



CENTRAL GAUTENG
ATHLETICS



ZET SINQE SERIES MILE RESULTS 18 MAY 2024

5KM OPEN MILE

NAME	SURNAME	GENDER	SCHOOL/ CLUB	AGE	TIME
1. NKOSINATHI	SIBIYA	MALE	UJ	30	00:14:21
2. ZENZILE	PHEKO	MALE	KOPANO	19	00:14:33
3. KABELO	MELAMU	MALE	BOXER	27	00:14:52
4. ELLIOT	KUPA	MALE	DISTANCE RUN	28	00:15:01
5. KUTLWANO	MOLOTSI	MALE	KOPANO	19	00:15:05
6. KOPANO	MABOTE	MALE	MOHLAKENG A/C	19	00:15:10
7. NEO	MOTHAЕ	MALE	VORENTOE	17	00:15:16
8. FERNANDO	MACAVELE	MALE	MASAI	20	00:15:22
9. MMUSO	FOTOI	MALE	COLOSSUS	27	00:15:35
10. GRIFFS	MANYEDI	MALE	COLOSSUS	19	00:15:57
11. NHLANHLA	MGAGA	MALE	DISTANCE RUN	18	00:16:00
12. LWAZI	MKHANSI	MALE	BOXER	17	00:16:18
13. KGALALELO	MALODANE	MALE	COLOSSUS	17	00:16:22
14. KHOTHATSO	MONNATLALA	MALE	KOPANO	17	00:16:27
15. SERGIO	NXUMALO	MALE	NEDBANK	21	00:16:32
16. WANDILE	MATSHALILANGA	MALE	MOGALE CITIZENS	21	00:16:50
17. SHAUN	MTHETHWA	MALE	MOGALE CITIZENS	23	00:16:53
18. ESAK	NGUBANE	MALE	LESEDI	18	00:17:00
19. NEO	LEPHOLE	MALE	DISTANCE RUN	16	00:17:00
20. STEPHEN	JOUBERT	MALE	NOORDHEUWEL	15	00:17:08
21. ATHENKOSI	NTSHANGA	MALE	WORRIORS	17	00:17:41
22. WALTER	MABOTE	MALE	LESEDI	38	00:17:44

23.HAPPY	MATSHENYE	MALE	KOPANO	20	00:17:49
24. ZAKHELE	NDLOVU	MALE	LESEDI	16	00:17:49
25. KGOMO	THORISO	MALE	MOGALE CITIZENS	17	00:18:03
26. CORNELIA	JOUBERT	FEMALE	BOXER	36	00:18:21
27. PAPI	MOSHOLE	MALE	KOPANO	20	00:18:28
28. SISANDA	DUMISA	FEMALE	UJ	24	00:18:37
29. MARIA	SHAI	FEMALE	BOXER	37	00:19:41
30. TSHOGANYETSO	MORE	FEMALE	BOXER	14	00:19:50
31. RETHABILE	MOFUTSANA	FEMALE	DISTANCE RUN	14	00:19:55
32. NOLUTHANDO	MAMPANE	FEMALE	UJ	21	00:21:20
33. AMELY	CHAUKE	FEMALE	NEDBANK	23	00:22:22
34. LONA	DIKO	FEMALE	WORRIORS	18	00:22:23
35. THEMBA	KHUMALO	MALE	KGOTHALANG	21	00:22:50
36. SONNY	LEOPENG	MALE	N/A	68	00:24:18
37. SIPHOKAZI	FAKALAHLA	FEMALE	N/A	33	00:26:01
38. THABO	MBATHANE	MALE	N/A	26	00:31:42
39. VIVIAN	O' RAYN	FEMALE	N/A	55	00:33:27

