



League 5 - 12 July - Westonaria Sports Complex

GIRLS UNDER 13 - 3KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-----------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1 | 1 | Kgomotso Pholaonyane | 4355 | Female | Prestige | 11:25 | Y | 2 |
| 2 | 2 | Nelly Longwe | 41877 | Female | Cool running | 11:48 | Y | 2 |
| 3 | 3 | Simnikiwe Cefile | 40858 | Female | Warriors of West | 11:59 | Y | 5 |
| 4 | 4 | Sihle Mbemba | 41311 | Female | Run Alex | 12:09 | Y | 5 |
| 5 | 5 | Mieke Van Rooyen | 42704 | Female | Monnas | 12:16 | Y | 3 |
| 6 | 6 | Retha Botha | 42710 | Female | Monnas | 12:26 | Y | 4 |
| 7 | 7 | Manana Mtolo | T5-099 | Female | Hts sasolburg | 12:44 | N | 1 |
| 8 | 8 | Ilse Louw | 40007 | Female | Hoerskool Noordheuwel | 12:45 | Y | 3 |
| 9 | 9 | Shalati Malokana | 42357 | Female | Nedbank | 12:57 | Y | 2 |
| 10 | 10 | Precious Mahlangu | 43076 | Female | Mogale Citizens AC | 13:15 | N | 3 |
| 11 | 11 | Hayley Reynolds | 42599 | Female | Riebies AC | 13:23 | Y | 3 |
| 12 | 12 | Makgala Mokoena | 42290 | Female | Brotherhood AC | 13:30 | Y | 4 |
| 13 | 13 | Puleng Bonolo Ngobeni | 42338 | Female | Nedbank | 13:38 | Y | 3 |
| 14 | 14 | Lucia Kubai | 42890 | Female | East AC | 13:40 | Y | 4 |
| 15 | 15 | Onalenna Mahasha | 43286 | Female | Lodirile AC | 14:50 | Y | 3 |
| 16 | 16 | Zukisa Dalasile | 42144 | Female | Run Alex | 16:53 | N | 4 |
| 17 | 17 | Nosipho Mkhonza | T5-127 | Female | Lodirile AC | 17:13 | N | 2 |
| 18 | 20 | Mohludi Menyatso | 40993 | Female | Gauteng striders | 20:23 | Y | 2 |

OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|---------------------|---------|--------|-----------------|-------|-------------|---------|
| Senior | 19 | Thompho Nematikonde | 42723-B | Male | FootPrint AC | 18:32 | N | 1 |
| Under 13 | 18 | Kedibone Ngatane | 43248-B | Male | Kagiso Striders | 17:39 | N | 1 |



League 5 - 12 July - Westonaria Sports Complex

BOYS UNDER 11 - 3KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|--------------------------|---------|--------|---------------------|-------|-------------|---------|
| 1 | 1 | Bonkang Maboya | 43272 | Male | Ubuhle | 10:53 | Y | 4 |
| 2 | 5 | Mooketsi Matome Ramannya | 42877 | Male | Thembisa AC | 11:21 | Y | 3 |
| 3 | 6 | Rorisang Moopelwa | 43032 | Male | KOPANO AC | 11:41 | N | 3 |
| 4 | 7 | Conor Cranston | T5-036 | Male | No Club | 11:48 | N | 3 |
| 5 | 9 | Christopher Britz | 40397 | Male | I have talent | 11:57 | Y | 3 |
| 6 | 12 | Caleb Oliver Smith | 41571 | Male | Run Zone | 12:01 | Y | 3 |
| 7 | 13 | Olebogeng Kujane | 41337 | Male | Warriors of West | 12:26 | Y | 4 |
| 8 | 15 | Inga Martins | 43091 | Male | Warriors of West | 12:35 | Y | 4 |
| 9 | 16 | Eneme Hadebe | T2-070 | Male | Distance Run Club | 12:36 | N | 3 |
| 10 | 17 | Anro Gouws | T5-010 | Male | No Club | 12:47 | N | 2 |
| 11 | 20 | Lisakhanya Majodina | 42483 | Male | Ekhaya | 12:58 | Y | 3 |
| 12 | 23 | Oratilwe Lebona | 42882 | Male | East AC | 13:22 | N | 3 |
| 13 | 24 | Keamogetswe Ramorei | 42848 | Male | Thembisa AC | 13:24 | Y | 4 |
| 14 | 26 | Thabang Maseluma | 43401 | Male | Run Smart AC | 13:52 | N | 2 |
| 15 | 27 | Mnqobi Zwane | 41264-B | Male | FootPrint AC | 14:02 | N | 3 |
| 16 | 28 | Alejandro Duvenage | 42783 | Male | Springs Striders AC | 14:04 | Y | 4 |
| 17 | 29 | Elias Sabisa | 41619 | Male | Orange farm AC | 14:37 | Y | 2 |
| 18 | 31 | Andile Phiri | 42500 | Male | Ekhaya | 14:53 | N | 3 |
| 19 | 34 | Tshegofatso Matsitela | 42160 | Male | Run Alex | 15:16 | Y | 5 |
| 20 | 35 | Letlhogonolo Ndlovu | 43066 | Male | Lara AC | 15:17 | N | 2 |



