEDWAAN, P12203, 2000/06/12	UJ 23.08	<b>782</b>		
6	MOSAMEDI, MPH0, P 655, 1994/06/06	VUT 23.60	<b>719</b>		
7	MOHOLOBELA, KABELO, P 2122, 2000/12/02	UJ 23.63	<b>715</b>		
8	MAKUME, KABELO, P26586 , 2000/12/15	ISMO 24.10	<b>660</b>		
<b>Item 5</b>	<b>09:20 Heat 4 of 9 Men Senior 200m</b>				
<b>Item 5</b>	<b>09:20 Heat 5 of 9 Men Senior 200m</b>			<b>-2.0</b>	
1	MOKETE, KARABO, J20196 , 2007/10/08	DMATHI 24.11	<b>659</b>		
2	DINGILE, AYANDA, P12274, 1986/06/30	WCAC 26.49	<b>412</b>		Gold
<b>Item 5</b>	<b>09:20 Heat 6 of 9 Men Senior 200m</b>			<b>-2.0</b>	
1	MOODIE, THOMAS, P11891, 1997/05/16	BOKS 22.98	<b>796</b>		Gold
2	NQOSA, DAVEE, P778, 1999/09/09	BHAC 23.38	<b>746</b>		Silver
3	HARTY, COLLIN, J42522, 2005/08/17	UJ 23.68	<b>709</b>		Bronze
4	MASANGO, MAWANDE, P17697, 2002/06/10	UJ 23.91	<b>682</b>		
<b>Item 5</b>	<b>09:20 Heat 7 of 9 Men Senior 200m</b>			<b>-0.1</b>	
1	SENONA, MALESELA, P20393, 1999/03/07	UJ 21.67	<b>971</b>		Gold
2	RYAN, KEATON, P 2161, 2000/02/21	UJ 22.42	<b>869</b>		Silver
3	MATHABA, LOANDA, J42254, 2008/01/13	PACERS 25.72	<b>485</b>		Bronze
<b>Item 5</b>	<b>09:20 Heat 8 of 9 Men Senior 200m</b>				
1	MWAMBA, MANDLA, J42429, 2006/01/28	BRKPAN 21.84	<b>947</b>		Gold
2	PHIRI, HUDSON, P26742, 2003/01/15	BRKPAN 22.27	<b>889</b>		Silver
3	KOMANE, BOIKANYO, J42554, 2006/03/06	BRKPAN 22.50	<b>858</b>		Bronze
4	MOCHOSA, JONATHAN, P4662, 2024/02/20	TMBISA 23.84	<b>690</b>		
5	THENTU, KABELO, P25929, 2003/11/19	NEDRR 23.98	<b>674</b>		
6	MALINGA, GREGORY, , 2002/07/14	VUT 25.87	<b>471</b>		
<b>Item 5</b>	<b>09:20 Heat 9 of 9 Men Senior 200m</b>			<b>-2.3</b>	
1	MADI, MICHAEL, P19221, 2001/05/30	UJ 21.59	<b>982</b>		Gold
2	MATABANE, KEAMOGETSWE, J42550, 2005/12/11	BRKPAN 22.48	<b>860</b>		Silver
3	NONGAWUZA, WANDILE BENJAMIN, P3291, 1999/04/23	UJ 23.62	<b>716</b>		Bronze
4	MASEKO, NHLAKANIPHO, J42498, 2006/02/26	UJ 23.67	<b>710</b>		
5	LAISHLEY, MATTHEW, P15714, 2000/12/20	MAR 25.75	<b>482</b>		
<b>Item 6</b>	<b>09:30 Final Men Senior 10km</b>				
1	KUPA, ELLIOT, P15779, 1996/02/04	DRC 32:02.28	<b>790</b>	8	Gold
2	MASINA, MFUKWA THABO, P13714, 1998/04/11	WCAC 32:35.55	<b>748</b>	7	Silver
3	LONGOZA, KWANDA, P25700, 1998/09/13	EAST 33:04.55	<b>712</b>	6	Bronze
4	MAKGATHO, THABANG, P3680, 1995/06/10	TMBISA 33:15.74	<b>698</b>	5	



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5	XOZA, LUBABALO, P16473, 2004/06/19	FFA 33:53.52	<b>653</b>	4		
6	MOLEFE, BENNETT, P22433, 2000/06/19	HBET 34:05.85	<b>639</b>	3		

**Item 7 10:00 Final Women Senior HighJump**

1	NKOSI, MARTHA, J41306, 2006/04/07	UJ 1.65	<b>870</b>	8	Gold	ASA QUAL
(1) 1.45=O / (2) 1.50=O / (3) 1.55=O / (4) 1.60=XO / (5) 1.65=O / (6) 1.70=XXX						
2	DU PLESSIS, JULIA, P3471, 1996/05/27	UJ 1.45	<b>680</b>	7	Silver	
(1) 1.45=O / (2) 1.50=XXX						

**Item 8 10:00 Final Women Senior LongJump Pentathlon**

**Item 8 10:00 Final Men Senior LongJump Pentathlon**

**Item 9 10:10 Final Men Senior 110m Hurdles**

<b>+1.1 1.067m</b>						
1	LEFETE, TSHEPO, , 1992/02/02	UJ 14.21	<b>1028</b>	8	Gold	ASA QUAL
2	RAZAK, NAEEM, P4191,	UJ 14.22	<b>1027</b>	7	Silver	ASA QUAL
3	TLADI, MPH0, P6152, 1998/01/02	UJ 14.69	<b>945</b>	6	Bronze	ASA QUAL
4	MATSEKANE, KATLEHO, P1046, 1994/04/23	MASAI 16.53	<b>657</b>	5		

**Item 10 10:15 Final Men Senior 110m Hurdles Pentathlon**

1.067m

**Item 11 10:20 Final Women Senior 100m Hurdles**

**+2.3 0.838m**

1	MAMABOLO, LETHABO, P823, 2002/07/27	VUT 21.52	<b>286</b>	8		
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**Item 12 10:25 Final Women Senior 100m Hurdles Pentathlon**

0.838m

**Item 13 10:40 Final Women Senior 10km Walk**

1	MOKHELE, NTHATISI, P2522, 1993/06/26	IKHAYA 1:00:24.68	<b>613</b>	8	Gold	
2	CHILENGE, THUBELIHLE, P16183, 1998/05/29	URITHI 1:01:39.76	<b>581</b>	7	Silver	
3	CELE, KHENTSANI, P13713, 2004/10/07	ORIGIN 1:05:18.88	<b>491</b>	6	Bronze	
4	MAPHOSA, ELVIRAH, P17966, 2000/12/05	WCAC 1:06:20.72	<b>467</b>	5		
5	MOTSOENENG, PULENG KENNDY, P15908, 2004/01/03	MASAI 1:07:43.05	<b>436</b>	4		
6	MASHEGO, OFENTSE, J42239, 2005/02/22	MASAI 1:12:15.85	<b>341</b>	3		