GIRLS U/13 MILE

NAME	SURNAME	GENDER	SCHOOL/ CLUB	RACE NO.	TIME
1. KGOMOTSO	PHOLOANYANE	FEMALE	UJ	704	00:05:48
2. BOIPELO	MAGOA	FEMALE	MASAI	620	00:05:44
3. MAHLATSI	MAROGA	FEMALE	MASAI	619	00:05:48
4. NELLY	LONGWE	FEMALE	COOL RUNNING	600	00:05:51
5. MINEHLE	BUSUKU	FEMALE	WORRIORS	666	00:06:09
6. NTIVUYO	MNQINGO	FEMALE	WORRIORS	680	00:06:13
7. BOKANG	MZWELEZA	FEMALE	GERIT MARITZ	686	00:06:21
8. SHERNAAZ	BARNES	FEMALE	BOXER	609	00:06:29
9. SIBAHLE	TIVANI	FEMALE	NEDBANK	700	00:06:32
10. BONOLO	SEMELANE	FEMALE	GERIT MARITZ	617	00:06:35
11. LUBELINHLE	MNCUBE	FEMALE	NEDBANK	697	00:06:40
12. KENEILWE	DIKOBO	FEMALE	N/A	703	00:06:43
13. MINENTLE	QOBO	FEMALE	WORRIORS	652	00:06:48
14. BATHABILE	MALOPE	FEMALE	COOL RUNNING	602	00:06:51

15. ZANELE	SKHUNDA	FEMALE	RIETVALLEI	703	00:06:53
16. BONOLO	MANGENA	FEMALE	MASAI	630	00:06:54
17. SHARLEEN	QOBO	FEMALE	GERIT MARITZ	677	00:06:57
18. NOXOLO	SKHUNDLA	FEMALE	RIETVALLEI	695	00:07:01
19. OWETHU	MALULEKE	FEMALE	WORRIORS	678	00:07:09
20. NTSAKO	MNDAWE	FEMALE	WORRIORS	635	00:07:20
21. TINYIKO	MKHAWANI	FEMALE	COOL RUNNING	708	00:07:23
22. DIMAKATSO	KGOKOLOGA	FEMALE	COOL RUNNING	599	00:07:37
23. THANDEKA	FALE	FEMALE	WORRIORS	647	00:07:41

BOYS U/13 MILE

NAME	SURNAME	GENDER	SCHOOL/ CLUB	RACE NO.	TIME
1. HUDSON	SAMBO	MALE	WORRIORS	616	00:05:11
2. TLOTLISANG	SELLO	MALE	WORRIORS	649	00:05:15
3. COSTADIO	MUCAVELE	MALE	WORRIORS	648	00:05:17
4. MIHLE	MDLIVA	MALE	WORRIORS	656	00:05:18
5. OLWETHU	RAMASODI	MALE	MASAI	629	00:05:31
6. ALUNATHI	BALL	MALE	WORRIORS	646	00:00:05
7. SINETHEMBA	BILA	MALE	WORRIORS	716	00:05:41
8. OGINTANDO	MAYEZONA	MALE	N/A	682	00:05:44
9. RELO	NTSANE	MALE	MAPUTLO	667	00:05:48
10. REABETSOE	MTHIYA	MALE	COOL RUNNING	714	00:05:49
11. MURENDENI	PHAHLAHLA	MALE	MASAI	631	00:05:49
12. OLEBOGENG	KUSANOB	MALE	N/A	701	00:05:55
13. OWAM	KANA	MALE	WORRIORS	679	00:05:57
14. BANELE	MABHENA	MALE	IPELENG P.S	638	00:06:00
15. KAMOGELO		MALE	N/A	636	00:06:08
16. KEFILWE	TSUKULU	MALE	GERIT MARITZ	663	00:00:06
17. LINAMANDLA	MAFIKA	MALE	WORRIORS	689	00:06:10
18. SANELE	MTSHALI	MALE	COOL RUNNING	715	00:06:12
19.		MALE	N/A	650	00:06:12
20. INAGA		MALE	N/A	637	00:06:13
21. BAXOLELE	NOWANE	MALE	NEDBANK	692	00:06:13
22. LUBANZI	GECELO	MALE	GERIT MERITZ	665	00:06:14

