



**Meeting :CGA SENIOR CHAMPIONSHIPS  
2024/03/16 at UJ AUCKALND PARK STADIUM**



## PROGRAM

**Performance Scores: ASA 2020 table, Electronic Time, Height above sea=1661**

Seq	Time	Pit	Event	Category	Next	Spec
1	08:00		Final Women Senior 10km			
2	08:40		Final Men Senior 10km			
3	09:00		Final Men Senior 110m Hurdles			
3	09:00		Final Men Senior 110m Hurdles Pentathlon			
4	09:10		Final Women Senior 100m Hurdles			
4	09:10		Final Women Senior 100m Hurdles Pentathlon			
5	09:20		Final Women Senior 10km Walk			
6	09:30		Final Women Senior LongJump			
7	09:30		Final Women Senior Shotput			
8	09:30		Final Men Senior Hammer			
9	10:00		Heat 1 of 2 Women Senior 200m		(Final=21)	
10	10:10		Heat 1 of 8 Men Senior 200m		(Final=22)	
11	10:30		Final Men Senior 10km Walk			
12	10:30		Final Women Senior LongJump Pentathlon			
13	10:30		Final Men Senior LongJump Pentathlon			
14	10:30		Final Women Senior Hammer			
15	10:30		Final Women Senior HighJump			
16	11:05		Final Women Senior 1500m			
17	11:15		Final 1 of 3 Men Senior 1500m		(No final)	
18	11:30		Final Women Senior Discus			
19	11:30		Final Men Senior Shotput			
20	11:30		Final Men Senior HighJump			
21	11:30		Final Women Senior 200m			
22	11:35		Final Men Senior 200m			
23	11:45		Final Women Senior 800m			
24	11:50		Final 1 of 3 Men Senior 800m		(No final)	
25	12:00		Heat 1 of 2 Women Senior 100m		(Final=35)	
26	12:10		Heat 1 of 8 Men Senior 100m		(Final=36)	
27	12:20		Final Women Senior 3000m SteepleChase			
28	12:30		Final Men Senior Shotput Pentathlon			
29	12:30		Final Men Senior HighJump Pentathlon			
30	12:30		Final Women Senior Discus Pentathlon			
31	12:30		Final Men Senior 3000m SteepleChase			
32	12:30		Final Women Senior 400m Hurdles			
33	12:40		Final Men Senior 400m Hurdles			
34	13:05		Final Women Senior 5000m			
35	13:25		Final Women Senior 100m			
36	13:30		Final Men Senior 100m			
37	13:30		Final Men Senior LongJump			
38	13:30		Final Women Senior Javelin			
39	13:30		Final Women Senior HighJump Pentathlon			
40	14:00		Final Men Senior 5000m			
41	14:20		Heat 1 of 5 Men Senior 400m		(Final=54)	
42	14:30		Final Women Senior TripleJump			11m
43	14:30		Final Men Senior Discus			



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49	15:30	Final Men Senior TripleJump	13m
50	15:30	Final Men Senior Javelin	
51	15:40	Final Men Senior 1500m Pentathlon	
52	16:20	Final Women Senior 800m Pentathlon	
53	16:30	Final Women Senior 400m	
54	16:35	Final Men Senior 400m	