**Item 14 12:00 Final Men Senior Shotput**

7.260kg

1	BLIGNAUT, KYLE, , 1999/03/09	BTAC 18.89	<b>1055</b>	8	Gold	ASA QUAL
2	VAN ROOYEN, JASON, P12652, 1997/02/04	UJ 18.64	<b>1040</b>	7	Silver	ASA QUAL
3	DE VILLIERS, CIAN, P16442, 2004/01/15	NORIES 15.91	<b>878</b>	6	Bronze	ASA QUAL
4	HECTOR, JORDAN, J42227, 2008/01/13	PACERS 10.03	<b>530</b>	5		

**Item 14 12:00 Final Men Senior Shotput Pentathlon**

7.260kg

**Item 15 12:00 Final Women Senior Discus**

1.000kg

1	VAN NIEKERK, AMARI, J41699, 2005/05/25	MONNAS 49.40	<b>877</b>	8	Gold	ASA QUAL
2	JENKINS, CRISELDA, P 2464, 2003/11/17	UJ 40.16	<b>708</b>	7	Silver	
3	VAN DER MERWE, YANé, P12247, 2000/01/25	UJ 30.19	<b>526</b>	6	Bronze	
4	MOKOTJO, NTHABESENG, P26583, 2004/08/04	WWAC 20.08	<b>343</b>	5		

**Item 15 12:00 Final Women Senior Discus Pentathlon**

1.000kg

**Item 16 12:00 Final Women Senior 200m**

**-1.9**

1	VERMEULEN, CHANE, J41444, 2006/05/19	HSRB 23.86	<b>1049</b>	8	Gold	ASA QUAL
2	LA GRANGE, KAYLA, J 41288, 2004/07/27	UJ 24.04	<b>1032</b>	7	Silver	ASA QUAL
3	SEKESE, MPONSHENG, P3507, 1999/02/17	MASAI 24.69	<b>970</b>	6	Bronze	ASA QUAL
4	EZE, DIANA CHINYERE, J40909, 2006/09/10	32GI 24.83	<b>957</b>	5		ASA QUAL



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5	LE ROUX, LIANDI, P18976, 1992/12/01	UJ 25.41	<b>905</b>	4
6	MAAKE, OFENTSE, P3495, 2001/06/19	MASAI 25.99	<b>853</b>	3
7	BOTHA, CHANTE, P18615, 1993/05/25	UJ 26.91	<b>774</b>	2

**Item 17 12:05 Final Men Senior 200m****-2.5**

1	DHLAMINI, SABELO, P4317, 1995/01/17	UJ 21.43	<b>1004</b>	8	Gold
2	TSHIYOMBO, JAMES, P17996, 2004/12/25	TMBISA 21.48	<b>997</b>	7	Silver
3	EMMANUEL, JAMES, P411, 2000/12/29	UJ 21.55	<b>988</b>	6	Bronze
4	UZOHO, SIYABONGA, P19237, 2003/05/07	UJ 21.63	<b>977</b>	5	
5	SENONA, MALESELA, P20393, 1999/03/07	UJ 21.68	<b>970</b>	4	
6	MADI, MICHAEL, P19221, 2001/05/30	UJ 21.70	<b>967</b>	3	
7	MWAMBA, MANDLA, J42429, 2006/01/28	BRKPAN 21.91	<b>937</b>	2	
8	TSOTETSI, KAMOHELO, P2189, 2004/09/29	UJ 22.12	<b>909</b>	1	
9	PHIRI, HUDSON, P26742, 2003/01/15	BRKPAN 22.27	<b>889</b>	0	
10	RYAN, KEATON, P 2161, 2000/02/21	UJ 22.42	<b>869</b>	0	
11	MATABANE, KEAMOGETSWE, J42550, 2005/12/11	BRKPAN 22.48	<b>860</b>	0	
12	KOMANE, BOIKANYO, J42554, 2006/03/06	BRKPAN 22.50	<b>858</b>	0	
13	KUBHEKA, SIPHIWE, J42551, 2007/03/12	BRKPAN 22.77	<b>822</b>	0	
14	SELEBELENG, TUMELO, P263, 2004/05/17	VUT 22.79	<b>820</b>	0	
15	MEYER, CARL, P6725, 1999/01/05	BTAC 22.97	<b>797</b>	0	
16	MOODIE, THOMAS, P11891, 1997/05/16	BOKS 22.98	<b>796</b>	0	
17	VAN DER MERWE, RIEDWAAN, P12203, 2000/06/12	UJ 23.08	<b>782</b>	0	
18	NQOSA, DAVEE, P778, 1999/09/09	BHAC 23.38	<b>746</b>	0	
19	MOSAMEDI, MPHO, P 655, 1994/06/06	VUT 23.60	<b>719</b>	0	
20	NONGAWUZA, WANDILE BENJAMIN, P3291, 1999/04/23	UJ 23.62	<b>716</b>	0	
21	MOHOLOBELA, KABELO, P 2122, 2000/12/02	UJ 23.63	<b>715</b>	0	
22	MASEKO, NHLAKANIPHO, J42498, 2006/02/26	UJ 23.67	<b>710</b>	0	
23	HARTY, COLLIN, J42522, 2005/08/17	UJ 23.68	<b>709</b>	0	
24	MOCHOSA, JONATHAN, P4662, 2024/02/20	TMBISA 23.84	<b>690</b>	0	
25	MASANGO, MAWANDE, P17697, 2002/06/10	UJ 23.91	<b>682</b>	0	
26	THENTU, KABELO, P25929, 2003/11/19	NEDRR 23.98	<b>674</b>	0	
27	MAKUME, KABELO, P26586, 2000/12/15	ISMO 24.10	<b>660</b>	0	
28	MOKETE, KARABO, J20196, 2007/10/08	DMATHI 24.11	<b>659</b>	0	
29	MATHABA, LOANDA, J42254, 2008/01/13	PACERS 25.72	<b>485</b>	0	
30	LAISHLEY, MATTHEW, P15714, 2000/12/20	MAR 25.75	<b>482</b>	0	
31	MALINGA, GREGORY, , 2002/07/14	VUT 25.87	<b>471</b>	0	
32	DINGILE, AYANDA, P12274, 1986/06/30	WCAC 26.49	<b>412</b>	0	