League 5 - 12 July - Westonaria Sports Complex

BOYS UNDER 12 - 3KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|--------------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1 | 2 | Joshua Madden | 42960 | Male | Upcoming Track Stars | 10;54 | N | 3 |
| 2 | 3 | Alunathi Ball | 43233 | Male | Warriors of West | 11:07 | Y | 4 |
| 3 | 4 | Caleb Roberts | 41162 | Male | Irun | 11;18 | N | 5 |
| 4 | 8 | Reabetswe Mngqobi Molefe | 40324 | Male | Colossus | 11:56 | Y | 3 |
| 5 | 10 | Lehlogonolo Ntswane | T5-080 | Male | Diepsloot AC | 11:58 | N | 3 |
| 6 | 11 | Koketso Steven Nkosi | 41456 | Male | United stars AC | 11:58 | Y | 3 |
| 7 | 14 | Reitumetse Noko | T5-155 | Male | Warriors of West | 12:33 | N | 1 |
| 8 | 18 | Cameron Rebello | 40086 | Male | Rand Road Warriors | 12:51 | N | 4 |
| 9 | 19 | Jaden Basson | 40045 | Male | Hoerskool Noordheuwel | 12:57 | Y | 3 |
| 10 | 21 | Ndzalama Mathebula | 43271 | Male | Langaville | 13:05 | N | 2 |
| 11 | 22 | Smangaliso Mbatha | 41284 | Male | Katlehong A.C | 13:09 | Y | 2 |
| 12 | 25 | Sbonelo Mveli | 42131 | Male | Run Alex | 13:29 | Y | 4 |
| 13 | 32 | Siyabonga Shongwe | 42163 | Male | Run Alex | 14:58 | N | 5 |
| 14 | 33 | Khathu Tshivanammbi | 43413 | Male | Run Smart AC | 15:08 | N | 2 |
| 15 | 36 | Abongwe Mubata | 43412 | Male | Run Smart AC | 15:40 | N | 2 |
| 16 | 37 | Kamogelo Mothibi | 43246 | Male | Kagiso Striders | 15:42 | Y | 3 |

OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|---------------------------------|---------|--------|-------------------------|-------|-------------|---------|
| Under 15 | 39 | Tshegofatso Tiisetso Molatlhegi | 40326 | Male | Colossus | 16:39 | N | 1 |
| Under 10 | 38 | Katlego Mthombothi | 43448 | Female | FootPrint AC | 16:04 | N | 1 |
| 45-49 | 30 | Hannes Joubert | T5-054 | Male | Laerskool Fontainebleau | 14:38 | N | 1 |



League 5 - 12 July - Westonaria Sports Complex

GIRL UNDER 11 - 3KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|------------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1 | 1 | Olerato Nyathela | 41335 | Female | Warriors of West | 13:15 | Y | 5 |
| 2 | 2 | Lesedi Dhladhla | 42891 | Female | East AC | 13:26 | N | 3 |
| 3 | 3 | Mahlatse Maroga | 42360 | Female | Nedbank | 13:41 | Y | 3 |
| 4 | 4 | Amy Whittington | 41040 | Female | Benoni Northerns | 13:44 | N | 4 |
| 5 | 5 | Refilwe Zavale | 41352 | Female | Warriors of West | 13:45 | Y | 4 |
| 6 | 8 | Atlegang Gaereke | 43033 | Female | KOPANO AC | 14:14 | N | 2 |
| 7 | 14 | Elke Venter | 40211 | Female | Helpmekaar AC | 14:29 | N | 2 |
| 8 | 15 | Ayethaba Ayakha Majali | 41447 | Female | United stars AC | 14:36 | Y | 3 |
| 9 | 21 | Lesedi Molantoa | 42896 | Female | East AC | 15:06 | Y | 3 |
| 10 | 23 | Mika Vandenneever | 41122 | Female | Lewensentrum | 15:15 | N | 3 |
| 11 | 25 | Tshegofatso Pokane | 43406 | Female | Run Smart AC | 15:32 | N | 2 |
| 12 | 26 | Botshelo Dalasile | 43247 | Female | Kagiso Striders | 15:56 | Y | 3 |
| 13 | 28 | Joanne Khama | 41448 | Female | United stars AC | 16:07 | Y | 3 |
| 14 | 29 | Karla Steyn | 40046 | Female | Hoerskool Noordheuwel | 16:31 | N | 3 |
| 15 | 30 | Tshepang Segodi | 41362 | Female | Rocky Road Runners | 16:34 | N | 2 |
| 16 | 31 | Mawethu Phejane | 43090 | Female | Mohlakeng AC | 16:36 | N | 3 |
| 17 | 32 | Simoné Engelbrecht | 41153 | Female | Peak Performance | 16:36 | Y | 3 |
| 18 | 36 | Hope Freeman | 42499 | Female | Ekhaya | 18:28 | N | 3 |
| 19 | 38 | Philile Lesedi Dikana | 40523 | Female | Waterfall City Ac | 19:03 | Y | 2 |
| 20 | 39 | Fanele Nzuza | 42489 | Female | Ekhaya | 19:04 | Y | 3 |