23. KATLEHO	BANDA	MALE	COOL RUNNING	713	00:06:14
24. SIYANDA	SIMELANE	MALE	NEDBANK	696	00:06:14
25. ORATILE	KOMANE	MALE	NEDBANK	694	00:06:15
26. VUYANI	MAPHOSA	MALE	NEDBANK	699	00:06:15
27. KHANYISANI	KHUMALO	MALE	NEDBANK	698	00:06:17
28. THABO	TEFO	MALE	ISIQALO	651	00:06:25
29.		MALE	N/A	712	00:06:35
30. LETHABO	THOMAS	MALE	N/A	640	00:06:44
31. TOKOLLO	MOKAKABE	MALE	COOL RUNNING	711	00:07:04
32. DEANDRE	JOHNSTONE	MALE	UJ	668	00:07:14
33. JOSEPH		MALE	N/A	660	00:07:17
34. SIMPHIWE		MALE	N/A	664	00:07:27
35. ABDI	XONA	MALE	WORRIORS	687	00:07:31
36. LESEDI	MORUMO	MALE	N/A	624	00:07:39
37. WENZIWE	NKOSI	MALE	GERIT MARITZ	674	00:07:42
38. YAMIZA	BULANNA	MALE	N/A	644	00:07:51
39. TLHALEO		MALE	N/A	592	00:08:31
40. JABULANI	HLUNGWANE	MALE	N/A	615	00:09:02

GIRLS U/15 MILE

NAME	SURNAME	GENDER	SCHOOL/ CLUB	RACE NO.	TIME
1. TSHOGANYETSO	MORE	FEMALE	BOXER	604	00:05:36
2. MIRRIAM	MOEKETSI	MASAI	MASAI	628	00:05:41
3. MAPASEKO	MONGATANE	FEMALE	MASAI	623	00:05:54
4. TSWAI	MATLALA	FEMALE	N/A	709	00:06:17
5. NELLY	LONGWE	FEMALE	N/A	601	00:06:20
6. KARABO	NTSIBANDE	FEMALE	COOL RUNNING	725	00:06:25
7. GONTSE	QHALANE	FEMALE	KGATHALANG	645	00:06:46
8. BUSISIWE	BAIJANA	FEMALE	WORRIORS	655	00:07:14
9. LESEGO	NCENI	FEMALE	ISIQALO	594	00:08:03
10. MARIA	QHOTSI	FEMALE	N/A	726	00:08:46
11. VANDA	YOVENHERWA	FEMALE	N/A	719	00:09:58

BOYS U/15 MILE

NAME	SURNAME	GENDER	SCHOOL/ CLUB	RACE NO.	TIME
1. TUMELO	KONYANA	MALE	N/A	595	00:04:48
2. JUNIOR	NOAH	MALE	NA	683	00:05:01
3. LEFA	LEBOTSA	MALE	UJ	641	00:05:12
4. KAGISO	MHLATHI	MALE	COLOSSUS	639	00:05:17
5. SIPHENATHI	LUSIKI	MALE	WORRIORS	675	00:05:39
6. SIBONELO	GUMEDE	MALE	N/A	686	00:05:47
7. LEHLOHONOLO	KONYANA	MALE	LODIRILE	707	00:05:48
8. SELLO	DLOVANA	MALE	KGOTHALANG	662	00:05:49
9. ANDILE	MTHEMBU	MALE	N/A	684	00:05:52
10. KOKETSO	MASETLASA	MALE	COOL RUNNING	727	00:06:05