**Item 18 12:10 Final Women Senior 1500m**

1	SOSIBO, CACISILE, P10464, 1997/08/31	BOXER 04:34.85	<b>942</b>	8	Gold	ASA QUAL
2	WIJTENBURG, SANDRA, P19224, 2002/01/04	UJ 04:47.25	<b>856</b>	7	Silver	ASA QUAL
3	SOLE, COURTNEY, J40557, / /	BOXER 04:48.93	<b>845</b>	6	Bronze	ASA QUAL
4	MABER, CARINA, P10462, 2001/03/23	BOXER 04:52.13	<b>823</b>	5		
5	MABHENA, FAITH, P19242, 2004/08/15	UJ 04:54.28	<b>809</b>	4		
6	ADAMS, SIMONE, P1372, 1999/11/23	UJ 05:06.63	<b>730</b>	3		
7	MAMPANE, NOLUTHANDO, , 2003/04/23	UJ 05:10.49	<b>706</b>	2		
8	LOMBAARD, NADIA, P10468, 1997/12/17	BOXER 05:12.37	<b>694</b>	1		
9	RAMATLADI, PALESA, P12781, 2001/05/05	MAMEPE 05:15.53	<b>675</b>	0		
10	THWALA, KHANYISILE, P11753, 2002/03/21	UJ 05:21.05	<b>642</b>	0		
11	MOHWANG, KEDIBONE, P26498, 2004/12/21	MAMEPE 05:42.61	<b>522</b>	0		

**Item 19 12:15 Final Results Men Senior 1500m**



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1	MSIBI, SIBUSISO, P12451, 2004/05/16	UJ 03:47.41	<b>1010</b>	8	Gold	ASA QUAL
2	SIBIYA, NKOSINATHI, P12617, 1994/01/01	UJ 03:48.42	<b>997</b>	7	Silver	ASA QUAL
3	WHITTAKER, NICHOLAS, P6143, 2001/11/30	UJ 03:50.08	<b>976</b>	6	Bronze	ASA QUAL
4	DE FOUW, CORNÉ, J 40555, 2005/05/05	BOXER 03:53.68	<b>931</b>	5		ASA QUAL
5	MASHABA, MZWAKHE, P12613, 2002/12/20	UJ 03:58.39	<b>874</b>	4		
6	NGOBENI, JUSTICE, P2680, 1995/09/05	TIE 04:02.16	<b>830</b>	3		
7	SEBOPA, THABANG, P8309 , 1999/06/06	EEB2R 04:06.06	<b>785</b>	2		
8	ZINYANE, YIVA, P900, 2004/12/16	VUT 04:11.66	<b>723</b>	1		
9	MOLOI, TEBOHO, P1052, 2002/11/09	CHAMPS 04:14.70	<b>690</b>	0		
10	MOGOKONYANE, BOIKANYO, J42553, 2006/09/26	BRKPAN 04:15.24	<b>685</b>	0		
11	SYLVIA, ISRAEL, J40384 , 2006/10/06	TMBISA 04:19.52	<b>640</b>	0		
12	MOLOKOMME, FUFU, P759, 2002/08/18	DMATHI 04:20.20	<b>633</b>	0		
13	MASUKU, THOMAS, P26502, 2001/04/01	MAMEPE 04:20.69	<b>628</b>	0		
14	MAVUNDA, EVANS, P18868 , 2004/02/11	UJ 04:23.89	<b>596</b>	0		
15	MPSHE, TSHIAMO, J42555, 2006/05/22	BRKPAN 04:25.86	<b>577</b>	0		
16	RATHOBOTHA, TUMELO, P4907, 1998/08/02	DPKLOF 04:35.49	<b>488</b>	0		
17	STEED, DYLAN, P26172, 1994/11/03	LDIARD 04:44.91	<b>407</b>	0		
18	MAKHAPHELA, TSHENOLO, P4906, 2000/03/23	DPKLOF 04:50.13	<b>366</b>	0		
19	MAZIBUKO, SIPHO, P894, 2003/06/18	DMATHI 04:54.98	<b>329</b>	0		
19	MAKUA, LUCAS, P19848, 2000/03/20	HBET 04:54.98	<b>329</b>	0		
21	MORALE, NEO, P9636, 2001/11/28	RUNZON 05:58.96	<b>28</b>	0		

**Item 19 12:15 Final 1 of 3 Men Senior 1500m**

1	MSIBI, SIBUSISO, P12451, 2004/05/16	UJ 03:47.41	<b>1010</b>		Gold	ASA QUAL
2	SIBIYA, NKOSINATHI, P12617, 1994/01/01	UJ 03:48.42	<b>997</b>		Silver	ASA QUAL
3	SEBOPA, THABANG, P8309 , 1999/06/06	EEB2R 04:06.06	<b>785</b>		Bronze	
4	ZINYANE, YIVA, P900, 2004/12/16	VUT 04:11.66	<b>723</b>			
5	MOLOI, TEBOHO, P1052, 2002/11/09	CHAMPS 04:14.70	<b>690</b>			
6	MOLOKOMME, FUFU, P759, 2002/08/18	DMATHI 04:20.20	<b>633</b>			
7	MAVUNDA, EVANS, P18868 , 2004/02/11	UJ 04:23.89	<b>596</b>			
8	MPSHE, TSHIAMO, J42555, 2006/05/22	BRKPAN 04:25.86	<b>577</b>			
9	STEED, DYLAN, P26172, 1994/11/03	LDIARD 04:44.91	<b>407</b>			
10	MAKHAPHELA, TSHENOLO, P4906, 2000/03/23	DPKLOF 04:50.13	<b>366</b>			

**Item 19 12:15 Final 2 of 3 Men Senior 1500m**

1	WHITTAKER, NICHOLAS, P6143, 2001/11/30	UJ 03:50.08	<b>976</b>		Gold	ASA QUAL
2	MASHABA, MZWAKHE, P12613, 2002/12/20	UJ 03:58.39	<b>874</b>		Silver	
3	NGOBENI, JUSTICE, P2680, 1995/09/05	TIE 04:02.16	<b>830</b>		Bronze	
4	MASUKU, THOMAS, P26502, 2001/04/01	MAMEPE 04:20.69	<b>628</b>			
5	MAZIBUKO, SIPHO, P894, 2003/06/18	DMATHI 04:54.98	<b>329</b>			
6	MORALE, NEO, P9636, 2001/11/28	RUNZON 05:58.96	<b>28</b>			