League 5 - 12 July - Westonaria Sports Complex

GIRLS UNDER 12 - 3KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-----------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1 | 7 | Mila Rossouw | 41048 | Female | Benoni Northerns | 14:58 | Y | 2 |
| 2 | 9 | Karabo Makube | 41627 | Female | Orange farm AC | 14:15 | Y | 2 |
| 3 | 11 | Elihle Nyezi | 41449 | Female | United stars AC | 14:17 | Y | 3 |
| 4 | 12 | Kayla Doman | 42625 | Female | FFA | 14:18 | Y | 4 |
| 5 | 13 | Itumeleng Mokgomogame | 41378 | Female | East AC | 14:23 | Y | 3 |
| 6 | 17 | Aligra Nell | 42535 | Female | Kempies | 14:44 | N | 2 |
| 7 | 19 | Basetsana More | 42339 | Female | Nedbank | 14:58 | Y | 3 |
| 8 | 20 | Mokgadi Monyela | 42142 | Female | Run Alex | 15:01 | Y | 3 |
| 9 | 24 | Manoko Mochebane | 42820 | Female | Cool running | 15:30 | N | 2 |
| 10 | 27 | Liamé Oosthuizen | 40040 | Female | Hoerskool Noordheuwel | 16:00 | Y | 3 |
| 11 | 34 | Owethu Zwane | 43216 | Female | Lara AC | 18:02 | N | 4 |
| 12 | 35 | Anele Nzuzo | 42491 | Female | Ekhaya | 18:20 | Y | 3 |
| 13 | 40 | Nqobile Setlhogomi | 40524 | Female | Waterfall City Ac | 19:29 | N | 3 |

OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-----------------------|---------|--------|--------------------------|-------|-------------|---------|
| 35-39 | 41 | Onalenna Tumane | 43252 | Female | Kagiso Striders | 24:43 | N | 1 |
| Senior | 37 | Thabisile Mashoai | 40995 | Female | Gauteng striders | 18:53 | N | 1 |
| Under 14 | 18 | Karla Joseph | 41511 | Female | Krugersdorp Road Runners | 14:51 | N | 1 |
| Under 14 | 33 | Chelzia Chivambo | T5-034 | Female | Run Alex | 16:50 | N | 1 |
| 35-39 | 6 | Batlhale Mabela | T5-020 | Male | Waterfall City Ac | 13:53 | N | 1 |
| Under 11 | 22 | Lubanzi Mangcipu | 41451 | Male | United stars AC | 15:11 | N | 3 |
| Under 12 | 10 | Kutloano Masoeu | 41561 | Male | Run Zone | 14:16 | N | 4 |
| Under 12 | 16 | Thandolwenkosi Ndlovu | 42111 | Male | Run Alex | 14:41 | NA | 5 |



League 5 - 12 July - Westonaria Sports Complex

BOYS UNDER 8 - 1KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|------------------------|---------|--------|---------------------|-------|-------------|---------|
| 1 | 1 | Katlego Dhlamini | T5-070 | Male | East AC | 04:05 | N | 2 |
| 2 | 3 | Kgothatso Phalane | 42335 | Male | Nedbank | 04:35 | N | 3 |
| 3 | 4 | Morero Tumelo Ramannya | 42876 | Male | Thembisa AC | 04:37 | Y | 3 |
| 4 | 6 | Tlhalefo Kujane | 41336 | Male | Warriors of West | 04:45 | Y | 4 |
| 5 | 8 | Jordan Whittington | 41041 | Male | Benoni Northerns | 04:46 | N | 4 |
| 6 | 9 | Bokamoso Mokhuane | 43093 | Male | Warriors of West | 04:51 | Y | 4 |
| 7 | 13 | Enrique Duvenage | 42784 | Male | Springs Striders AC | 04:57 | Y | 4 |
| 8 | 14 | Michael Leboela | 43086 | Male | Warriors of West | 04:57 | Y | 3 |
| 9 | 16 | Siyamthanda Ngcongo | 43088 | Male | Warriors of West | 05:03 | Y | 4 |
| 10 | 18 | Kganya Mphelane | 42337 | Male | Nedbank | 05:05 | Y | 3 |
| 11 | 22 | Siyabonga Sithole | 41351 | Male | Warriors of West | 05:14 | Y | 3 |
| 12 | 24 | Hanru Hamman | 41520 | Male | Benoni Northerns | 05:23 | N | 3 |
| 13 | 28 | Ndalo Nkosi | T5-119 | Male | Waterfall City Ac | 05:40 | N | 2 |
| 14 | 37 | Bruno Lucky Muvale | 41346 | Male | Warriors of West | 06:21 | Y | 4 |
| 15 | 43 | Thabang Lekata | 40990 | Male | Gauteng striders | 07:55 | N | 1 |

OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-----------------------------|---------|--------|---------------|-------|-------------|---------|
| 50-54 | 23 | Sebastian Britz | 40393 | Male | I have talent | 05:18 | N | 1 |
| Under 12 | 33 | Ditebogo Maleka | T5-045 | Male | FootPrint AC | 06:03 | N | 1 |
| Under 13 | 27 | Hlayiso Filbert Maswanganyi | T5-055 | Male | Rand Water | 05:30 | N | 1 |
| Under 14 | 31 | Layla Maleka | 42720 | Male | FootPrint AC | 05:55 | N | 1 |
| Under 9 | 7 | Hlomla Mfundo Songololo | 42492 | Male | Ekhaya | 04:46 | N | 2 |