GIRLS U/17 MILE

NAME	SURNAME	GENDER	SCHOOL/ CLUB	RACE NO.	TIME
1. POLITE	MBOKANE	FEMALE	UJ	737	00:05:34
2. LUCIA	ILUNGA	FEMALE	THEMBISA	632	00:05:41
3. REAMOGETSE	RAGEDI	FEMALE	BOXER	608	00:05:46
4. TSHENOLO	SEBUENG	FEMALE	UJ	669	00:06:13
5. KARABO	TLAPI	FEMALE	UJ		00:06:14
6. ZINHLE	MJALE	FEMALE	COOL RUNNING	733	00:06:41
7. NOLUTHANDO	JEGEDE	FEMALE	QUEENS HIGH	658	00:07:06
8. KEDUMETJIE	MAIFO	FEMALE	COOL RUNNING	732	00:07:23

BOYS U/17 MILE

NAME	SURNAME	GENDER	SCHOOL/ CLUB	RACE NO.	TIME
1. MARIEGHLE	WSHEFILED	MALE	MONNAS	598	00:04:31
2. NEO	MOTHUE	MALE	UJ	691	00:04:44
3. LWAZI	MKHANSI	MALE	BOXER	723	00:04:48
4. AQHAMA	NORUSHE	MALE	UJ	596	00:04:51
5. KHUTHATSO	MONNATLALA	MALE	KOPANO	587	00:04:56
6. ATOMIC	KOMANA	MALE	COOL RUNNING	731	00:04:59
7. JUNIOR		MALE	N/A	593	00:05:00
8. MOKGETHI	NHLAPO	MALE	MASAI	622	00:05:01
9. LIZALISE	NAKE	MALE	LESEDI	605	00:05:11

10. KGALALELO	MAFOTANE	MALE	COLOSSUS	582	00:05:11
11. ZAKHELE	NDLOVU	MALE	LESEDI	607	00:05:15
12. NKOSANA	MAKHOKE	MALE	NEDBANK	690	00:05:16
13. MPH0	PILE	MALE	N/A	671	00:05:27
14. TSHEPO	MOHOROSI	MALE	N/A	681	00:05:32
15. LESEGO	JAFETA	MALE	N/A	670	00:05:33
16. XOLANI	BHENGU	MALE	KGOTHALANG	676	00:05:35

GIRLS U/19 MILE

NAME	SURNAME	GENDER	SCHOOL/ CLUB	RACE NO	TIME
1. LEBO	LEWATLE	FEMALE	UJ	738	00:05:23
2. TSWAI	MAHALA	FEMALE	COOL RUNNING	742	00:05:24
3. NONHLANHLA	MNYAKA	FEMALE	WORRIORS	643	00:05:44
4. NTHABISENG	MOKOTJO	FEMALE	WORRIORS	710	00:05:58
5. NOBUHLE	NBASA	FEMALE	WORRIORS	642	00:05:58
6. COURTNEY	SOLE	FEMALE	BOXER	721	00:06:05
7. KGOMOTSO	PHOLOANYARE	FEMALE	COOL RUNNING	741	00:06:47
8. PHOPHI	NELUHENI	FEMALE	WORRIORS	746	00:07:23
9. TSHENOLO	SEBUENG	FEMALE	UJ	744	00:07:24
10. NELLY	LONGWE	FEMALE	COOL RUNNING	740	00:08:16

BOYS U/19 MILE

NAME	SURNAME	GENDER	SCHOOL/ CLUB	RACE NO.	TIME
1. CORNE	FOUW	MALE	BOXER	722	00:04:19
2. ORATILE	MASHIGO	MALE	UJ	592	00:04:25
3. ZEZILE	PHEKO	MALE	KOPANO	585	00:04:30
4. BOKANG	MABOTE	MALE	MAC	119	00:04:38
5. KUTLWANO	MOLOTSI	MALE	KOPANO	586	00:04:41
6. GRIFFTHS	MONYEDI	MALE	COLOSSUS	584	00:04:45
7. SPHIWE	MAKH0BA	MALE	COOL RUNNING	736	00:04:51
8. ESAH	NGUBANE	MALE	LESEDI	603	00:05:01
9. FRANS	MOBOTJA	MALE	LESEDI	606	00:05:21
10. TAKA	LONGWE	MALE	COOL RUNNING	735	00:05:25
11. BUHLE	DOBE	MALE	N/A	729	00:05:49