**Item 19 12:15 Final 3 of 3 Men Senior 1500m**

1	DE FOUW, CORNÉ, J 40555, 2005/05/05	BOXER 03:53.68	<b>931</b>		Gold	ASA QUAL
2	MOGOKONYANE, BOIKANYO, J42553, 2006/09/26	BRKPAN 04:15.24	<b>685</b>		Silver	
3	SYLVIA, ISRAEL, J40384 , 2006/10/06	TMBISA 04:19.52	<b>640</b>		Bronze	
4	RATHOBOTHA, TUMELO, P4907, 1998/08/02	DPKLOF 04:35.49	<b>488</b>			
5	MAKUA, LUCAS, P19848, 2000/03/20	HBET 04:54.98	<b>329</b>			

**Item 20 12:30 Final Men Senior 10km Walk**





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1	MAVUNDLA, MZWAKHE, P16196, 1994/05/05	URITHI 0:47:44.42	<b>820</b>	8	Gold
2	POLILE, KAMOHELO, P24632, 2024/03/22	IKHAYA 0:52:10.00	<b>666</b>	7	Silver
3	SHOSHA, YAMKELA, J42493, 2007/06/16	UJ 0:52:22.71	<b>659</b>	6	Bronze
4	MASHIGO, THABISO, J42241, 2005/02/18	MASAI 0:52:47.87	<b>645</b>	5	
5	BETANA, TEBOGO, P16736 , 1994/10/21	RUNZON 0:54:43.05	<b>584</b>	4	
6	NTSHANGA, ATHENKOSI, J42352, 2007/03/04	WWAC 0:55:02.64	<b>574</b>	3	
7	MATSEBA, CASSIUS, P 12934, 1999/08/18	RUNZON 0:56:21.36	<b>535</b>	2	
8	CHABA, OLEBOGENG, J42357, 2007/07/08	WWAC 0:58:52.72	<b>463</b>	1	

**Item 21 13:00 Final Men Senior HighJump**

1	NYELELE, KATLEHO, P10637, 2000/01/10	UJ 2.05	<b>950</b>	8	Gold	ASA QUAL
2	MASWANGANYI, GAYISA, P11457, 2001/03/21	UJ 2.05	<b>950</b>	7	Silver	ASA QUAL
3	LUPHUZI, SISANDA, P11756, 2004/02/05	UJ 2.00	<b>910</b>	6	Bronze	ASA QUAL
4	LOUWRENS, JUSTIN, P10193, 2003/08/01	UJ 2.00	<b>910</b>	5		ASA QUAL
5	NDABA, NTANDROYETHU, P3394 , 2002/06/25	UJ 1.95	<b>870</b>	4		
6	SIKOSANA, LEBONE, J42258, 2008/02/11	PACERS 1.80	<b>740</b>	3		

**Item 21 13:00 Final Women Senior HighJump Pentathlon**

**Item 21 13:00 Final Men Senior HighJump Pentathlon**

**Item 22 13:00 Final Men Senior Discus**

1	BOSHOFF, XANDER, P7246, 1994/03/06	NORIES 33.67	<b>580</b>	8	Gold	2.000kg
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**Item 23 13:30 Heat 1 of 4 Women Senior 100m**

				<b>-2.0</b>	
1	PADI, RORISANG, , 1999/05/05	UJ 12.31	<b>930</b>		Gold
2	FAGBEMI, AMEENAT, J41464, 2006/04/18	GCHAC 12.52	<b>890</b>		Silver
3	BOTHA, CHANTE, P18615, 1993/05/25	UJ 13.12	<b>782</b>		Bronze
4	BOUWER, ANWIN, J42544, 2006/07/15	BRKPAN 13.13	<b>780</b>		
5	NGEMA, NONJA, P618, 2003/04/28	VUT 14.78	<b>516</b>		
6	DITSELE, KESAOBAKA, , 2004/06/10	VUT 16.23	<b>330</b>		

**Item 23 13:30 Heat 2 of 4 Women Senior 100m**

				<b>-2.6</b>	
1	LA GRANGE, KAYLA, J 41288, 2004/07/27	UJ 12.32	<b>928</b>		Gold
2	VAN WYK, DESIRÉ, P18694 , 1998/05/28	UJ 12.82	<b>835</b>		Silver
3	COWLING, ASHLEY, P16343, 2001/07/11	FFA 13.02	<b>798</b>		Bronze
4	EPOH, KAREN, P26472, 2003/12/02	PACERS 13.88	<b>653</b>		
5	CHAMBISSO, LOLA, P319, 2005/10/27	VUT 13.95	<b>642</b>		

**Item 23 13:30 Heat 3 of 4 Women Senior 100m**

				<b>-2.2</b>	
1	LE ROUX, LIANDI, P18976, 1992/12/01	UJ 12.55	<b>885</b>		Gold
2	STOLZ, JENNA, P19645, 2002/01/02	UJ 12.69	<b>858</b>		Silver
3	MAAKE, OFENTSE, P3495, 2001/06/19	MASAI 12.78	<b>842</b>		Bronze
4	NGOBENI, LUNGHILE, P19241, 2003/10/08	UJ 13.82	<b>663</b>		
5	AMADI-AHANEKU, CHIOMA, P676, 2004/11/30	VUT 14.27	<b>592</b>		

**Item 23 13:30 Heat 4 of 4 Women Senior 100m**

				<b>-1.1</b>		
1	KYEMBO, RAISSA, P19087, 1999/08/06	UJ 12.17	<b>958</b>		Gold	ASA QUAL
2	EZE, DIANA CHINYERE, J40909, 2006/09/10	32GI 12.35	<b>922</b>		Silver	
3	MOKOBI, KOKETSO, J42269, 2008/01/26	PACERS 14.67	<b>533</b>		Bronze	
4	SELESHO, KATLEGO, P605, 2003/05/09	VUT 14.73	<b>523</b>			
5	MARELETSE, NEO, P1060, 2001/10/13	VUT 15.84	<b>376</b>			

**Item 24 13:40 Heat 1 of 9 Men Senior 100m**

				<b>-1.4</b>	
1	MATABANE, KEAMOGETSWE, J42550, 2005/12/11	BRKPAN 11.05	<b>870</b>		Gold



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2	DE KLERK, JONATHAN, P 14693, 2001/07/12	GCHAC 11.09	<b>860</b>	Silver
3	NDHLOVU, THOMAS, P274, 2005/03/07	VUT 12.00	<b>615</b>	
4	THOMO, ZAKHELE, P 8193, 2000/02/17	UJ 13.64	<b>277</b>	Bronze

**Item 24 11:40 Heat 2 of 9 Men Senior 100m +0.1**

1	MLENGA, RETSHIDISITSWE, P10111, 2000/02/27	UJ 10.35	<b>1087</b>	Gold	ASA QUAL
2	LAMOLA, EMMANUEL, P19988 , 2004/12/05	TMBISA 11.12	<b>850</b>	Silver	
3	HALL, ALEXI, P4695, 1999/04/23	FFA 11.24	<b>817</b>	Bronze	