League 5 - 12 July - Westonaria Sports Complex

GIRLS UNDER 8 - 1KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|------------------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1 | 2 | Kealeboga Sefala | 41446 | Female | United stars AC | 04:11 | Y | 3 |
| 2 | 5 | Omphile Kheswa | 43001 | Female | Scaw | 04:43 | N | 2 |
| 3 | 10 | Nyiko Ditshepiso Musa Maweng | 43204-B | Female | Boxer | 04:52 | N | 5 |
| 4 | 11 | Ntombizodwa Noah | 43092 | Female | Warriors of West | 04:54 | Y | 3 |
| 5 | 12 | Ntsako Mndawe | 43230 | Female | Warriors of West | 04:56 | Y | 4 |
| 6 | 15 | Akhona Xaba | 42503 | Female | Ekhaya | 05:02 | Y | 3 |
| 7 | 17 | Zahra-Lee Nelson | 41095 | Female | Benoni Northerns | 05:04 | Y | 4 |
| 8 | 19 | Mishumo Nemathaga | 41342 | Female | Warriors of West | 05:06 | Y | 5 |
| 9 | 20 | Amogelang Molefe | 43085 | Female | Warriors of West | 05:10 | Y | 4 |
| 10 | 21 | Gontse Tumane | 43253 | Female | Kagiso Striders | 05:10 | N | 3 |
| 11 | 25 | Ivanke Bezuidenhout | 42293 | Female | Netbank | 05:24 | N | 3 |
| 12 | 26 | Ithalanda Majali | 41452 | Female | United stars AC | 05:27 | N | 3 |
| 13 | 29 | Matshiliso Maqalika | 43249-B | Female | Kagiso Striders | 05:46 | N | 2 |
| 14 | 30 | Nia Heyns | 40035 | Female | Hoerskool Noordheuwel | 05:52 | N | 3 |
| 15 | 32 | Tshilidzi Maguga | 40889 | Female | Warriors of West | 05:59 | Y | 3 |
| 16 | 34 | Onkarabile Lepheana | 40342 | Female | Harambe AC | 06:04 | N | 3 |
| 17 | 35 | Rethabile Msimango | 43213 | Female | Boxer | 06:08 | N | 2 |
| 18 | 36 | Thapelo Lekena | 41000 | Female | Gauteng striders | 06:09 | N | 2 |
| 19 | 38 | Mmatlou Thopola | 42828 | Female | Cool running | 06:23 | N | 2 |
| 20 | 39 | Otshepeng Nyatlo | 43080 | Female | Mogale Citizens AC | 06:37 | N | 4 |
| 21 | 42 | Bohlale Maja | 40997 | Female | Gauteng striders | 07:50 | N | 1 |

OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-----------------------|---------|--------|------------------|-------|-------------|---------|
| Under 11 | 40 | Athandiswe | 42285 | Female | Gallopers AC | 06:45 | N | 3 |
| Under 13 | 41 | Ditshwanelo Sekonyela | 40998 | Female | Gauteng striders | 06:49 | N | 1 |



League 5 - 12 July - Westonaria Sports Complex

BOYS UNDER 10 - 2KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|--------------------------|---------|--------|------------------|-------|-------------|---------|
| 1 | 1 | Relopofaditswe Ntsane | 40854 | Male | Warriors of West | 07:31 | Y | 5 |
| 2 | 2 | D'Niel Grobler | 40215 | Male | Helpmekaar AC | 07:34 | Y | 3 |
| 3 | 4 | Junior Mwa | 43255 | Male | Thembisa AC | 07:56 | Y | 2 |
| 4 | 5 | Malakai Smuts | 42746 | Male | Irun | 08:01 | Y | 3 |
| 5 | 6 | Jesse Koketso Monareng | 43250 | Male | Kagiso Striders | 08:03 | Y | 3 |
| 6 | 9 | Bohlale Konyana | 43083 | Male | Warriors of West | 08:06 | Y | 4 |
| 7 | 10 | Likamva Mpongoma | 42133 | Male | Run Alex | 08:07 | Y | 5 |
| 8 | 13 | Tiaan Samuels | 43278 | Male | Brotherhood AC | 08:09 | Y | 4 |
| 9 | 18 | Kelebogile Samuel Mohale | 43059 | Male | Boxer | 08:14 | N | 3 |
| 10 | 19 | Lebone Masuku | 43207 | Male | Boxer | 08:21 | Y | 5 |
| 11 | 30 | Jason Snow | 42344 | Male | Nedbank | 09:44 | N | 2 |

BOYS UNDER 9 - 2KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|---------------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1 | 3 | Nqobile Themba Tshabalala | T5-129 | Male | KOPANO AC | 07:36 | Y | 1 |
| 2 | 8 | Simphiwe Magagula | 40856 | Male | Warriors of West | 08:04 | Y | 5 |
| 3 | 15 | Banele Ndlovu | 41348 | Male | Warriors of West | 08:10 | Y | 5 |
| 4 | 16 | Awenkosi Ncgezu | 41293 | Male | Katlehong A.C | 08:12 | N | 2 |
| 5 | 17 | Awonke Ncapai | 41286 | Male | Katlehong A.C | 08:13 | N | 3 |
| 6 | 22 | Henry Hamman | 41519 | Male | Benoni Northerns | 08:32 | Y | 3 |
| 7 | 23 | Lesedi Moremong | 40855 | Male | Warriors of West | 08:39 | Y | 4 |
| 8 | 27 | Warona Khumalo | 43285 | Male | Lodirile AC | 09:18 | N | 3 |
| 9 | 32 | Hanro Wohlfahrt | 40042 | Male | Hoerskool Noordheuwel | 09:51 | N | 3 |
| 10 | 33 | Isenathi Cadala | 41310 | Male | Run Alex | 09:52 | N | 5 |
| 11 | 42 | Tanatswa Kamucha | 40075 | Male | Soweto Harts AC | 10:20 | N | 3 |
| 12 | 47 | Omphile Lepheana | 40341 | Male | Harambe AC | 13:30 | N | 3 |
| 13 | 50 | Bandile Mogami | 41841 | Male | Boxer | 13:36 | Y | 5 |

OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-----------------------|---------|--------|------------------|-------|-------------|---------|
| Under 11 | 31 | Lianka Joseph | 41512 | Male | Krugersdorp Road | 09:50 | N | 1 |
| 35-39 | 35 | Joshua Kapp | T5-062 | Male | Monnas | 09:53 | N | 1 |
| Senior | 7 | Nyakallo Bridget Zimu | T5-136 | Male | KOPANO AC | 08:03 | N | 1 |



League 5 - 12 July - Westonaria Sports Complex

GIRLS UNDER 9 - 2KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|----------------------|---------|--------|-----------------------|--------|-------------|---------|
| 1 | 12 | Owethu Maluleke | 41343 | Female | Warriors of West | 08:08 | Y | 4 |
| 2 | 26 | Marli Reynolds | 42598 | Female | Riebies AC | 09:10 | Y | 3 |
| 3 | 29 | Oriswikisa Nemathaga | 41341 | Female | Warriors of West | 09:31 | Y | 5 |
| 4 | 34 | Siyamthanda Vilakazi | 42334 | Female | Nedbank | 09:52 | N | 3 |
| 5 | 36 | Dineo Nzuza | 42888 | Female | East AC | 09:54 | Y | 4 |
| 6 | 38 | Simone Gouws | 40038 | Female | Hoerskool Noordheuwel | 109:00 | Y | 3 |
| 7 | 45 | Mathapelo Banda | 42336 | Female | Nedbank | 11:20 | N | 3 |
| 8 | 46 | Sphesihle Mathe | 40553 | Female | Waterfall City Ac | 12:03 | N | 2 |
| 9 | 54 | Tshiamo Marumo | T5-219 | Female | RAC | 16:12 | N | 2 |
| 10 | 55 | Nokuthula Mkhalihi | 40987 | Female | Gauteng striders | 20:13 | N | 2 |

GIRLS UNDER 10 - 2KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|--------------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1 | 11 | Freda Mokwena | 43081 | Female | Mogale Citizens AC | 08:07 | N | 4 |
| 2 | 14 | Bonolo Khoza | 43209 | Female | Boxer | 08:09 | Y | 5 |
| 3 | 20 | Milané Gouws | 40039 | Female | Hoerskool Noordheuwel | 08:25 | Y | 3 |
| 4 | 21 | Liso Gcanga | 43095 | Female | Warriors of West | 08:31 | Y | 2 |
| 5 | 24 | Likhona Kubayi | 42892 | Female | East AC | 08:44 | Y | 3 |
| 6 | 25 | Lebo Mthetwa | 41624 | Female | Orange farm AC | 08:53 | N | 5 |
| 7 | 28 | Minenhle Langa | 43208 | Female | Boxer | 09:26 | N | 5 |
| 8 | 37 | Khanyisile Masiteng | 40838 | Female | Diepsloot AC | 09:56 | Y | 4 |
| 9 | 39 | Chiamaka Ngombane | 40552 | Female | Waterfall City Ac | 10:01 | N | 2 |
| 10 | 41 | Phophi Tshivanammbi | 43407 | Female | Run Smart AC | 19:05 | N | 2 |
| 11 | 43 | Retumetsi Lekena | 40999 | Female | Gauteng striders | 10:37 | N | 2 |
| 12 | 44 | Anashe Shone | 42493 | Female | Ekhaya | 11:12 | N | 4 |
| 13 | 48 | Bonolo Mogale | T5-028 | Female | Warriors of West | 13:32 | N | 3 |
| 14 | 51 | Lethabo Marumo | T5-085 | Female | RAC | 14:21 | N | 3 |
| 15 | 52 | Naledi Katlego Sebilwane | 43274 | Female | Gallopers | 14:32 | N | 2 |

OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-----------------|---------|--------|--------------|-------|-------------|---------|
| 50-54 | 49 | Banele Dlamini | 43447 | Female | FootPrint AC | 13:34 | N | 1 |
| Under 11 | 53 | Unako Magalela | 142148 | Female | Run Alex | 14:36 | N | 1 |
| Under 13 | 56 | Norah Mwa | 43264 | Female | Thembisa AC | | Y | 2 |
| Under 16 | 40 | Jonathan Nyathi | T5-061 | Female | No Club | 10:02 | N | 1 |