12. SAMKELO	MONANA	MALE	COOL RUNNING	734	00:05:52
13. MESHACK	NKOMO	MALE	KGOTHALANG	757	00:06:07
14. THEMBA	KHUMALO	MALE	KGOTHALANG	728	00:06:58

OPEN WOMEN MILE					
NAME	SURNAME	GENDER	SCHOOL/ CLUB	RACE NO.	TIME
1. SISANDA	DUMISA	FEMALE	UJ	706	00:05:19
2. FAITH	MABENA	FEMALE	UJ	590	00:05:23
3. MARIA	SHAI	FEMALE	BOXER	613	00:05:25
4. CORNELIA	JOUBERT	FEMALE	BOXER	718	00:06:42
5. TEBOGO	MOKGOSINYANE	FEMALE	NEDBANK	759	00:07:10

OPEN MEN MILE					
NAME	SURNAME	GENDER	SCHOOL/ CLUB	RACE NO.	TIME
1. SIBUSISO	MSIBI	MALE	UJ	591	00:04:18
2. SANELE	MSOMI	MALE	UJ	572	00:04:19
3. KABELO	MELAMU	MALE	BOXER	610	00:04:29
4. MMUSO	FOTOI	MALE	COLOSSUS	583	00:04:35
5. FERNANDO	MACAVELE	MALE	MASAI	702	00:04:39
6. BONGANI	GUMEDE	MALE	MOGALE CITIZENS	612	00:04:56
7. LUXOLO	CANDLOVA	MALE	MASAI	724	00:05:01
8. SOMELIZO	NODLIWA	MALE	N/A	673	00:05:12
9. PAPI	MASHOLE	MALE	KOPANO	588	00:05:15
10. SIYANDA	PANGAZILE	MALE	UJ	743	00:05:19
11. ANJOLO	MASEHLE	MALE	WORRIORS	758	00:05:24
12. HAPPY	MASHIANE	MALE	KOPANO	614	00:05:38

GIRLS U/19 WALK					
NAME	SURNAME	GENDER	SCHOOL/ CLUB	RACE NO.	TIME
1. LEE	NYATHI	FEMALE	MASAI	633	00:07:53
2. KENEILWE	MHLARE	FEMALE	MASAI	626	00:08:50
3. TSHIRELETSO	SEKOROBEBE	FEMALE	WORRIORS	688	00:09:17
4. CELINA	MNDAWE	FEMALE	WORRIORS	654	00:09:33
5. OWAM	NZIMANDE	FEMALE	MASAI	621	00:09:52

6. OFENTSE	MASHIGO	FEMALE	MASAI	627	00:10:11
7. KGOTSO	KOLOBE	FEMALE	MASAI	634	00:10:47
8. KELETSO	TSOTETSI	FEMALE	MASAI	618	00:13:20

BOYS U/19 WALK

NAME	SURNAME	GENDER	SCHOOL/ CLUB	RACE NO.	TIME
1. TSHIDISO	MOLAPISI	MALE	UJ	589	00:07:07
2. MSIZI	NYEMBE	MALE	TUT	756	00:07:19
3. ATHENKOSI	NTSHANGA	MALE	WORRIORS	730	00:07:24
4. THABISO	MASHIGO	MALE	MASAI	625	00:07:39
5. OLEBOGENG	CHABA	MALE	WORRIORS	661	00:07:51
6. YAMKELA	SHOSHA	MALE	UJ	657	00:08:15
7. SELLO	DLOVANA	MALE	KGOTHALANG	743	00:09:00