**Item 24 13:40 Heat 3 of 9 Men Senior 100m -3.6**

1	JOHNSON, CHESWILL, P11011, 1997/09/30	UJ 10.77	<b>953</b>	Gold	
2	EMMANUEL, JAMES, P411, 2000/12/29	UJ 10.81	<b>942</b>	Silver	
3	MBENDANA, SIFISO, P26582, 2004/10/13	WWAC 11.52	<b>738</b>	Bronze	
4	MOODIE, THOMAS, P11891, 1997/05/16	BOKS 11.74	<b>680</b>		
5	MOCHOSA, JONATHAN, P4662, 2024/02/20	TMBISA 11.87	<b>648</b>		

**Item 24 13:40 Heat 4 of 9 Men Senior 100m -1.0**

1	MABUZA, ASANDA, P19239, 2004/09/12	UJ 10.89	<b>918</b>	Gold	
2	KUBHEKA, SIPHIWE, J42551, 2007/03/12	BRKPAN 11.33	<b>790</b>	Silver	
3	RAMAGAGA, KOKETSO, P 896, 2004/06/17	VUT 11.50	<b>743</b>		
4	MOLOTO, JONATHAN, P19641, 2002/09/18	UJ 11.98	<b>620</b>	Bronze	
5	MALINGA, GREGORY, , 2002/07/14	VUT 12.46	<b>506</b>		

**Item 24 11:40 Heat 5 of 9 Men Senior 100m -2.7**

1	CHAKAIPA, CHRISTOPHER TAMUKA, P7184, 2002/04/08	UJ 11.15	<b>842</b>	Gold	
2	TLADI, MPH0, P6152, 1998/01/02	UJ 11.24	<b>817</b>	Silver	
3	KHOZA, TUMELO, P11868, 1997/09/15	UJ 11.65	<b>703</b>	Bronze	
4	MAHLANGU, JUNIOR, P 26228, 2002/09/08	EAST 11.95	<b>628</b>		
5	DUBE, SIPHIWE, P1068, 2002/12/11	VUT 12.01	<b>612</b>		

**Item 24 13:40 Heat 6 of 9 Men Senior 100m -3.3**

1	TSHIYOMBO, JAMES, P17996, 2004/12/25	TMBISA 10.82	<b>940</b>	Gold	
2	MOKOTO, LEEPO, P12798, 1993/05/27	UJ 11.35	<b>785</b>	Silver	
3	MARUMOLA, MOLEBOGENG, J42420, 2006/09/11	BRKPAN 11.51	<b>740</b>	Bronze	
4	HARTY, COLLIN, J42522, 2005/08/17	UJ 11.87	<b>648</b>		

**Item 24 13:40 Heat 7 of 9 Men Senior 100m -1.5**

1	SENONA, MALESELA, P20393, 1999/03/07	UJ 10.71	<b>973</b>	Gold	
2	SAKWE, OLOTHANDO, P12371, 2002/09/03	UJ 11.16	<b>840</b>	Silver	
3	MAPHANGA, MFUNDO, P3669 , 2002/08/04	UJ 11.30	<b>800</b>	Bronze	
4	MGAVU, RORISANG, P12356, 2001/10/08	UJ 11.33	<b>790</b>		
5	NDABA, THABO, P16715, 2000/07/06	PEAKP 20.41	<b>1</b>		

**Item 24 13:40 Heat 8 of 9 Men Senior 100m -0.6**

1	TSOTETSI, KAMOHELO, P2189, 2004/09/29	UJ 10.71	<b>973</b>	Gold	
2	MQOLO, PHUMZILE ENO, , 2001/04/28	UJ 10.74	<b>963</b>	Silver	
3	TLHAPI, OLEBOGENG, P10620, 2002/07/08	UJ 10.83	<b>937</b>	Bronze	
4	VAN ROOIJEN, MATTHEW, P4694, 2004/01/08	FFA 10.88	<b>920</b>		
5	PHIRI, HUDSON, P26742, 2003/01/15	BRKPAN 10.99	<b>888</b>		

**Item 24 13:40 Heat 9 of 9 Men Senior 100m -1.5**

1	MWAMBA, MANDLA, J42429, 2006/01/28	BRKPAN 11.05	<b>870</b>	Gold	
2	SCHOLTZ, REECE, P18870, 2001/06/28	UJ 11.28	<b>805</b>	Silver	
3	MOSIA, PABALLO, J41305, 2005/01/05	UJ 11.68	<b>695</b>	Bronze	



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4	VLOK, ANTON, P23063, 1984/10/05	MVAC 11.77	<b>672</b>
5	MATSEKANE, KATLEHO, P1046, 1994/04/23	MASAI 11.87	<b>648</b>

**Item 26 14:00 Final Men Senior LongJump**

1	SATEKGE, KARABO, P18766, 2000/10/07	UJ 7.89	<b>1112</b>	8	Gold	<del>46.4</del> AL
2	CHAUKE, AFIKA, J40374, 2006/07/06	TMBISA 6.98	<b>918</b>	7	Silver	<b>-1.1</b>
3	RAMAGAGA, KOKETSO, P 896, 2004/06/17	VUT 6.45	<b>804</b>	6		<b>-1.7</b>
4	MATSEKANE, KATLEHO, P1046, 1994/04/23	MASAI 6.24	<b>760</b>	5	Bronze	<b>-0.6</b>
5	HECTOR, JORDAN, J42227, 2008/01/13	PACERS 5.49	<b>602</b>	4		<b>-0.7</b>
6	MAXAMBELA, SFISO, P1814, 2000/03/22	COLOSS 5.24	<b>552</b>	3		<b>-0.5</b>

**Item 27 14:00 Final Men Senior Javelin**

800g

1	HECTOR, JORDAN, J42227, 2008/01/13	PACERS 36.84	<b>492</b>	8	Gold
2	MALINGA, GREGORY, , 2002/07/14	VUT 30.01	<b>396</b>	7	

**Item 28 14:10 Heat 1 of 5 Men Senior 400m**

1	MALULEKA, NAGREY, P895, 2003/03/09	VUT 0:50.64	<b>821</b>	
2	MATTHEWS, JASPER, P3046, 1998/01/21	GCHAC 0:55.54	<b>562</b>	Gold
3	VLOK, ANTON, P23063, 1984/10/05	MVAC 0:58.11	<b>445</b>	Silver