League 5 - 12 July - Westonaria Sports Complex

SENIOR WOMEN - 2KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|---------------------|---------|--------|-------------------------------|-------|-------------|---------|
| 1 | 4 | Londeka Mavimbela | 13611 | Female | UJ | 07:49 | Y | 3 |
| 2 | 6 | Mosale Thobejane | 15482 | Female | Lesedi AC | 08:02 | Y | 4 |
| 3 | 11 | Thubelihle Chilenge | 16183 | Female | Urithi | 08:39 | Y | 4 |
| 4 | 17 | Nthabiseng Mokotjo | 10190 | Female | Warriors of West | 09:22 | Y | 4 |
| 5 | 19 | Jennifer Sibiya | 16531 | Female | Cool running | 09:30 | N | 2 |
| 6 | 24 | Louisa Olivier | 14334 | Female | Nedbank | 09:34 | N | 1 |
| 7 | 25 | Hope Dube | 13377 | Female | GAUTENG SOCIAL DEVELOPMENT AC | 09:37 | Y | 3 |
| 8 | 26 | Mbali Malebo | 12277 | Female | Waterfall City Ac | 09:41 | Y | 2 |
| 9 | 27 | Palesa Lelimo | 25944 | Female | Nedbank | 09:52 | Y | 3 |
| 10 | 40 | Ofentse Mashego | 15901 | Female | Masai | 11:05 | Y | 1 |

YOUTH WOMEN - 2KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|---------------------|---------|--------|----------------------|-------|-------------|---------|
| 1 | 1 | Nicola Smith | 42478 | Female | Ekhaya | 07:15 | Y | 3 |
| 2 | 5 | Kelly-Lynn Barkley | 42292 | Female | Nedbank | 07:56 | Y | 3 |
| 3 | 7 | Tiyani Fourie | 42965 | Female | Upcoming Track Stars | 08:04 | Y | 2 |
| 4 | 16 | Olivia Sithote | T5-138 | Female | KOPANO AC | 09:22 | N | 2 |
| 5 | 20 | Koketjo Mokgwatjana | 41199 | Female | Far North | 09:31 | N | 2 |
| 6 | 22 | Mpho Motloug | T5-114 | Female | Ubuhle | 09:32 | N | 4 |
| 7 | 29 | Keneilwe Mhlare | 42364 | Female | Nedbank | 09:57 | Y | 3 |
| 8 | 30 | Karabo Ntsibande | 2123 | Female | Boxer | 10:02 | Y | 3 |
| 9 | 31 | Yolanda Khoza | T5-230 | Female | Waterfall City Ac | 10:03 | N | 1 |
| 10 | 32 | Lehakwe Makhudu | 42362 | Female | Nedbank | 10:11 | Y | 3 |
| 11 | 38 | Owam Nzimande | 40953 | Female | Masai | 10:43 | Y | 3 |
| 12 | 39 | Thato Rammalo | 40954 | Female | Masai | 10:46 | Y | 3 |



League 5 - 12 July - Westonaria Sports Complex

JUNIOR WOMEN - 2KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-------------------------|---------|--------|------------------|-------|-------------|---------|
| 1 | 2 | Hanri Pretorius | 41824 | Female | Boxer | 07:31 | Y | 3 |
| 2 | 3 | Courtney Sole | 41839 | Female | Boxer | 07:40 | Y | 3 |
| 3 | 10 | Refiloe Motlohi | 41945 | Female | UJ | 08:23 | Y | 3 |
| 4 | 14 | Lucie Ilanga | 42872 | Female | Thembisa AC | 09:03 | NA | 1 |
| 5 | 15 | Rapelang Seikaneng | 40867 | Female | Warriors of West | 09:13 | Y | 5 |
| 6 | 18 | Khensani Mthombo | 43280 | Female | Lodirile AC | 09:23 | Y | 4 |
| 7 | 23 | Simphiwe Radebe | 41406 | Female | Tsakane AC | 09:33 | Y | 3 |
| 8 | 33 | Kusaselihle Mbatha | T5-076 | Female | UJ | 10:16 | N | 2 |
| 9 | 34 | Refentse Magongoa | 11259 | Female | Old eds | 10:17 | Y | 2 |
| 10 | 36 | Noluthando Zethu Jegede | 42852 | Female | Thembisa AC | 10:32 | Y | 3 |
| 11 | 42 | Keletso Tsotetsi | 40955 | Female | Masai | 11:42 | Y | 3 |

OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|------------------------------|---------|--------|-------------------|-------|-------------|---------|
| 50-54 | 13 | Phyllis De Fouw | 24469 | Female | Boxer | 08:49 | N | 3 |
| Under 13 | 9 | Omphile Moloji | T5-142 | Female | KOPANO AC | 08:15 | Y | 2 |
| Under 14 | 28 | Bonolo Mangena | 42371 | Female | Nedbank | 09:55 | Y | 3 |
| Under 15 | 21 | Ntokozo Buthele | 42825 | Female | Cool running | 09:32 | N | 2 |
| Under 15 | 37 | Kgotso Kolobe | 42363 | Female | Nedbank | 10:40 | Y | 2 |
| Under 15 | 41 | Kagiso Ndlela | 40532 | Female | Waterfall City Ac | 11:15 | N | 3 |
| 45-49 | 35 | Amukalani Sentebaleng Mabasa | T5-234 | Male | No Club | 10:27 | N | 1 |
| 50-54 | 8 | Phethego Phasha | 13760 | Male | Scaw | 08:11 | N | 1 |
| Under 16 | 12 | Future Ndyalvane | 41466 | Male | United stars AC | 08:45 | N | 2 |