**Item 28 14:10 Heat 2 of 5 Men Senior 400m**

1	MOSAMEDI, MPHO, P 655, 1994/06/06	VUT 0:50.82	<b>811</b>	
2	AFRIKHA, DIAGO, ,	UJ 0:50.94	<b>804</b>	Gold
3	TLHAPI, TSHEPISO, P2378, 2002/10/17	FFA 0:51.49	<b>772</b>	Silver
4	MAKUME, KABELO, P26586 , 2000/12/15	ISMO 0:55.15	<b>580</b>	Bronze

**Item 28 14:10 Heat 3 of 5 Men Senior 400m**

1	DYOYI, ORATILE, J40596, 2006/02/18	DMATHI 0:51.59	<b>767</b>	
2	TSOTETSI, MORENA, P271 , 1993/04/23	DMATHI 0:53.25	<b>677</b>	
3	NXUMALO, MELVIN, P146, 2003/12/30	VUT 0:53.93	<b>642</b>	
4	MATHABA, LOANDA, J42254, 2008/01/13	PACERS 0:55.56	<b>561</b>	Gold

**Item 28 14:10 Heat 4 of 5 Men Senior 400m**

1	MASEKO, NHLANHLA, P6829, 2000/11/16	UJ 0:46.96	<b>1048</b>	Gold	ASA QUAL
2	MOHOLOBELA, KABELO, P 2122, 2000/12/02	UJ 0:47.56	<b>1009</b>	Silver	ASA QUAL
3	RYAN, KEATON, P 2161, 2000/02/21	UJ 0:50.21	<b>846</b>	Bronze	
4	THENTU, KABELO, P25929, 2003/11/19	NEDRR 0:53.53	<b>662</b>		
5	NGWENYA, JOSEPH, P16597, 1990/10/08	LESEDI 0:57.99	<b>450</b>		

**Item 28 14:10 Heat 5 of 5 Men Senior 400m**

1	PILLAY, LYTHER, P4330, 2003/02/25	UJ 0:45.30	<b>1159</b>	Gold	ASA QUAL
2	NONGAWUZA, WANDILE BENJAMIN, P3291, 1999/04/23	UJ 0:51.38	<b>779</b>	Silver	

**Item 29 14:30 Final Women Senior 3000m SteepleChase**

1	MOROMODI, LERATO, P14755, 2005/11/15	BOXER 11:34.54	<b>880</b>	8	Gold	ASA QUAL
2	SETHOWA, JOHANNAH, P12390 , 1998/07/07	UJ 12:25.65	<b>773</b>	7	Silver	ASA QUAL
3	MASHISHI, KHUNEDI, J41304, 2005/01/03	UJ 12:37.14	<b>750</b>	6	Bronze	ASA QUAL
4	SHOKANE, KGOPOTSO, J41273, 2005/08/29	UJ 13:00.78	<b>704</b>	5		ASA QUAL
5	LONA, DIKO, P26581, 2002/09/06	WWAC 13:16.74	<b>673</b>	4		
6	MTHOMBO, , J42459, 2006/10/31	LODIRI 16:15.94	<b>377</b>	3		

**Item 30 14:45 Final Men Senior 3000m SteepleChase**

1	MASHIGO, ORATILE, J42495, 2006/10/12	UJ 09:14.68	<b>934</b>	8	Gold	ASA QUAL
2	MAJA, THAROLLO, P26469, 2004/07/13	PALM 09:27.80	<b>883</b>	7	Silver	ASA QUAL





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3	MOUTON, JEAN, P 10463, 2002/07/25	BOXER 09:29.00	<b>878</b>	6	Bronze	ASA QUAL
4	MADUME, LETSEPA PRINCE, P12296, 2003/07/24	UJ 09:29.05	<b>878</b>	5		ASA QUAL
5	XOZA, LUBABALO, P16473, 2004/06/19	FFA 09:43.41	<b>823</b>	4		ASA QUAL
6	NGCOBO, SICELLO, P20038, 1993/06/09	KAGISO 09:48.87	<b>802</b>	3		ASA QUAL
7	NYILIKA, TONY, P3689, 1999/11/02	TMBISA 09:50.10	<b>798</b>	2		ASA QUAL
8	MOLEFE, BENNETT, P22433, 2000/06/19	HBET 09:57.49	<b>770</b>	1		
9	HLAKO, MATOME DERICK, P981, 2000/01/31	VUT 10:02.97	<b>751</b>	0		
10	MAKGATHO, THABANG, P3680, 1995/06/10	TMBISA 10:07.12	<b>736</b>	0		
11	BOKABA, ENOCH OFENTSE, P 8773, 2003/06/26	UJ 10:12.79	<b>716</b>	0		
12	SIWEYA, SUCCESS, P378, 2003/01/14	VUT 10:13.43	<b>713</b>	0		
13	NYATHI, KNOWLEDGE, P80018, 2001/11/10	LESEDI 10:30.49	<b>655</b>	0		
14	NXUMALO, SERGIO, P 8445, 2024/06/13	NEDSWT 11:10.53	<b>527</b>	0		
15	SOKUTHU, LINDILE, P21290, 1990/09/30	KAGISO 11:20.71	<b>497</b>	0		

**Item 31 15:00 Final Women Senior TripleJump**

1	NTSHINGILA, PATIENCE, P6845, 1989/08/26	UJ 12.81	<b>996</b>	8	Gold	<del>4.6</del> 4.1 QUAL
2	DOMBENI, MAHLATSE, , 1999/01/21	UJ 11.77	<b>891</b>	7	Silver	<b>-1.7</b> QUAL
3	MUYA, KALANGA OLIVIA, P11456, 2002/07/18	UJ 11.72	<b>886</b>	6	Bronze	<b>-2.6</b> QUAL

**Item 33 15:15 Final Men Senior 400m Hurdles**

0.914m

1	DHLAMINI, SABELLO, P4317, 1995/01/17	UJ 0:50.02	<b>1129</b>	8	Gold	ASA QUAL
2	HARMSE, LEWELLYN, J42323, 2006/12/10	BOXER 0:51.30	<b>1067</b>	7	Silver	ASA QUAL
3	SHALE, ORATILWE, J41299, 2005/07/12	UJ 0:53.08	<b>982</b>	6	Bronze	ASA QUAL
4	GARDEE, RASHEED, P1734, 2004/04/20	UJ 0:53.20	<b>977</b>	5		ASA QUAL
5	RAMATHE, KGOTSO, P18691, 2003/01/18	UJ 0:53.39	<b>968</b>	4		ASA QUAL

**Item 34 15:20 Final Women Senior 100m**

-2.0

1	LA GRANGE, KAYLA, J 41288, 2004/07/27	UJ 11.92	<b>1006</b>	8	Gold	ASA QUAL
2	KYEMBO, RAISSA, P19087, 1999/08/06	UJ 12.03	<b>986</b>	7	Silver	ASA QUAL
3	FAGBEMI, AMEENAT, J41464, 2006/04/18	GCHAC 12.27	<b>938</b>	5.5	Bronze	ASA QUAL
3	PADI, RORISANG, , 1999/05/05	UJ 12.27	<b>938</b>	5.5		ASA QUAL
5	EZE, DIANA CHINYERE, J40909, 2006/09/10	32GI 12.35	<b>922</b>	4		
6	LE ROUX, LIANDI, P18976, 1992/12/01	UJ 12.65	<b>866</b>	3		
7	STOLZ, JENNA, P19645, 2002/01/02	UJ 12.68	<b>860</b>	2		
8	MAAKE, OFENTSE, P3495, 2001/06/19	MASAI 13.40	<b>733</b>	1		

**Item 35 15:25 Final Men Senior 100m**

-2.4

1	MLENGA, RETSHIDISITSWE, P10111, 2000/02/27	UJ 10.40	<b>1070</b>	8	Gold	ASA QUAL
2	JOHNSON, CHESWILL, P11011, 1997/09/30	UJ 10.43	<b>1060</b>	7	Silver	ASA QUAL
3	SENONA, MALESELA, P20393, 1999/03/07	UJ 10.66	<b>990</b>	6	Bronze	
4	EMMANUEL, JAMES, P411, 2000/12/29	UJ 10.75	<b>960</b>	5		
5	TSOTETSI, KAMOHELO, P2189, 2004/09/29	UJ 10.79	<b>948</b>	4		
6	TSHIYOMBO, JAMES, P17996, 2004/12/25	TMBISA 10.82	<b>940</b>	3		
7	MQOLO, PHUMZILE ENO, , 2001/04/28	UJ 10.86	<b>927</b>	1.5		
7	TLHAPI, OLEBOGENG, P10620, 2002/07/08	UJ 10.86	<b>927</b>	1.5		

**Item 36 15:30 Final Women Senior 800m**

1	KRUSE, EMMA, P11092, 2005/05/31	CCJ 2:11.20	<b>971</b>	8	Gold	ASA QUAL
2	PRETORIUS, PRETORIUS, J40550, 2007/04/16	BOXER 2:12.63	<b>948</b>	7	Silver	ASA QUAL
3	WIJTENBURG, SANDRA, P19224, 2002/01/04	UJ 2:17.61	<b>869</b>	6	Bronze	
4	MABER, CARINA, P10462, 2001/03/23	BOXER 2:17.75	<b>867</b>	5		
5	MABHENA, FAITH, P19242, 2004/08/15	UJ 2:25.56	<b>750</b>	4		



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6	RAMATLADI, BAPABALELO, P12779, 2001/05/05	MAMEPE 2:38.44	<b>577</b>	3
7	MABASA, ANGEL, J 20437, 2004/03/28	VUT 2:53.46	<b>403</b>	2

**Item 37 15:45 Final Results Men Senior 800m**

1	MOTLHAMME, BOIKANYO, P18652 , 1995/08/11	UJ 1:50.06	<b>1025</b>	8	Gold	ASA QUAL
2	MSOMI, SANELE, P12520, 1998/12/17	UJ 1:51.74	<b>977</b>	7	Silver	
3	NDIMANDE, NTUTHUKO, P4190, 2001/05/16	UJ 1:54.36	<b>906</b>	6	Bronze	
4	VILJOEN, BRANDON, P5259, 1999/08/12	NEDRR 1:54.78	<b>895</b>	5		
5	VERMEULEN, JASON, P11337, 2003/03/22	KUDUS 1:55.53	<b>875</b>	4		
6	MOYO, ZAMMY, J40744, 2007/08/16	FFA 1:58.04	<b>810</b>	3		
7	SEBOPA, THABANG, P8309 , 1999/06/06	EEB2R 1:58.26	<b>804</b>	2		
8	SYLVIA, ISRAEL, J40384 , 2006/10/06	TMBISA 1:58.27	<b>804</b>	1		
9	MAKHUBELA, ALBERT, P8175, 2000/03/11	UJ 1:58.43	<b>800</b>	0		
9	MGCINA, BONGANI, P12064, 2002/09/02	UJ 1:58.43	<b>800</b>	0		
11	ZINYANE, YIVA, P900, 2004/12/16	VUT 1:58.47	<b>799</b>	0		
12	MAVUNDA, EVANS, P18868 , 2004/02/11	UJ 1:59.60	<b>771</b>	0		
13	KOZANA, MPUMELELO, J42543, 2006/07/26	BRKPAN 2:03.14	<b>686</b>	0		
14	MAHLOBO, DALUXOLO, P14748, 2004/07/21	BOXER 2:05.02	<b>643</b>	0		
15	MAHLANGU, JUNIOR, P 26228, 2002/09/08	EAST 2:05.62	<b>629</b>	0		
16	BRICE, DAMIAN, J40752, 2007/06/14	FFA 2:16.40	<b>412</b>	0		
17	KRETZINGER, DALE, P10830, 1986/09/30	WAC 2:22.10	<b>315</b>	0		

**Item 37 15:45 Final 1 of 4 Men Senior 800m**

1	VILJOEN, BRANDON, P5259, 1999/08/12	NEDRR 1:54.78	<b>895</b>		Gold
2	MOYO, ZAMMY, J40744, 2007/08/16	FFA 1:58.04	<b>810</b>		Silver
3	SEBOPA, THABANG, P8309 , 1999/06/06	EEB2R 1:58.26	<b>804</b>		Bronze
4	SYLVIA, ISRAEL, J40384 , 2006/10/06	TMBISA 1:58.27	<b>804</b>		
5	ZINYANE, YIVA, P900, 2004/12/16	VUT 1:58.47	<b>799</b>		
6	KRETZINGER, DALE, P10830, 1986/09/30	WAC 2:22.10	<b>315</b>		

**Item 37 15:45 Final 2 of 4 Men Senior 800m**

1	KOZANA, MPUMELELO, J42543, 2006/07/26	BRKPAN 2:03.14	<b>686</b>		Gold
2	MAHLOBO, DALUXOLO, P14748, 2004/07/21	BOXER 2:05.02	<b>643</b>		Silver
3	MAHLANGU, JUNIOR, P 26228, 2002/09/08	EAST 2:05.62	<b>629</b>		Bronze