League 5 - 12 July - Westonaria Sports Complex

SENIOR MEN - 2KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|----------------------|---------|--------|-------------------|-------|-------------|---------|
| 1 | 2 | Thabang Sebopa | 8309 | Male | Born2Run | 06:07 | Y | 4 |
| 2 | 4 | Corné De Fouw | 41822 | Male | Boxer | 06:10 | Y | 2 |
| 3 | 5 | Thabo Masina | 12927 | Male | Waterfall City Ac | 06:13 | Y | 2 |
| 4 | 6 | Griffiths Manyedi | 16522 | Male | Nedbank | 06:15 | Y | 3 |
| 5 | 12 | Eden Hendricks | 24470 | Male | Boxer | 06:35 | Y | 3 |
| 6 | 19 | Israel Sylvia | 42865 | Male | Thembisa AC | 06:44 | N | 1 |
| 7 | 21 | Ncebo Khoza | T5-118 | Male | Ubhle | 06:45 | Y | 3 |
| 8 | 24 | Nomkela Shosha | T5-400 | Male | Boxer | 06:46 | N | 1 |
| 9 | 26 | Glen Dibakoane | T5-052 | Male | Katlehong A.C | 06:46 | N | 2 |
| 10 | 28 | Elvis M Ncube | 12712 | Male | Waterfall City Ac | 06:47 | N | 3 |
| 11 | 34 | Neo Lephole | 41952 | Male | UJ | 06:54 | N | 1 |
| 12 | 41 | Siphesihle Mbatha | T5-182 | Male | Ubhle | 07:01 | N | 4 |
| 13 | 47 | Lethu Linda Busakwe | 43203 | Male | Lesedi AC | 07:15 | Y | 2 |
| 14 | 53 | Linda Prince Mbonani | 13743 | Male | Waterfall City Ac | 07:24 | Y | 3 |
| 15 | 58 | Kabelo Ndumane | T5-401 | Male | KOPANO AC | 07:40 | N | 1 |
| 16 | 63 | Thabiso Mashigo | 10035 | Male | Colossus | 07:47 | Y | 2 |
| 17 | 68 | Neo Ramalia | T5-121 | Male | East AC | 08:02 | Y | 2 |
| 18 | 69 | Mluleki Mqoco | 15884 | Male | Tsakane AC | 08:02 | Y | 3 |



League 5 - 12 July - Westonaria Sports Complex

JUNIOR MEN - 2KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|------------------------|---------|--------|-------------------|--------|-------------|---------|
| 1 | 3 | Jack Molewa | 41115 | Male | Diepsloot AC | 06:09 | N | 3 |
| 2 | 8 | Mpumelelo Kozana | 42321 | Male | Nedbank | 06:24 | Y | 3 |
| 3 | 13 | Tako Longwe | T5-241 | Male | Cool running | 06:36 | N | 2 |
| 4 | 14 | Kgalalelo Mafojane | 40327 | Male | Colossus | 06:37 | Y | 1 |
| 5 | 18 | Esak Ngubane | T4-005 | Male | Boxer | 06:43 | Y | 2 |
| 6 | 20 | Theron Nobela | 40768 | Male | Tsakane AC | 06:45 | Y | 2 |
| 7 | 25 | Tumelo Mabote | 40315 | Male | Colossus | 06:46 | Y | 2 |
| 8 | 29 | Thebe Mabote | 40312 | Male | Colossus | 06:48 | Y | 2 |
| 9 | 33 | Nhlanhla Tenyane | 40754 | Male | Ubhle | 06:52 | Y | 1 |
| 10 | 38 | Moselane Tabudi | 40753 | Male | Ubhle | 06:58 | Y | 2 |
| 11 | 39 | Kagiso Lekote | 41445 | Male | Mohlakeng AC | 06:58 | N | 3 |
| 12 | 40 | Dumisani Nkoloti | 40621 | Male | Waterfall City Ac | 06:59 | Y | 3 |
| 13 | 42 | Omphemetse Motlhankane | 40313 | Male | Colossus | 07:092 | Y | 2 |
| 14 | 44 | Vusimuzi Mthembu | 40991 | Male | Gauteng striders | 07:07 | Y | 2 |
| 15 | 51 | Samkelo Manana | T5-240 | Male | Cool running | 07:22 | Y | 1 |
| 16 | 52 | Jabulani Mmusi | 41441 | Male | Mohlakeng AC | 07:23 | Y | 2 |
| 17 | 57 | Tumelo Matlebe | 42376 | Male | Nedbank | 07:39 | N | 3 |
| 18 | 61 | Thandolwethu Ntini | 40544 | Male | Waterfall City Ac | 07:45 | Y | 3 |
| 19 | 64 | Olebogeng Chaba | 40879 | Male | Warriors of West | 07:53 | Y | 2 |
| 20 | 67 | Tshiamo Moloko Dikgale | T5-220 | Male | Thembisa AC | 07:56 | N | 2 |
| 21 | 76 | Christian Sono | 40842 | Male | Diepsloot AC | 08:53 | N | 3 |