**Item 37 15:45 Final 3 of 4 Men Senior 800m**

1	MSOMI, SANELE, P12520, 1998/12/17	UJ 1:51.74	<b>977</b>		Gold
2	MGCINA, BONGANI, P12064, 2002/09/02	UJ 1:58.43	<b>800</b>		Silver
3	BRICE, DAMIAN, J40752, 2007/06/14	FFA 2:16.40	<b>412</b>		Bronze

**Item 37 15:45 Final 4 of 4 Men Senior 800m**

1	MOTLHAMME, BOIKANYO, P18652 , 1995/08/11	UJ 1:50.06	<b>1025</b>		Gold	ASA QUAL
2	NDIMANDE, NTUTHUKO, P4190, 2001/05/16	UJ 1:54.36	<b>906</b>		Silver	
3	VERMEULEN, JASON, P11337, 2003/03/22	KUDUS 1:55.53	<b>875</b>		Bronze	
4	MAKHUBELA, ALBERT, P8175, 2000/03/11	UJ 1:58.43	<b>800</b>			
5	MAVUNDA, EVANS, P18868 , 2004/02/11	UJ 1:59.60	<b>771</b>			

**Item 38 16:00 Final Women Senior 800m Pentathlon****Item 39 16:00 Final Men Senior TripleJump**

1	HAITENGI, ROGER, P2153, 1983/09/12	UJ 15.81	<b>1038</b>	8	Gold	<del>46.9</del> QUAL
2	MPHEFU, JUNIOR, P18852, 1998/07/18	UJ 14.92	<b>945</b>	7	Silver	<del>-0.7</del> QUAL
3	LUPHUZI, SISANDA, P11756, 2004/02/05	UJ 14.83	<b>936</b>	6	Bronze	<del>-3.4</del> QUAL



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4	AFRIKANER, DAWID, P19935, 2002/06/03	UJ 14.64	<b>916</b>	5	<b>-0.9</b> QUAL
5	KUTUMELA, KAMOGELO, P897, 2001/06/14	VUT 14.21	<b>871</b>	4	<b>-1.5</b> QUAL

**Item 40 16:00 Final Women Senior Javelin**

600g

1	SITHEBE, SIYAMTHANDA, J42260, 2005/04/12	PACERS 21.67	<b>374</b>	8	Gold
2	DLADLA, SIBONGILE, P11543, 1989/08/13	MAMEPE 15.84	<b>268</b>	7	Silver
3	DE BRUYN, ANTWAR, J42265, 2006/01/01	PACERS 11.78	<b>194</b>	6	Bronze

**Item 41 16:05 Final Men Senior 1500m Pentathlon****Item 42 16:10 Final Women Senior 5000m**

1	DUMISA, SISANDA, P6117, 2000/08/23	UJ 18:11.73	<b>821</b>	8	Gold	ASA QUAL
2	MOROMODI, LERATO, P14755, 2005/11/15	BOXER 18:25.39	<b>799</b>	7	Silver	
3	COETZER, SAMANTHA, P5554, 1996/11/13	NEDRR 18:31.06	<b>790</b>	6	Bronze	
4	RAMATLADI, PALESA, P12781, 2001/05/05	MAMEPE 20:24.85	<b>619</b>	5		
5	MTHOMBO, , J42459, 2006/10/31	LODIRI 23:48.36	<b>365</b>	4		

**Item 43 16:35 Final Men Senior 5000m**

1	MULAUDZI, KABELO, P1180, 1998/01/01	BOXER 14:10.93	<b>964</b>	8	Gold	ASA QUAL
2	MHLANGA, CHRIS, ,	BOXER 14:20.63	<b>932</b>	7	Silver	ASA QUAL
3	MPHAHLELE, RYAN, P25960, 1998/06/20	FFA 14:34.74	<b>888</b>	6	Bronze	ASA QUAL
4	NTOE, PHEMELO, P11852, 2001/10/23	UJ 14:37.11	<b>880</b>	5		ASA QUAL
5	SIBIYA, NKOSINATHI, P12617, 1994/01/01	UJ 15:01.26	<b>806</b>	4		
6	MADUME, LETSEPA PRINCE, P12296, 2003/07/24	UJ 15:03.80	<b>799</b>	3		
7	NGOBENI, JUSTICE, P2680, 1995/09/05	TIE 15:07.41	<b>788</b>	2		
8	MADIOPE, KATLEGO, P12639, 2000/04/13	UJ 15:17.41	<b>759</b>	1		
9	BUCARIZZA, MARKO, P8040, 1988/12/22	EEB2R 15:19.14	<b>754</b>	0		
10	MARCAVELA, FERNANDO, P14514, 2004/12/09	MASAI 15:53.76	<b>657</b>	0		

**Item 44 16:55 Final Women Senior 400m**

1	VERMEULEN, CHANE, J41444, 2006/05/19	HSRB 0:54.76	<b>1022</b>	8	Gold	ASA QUAL
2	MOLEPO, PRECIOUS, J41303, 2005/02/15	UJ 0:54.86	<b>1019</b>	7	Silver	ASA QUAL
3	SEKESE, MPONTSHEG, P3507, 1999/02/17	MASAI 0:56.27	<b>967</b>	6	Bronze	ASA QUAL
4	NGONGO, AKONYI, J41271, 2004/05/05	UJ 0:56.30	<b>966</b>	5		ASA QUAL
5	STRONG, DAVIDA, J41871, 2008/06/02	IHT 0:56.64	<b>954</b>	4		ASA QUAL
6	ESTERHUYSE, VENÉ, J41433, 2007/10/02	HSRB 0:56.98	<b>941</b>	3		ASA QUAL
7	KRUSE, EMMA, P11092, 2005/05/31	CCJ 0:58.02	<b>905</b>	2		
8	SAKAROMBE, MONIQUE, P10849, 2004/07/11	UJ 1:00.22	<b>830</b>	1		

**Item 45 17:00 Final Men Senior 400m**

1	MASEKO, NHLANHLA, P6829, 2000/11/16	UJ 0:46.83	<b>1056</b>	8	Gold	ASA QUAL
2	MOHOLOBELA, KABELO, P 2122, 2000/12/02	UJ 0:46.99	<b>1046</b>	7	Silver	ASA QUAL
3	RYAN, KEATON, P 2161, 2000/02/21	UJ 0:49.60	<b>882</b>	6	Bronze	
4	MALULEKA, NAGREY, P895, 2003/03/09	VUT 0:50.38	<b>836</b>	5		
5	AFRIKHA, DIAGO, ,	UJ 0:50.61	<b>823</b>	4		
6	NONGAWUZA, WANDILE BENJAMIN, P3291, 1999/04/23	UJ 0:51.63	<b>764</b>	3		
7	MOSAMEDI, MPH0, P 655, 1994/06/06	VUT 0:51.78	<b>756</b>	2		