League 5 - 12 July - Westonaria Sports Complex

YOUTH MEN - 2KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-------------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1 | 7 | Sinethemba Munyai | 41503 | Male | Born2Run | 06:21 | Y | 3 |
| 2 | 9 | Keegan Coetzee | 40032 | Male | Hoerskool Noordheuwel | 06:25 | Y | 3 |
| 3 | 11 | Amogelang Mogoshane | 42853 | Male | Thembisa AC | 06:27 | N | 3 |
| 4 | 15 | Gabriel Makgane | 8110 | Male | Tuks A/C | 06:39 | N | 1 |
| 5 | 16 | Tumelo Konyana | 40877 | Male | Warriors of West | 06:40 | Y | 4 |
| 6 | 17 | Stephen Joubert | 40019 | Male | Hoerskool Noordheuwel | 06:41 | Y | 3 |
| 7 | 22 | Simphiwe Buzwa | 41798 | Male | Lesedi AC | 06:45 | Y | 3 |
| 8 | 23 | Prince Nkosi | 40555 | Male | Waterfall City Ac | 06:46 | N | 3 |
| 9 | 27 | Siboniseni Khanye | T5-172 | Male | Mohlakeng AC | 06:47 | N | 1 |
| 10 | 30 | Johannes Louw | 40133 | Male | Helpmekaar AC | 06:48 | Y | 3 |
| 11 | 31 | Liam Benade Van Niekerk | 42392 | Male | Hoerskool Randburg | 06:51 | Y | 2 |
| 12 | 32 | Lesedi Mphelane | 42355 | Male | Nedbank | 06:51 | Y | 2 |
| 13 | 35 | Teboho Nqolo | T5-193 | Male | Colossus | 06:55 | Y | 3 |
| 14 | 43 | Lunathi Zisile | 41593 | Male | Blue sky ac | 07:07 | N | 5 |
| 15 | 45 | Alizwa Mbasa Tefezayo | 11799 | Male | Brakpan | 07:07 | Y | 2 |
| 16 | 46 | Siphmandla Nkosi | 43223 | Male | Manoni | 07:12 | N | 3 |
| 17 | 49 | Junior Mojalefa Sibiya | 40765 | Male | Simunye Global AC | 07:21 | Y | 2 |
| 18 | 50 | Boitumelo Matabane | 40835 | Male | Diepsloot AC | 07:22 | N | 3 |
| 19 | 56 | Sanele Madladla | 40937 | Male | Gauteng striders | 07:38 | N | 2 |
| 20 | 60 | Sdingo Gama | 40535-B | Male | Waterfall City Ac | 07:45 | Y | 2 |
| 21 | 62 | Armand Van Wyk | T5-235 | Male | Monnas | 07:45 | N | 2 |
| 22 | 65 | Frans Ramorwalo | 40839 | Male | Diepsloot AC | 07:55 | N | 2 |
| 23 | 70 | Lesedi Mthombeni | 41206 | Male | Mohlakeng AC | 08:06 | Y | 3 |
| 24 | 74 | Nkosibonile Njenje | 40487 | Male | Katlehong A.C | 08:45 | N | 2 |
| 25 | 75 | Bongile Khosa | 41247 | Male | Miway Warriors | 08:51 | N | 2 |

OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|------------|---------|----------------------------|---------|--------|-------------------|-------|-------------|---------|
| 35-39 | 71 | Mncedisi Molefe | 16642 | Female | Cool running | 08:16 | N | 1 |
| 55-59 | 79 | Tshimollo Mampheko | 41248 | Female | Miway Warriors | 10:48 | N | 1 |
| Under 10 | 55 | Quinton Makgetlaneng | 26586 | Female | East AC | 07:36 | N | 1 |
| Under 11 | 66 | Bonga Zakhele Nkosi | 41374 | Female | Lesedi AC | 07:56 | N | 1 |
| Under 16 (| 36 | Bandile Malinga | 42359 | Female | Nedbank | 06:56 | N | 3 |
| 35-39 | 1 | Thabo Motaung | 16950 | Male | 32Gi | 06:02 | Y | 3 |
| 35-39 | 72 | Sizwe Zwane | 42083 | Male | Germiston Callies | 08:28 | N | 1 |
| 45-49 | 54 | Sifiso Ngcobo | T5-175 | Male | Ubuhle | 07:26 | N | 5 |
| Under 11 | 73 | Bilal Noah | T5-021 | Male | Warriors of West | 08:30 | Y | 4 |
| Under 12 | 78 | Tshiamo Motubatse | 43241 | Male | Warriors of West | 09:07 | Y | 2 |
| Under 13 | 48 | Sanele Mbongo | 2447 | Male | Sasol AC | 07:17 | N | 1 |
| Under 15 | 10 | Ethan Botha | 40186 | Male | Helpmekaar AC | 06:25 | Y | 4 |
| Under 15 | 37 | Lufuno Mokgothu | 42987-A | Male | Kagiso Striders | 06:56 | Y | 3 |
| Under 15 | 59 | Willem Jansen Van Rensburg | 42659 | Male | Monnas | 07:41 | Y | 3 |
| Under 15 | 77 | Bokang Marokoane | 40536 | Male | Waterfall City Ac | 08:53 | Y | 2 |



League 5 - 12 July - Westonaria Sports Complex

GIRLS UNDER 14 - 4KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-----------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1 | 4 | Boipelo Maroga | 42368 | Female | Nedbank | 16:12 | Y | 3 |
| 2 | 5 | Milan Botha | 40185 | Female | Helpmekaar AC | 16:19 | Y | 3 |
| 3 | 8 | Kesha-Lee Nel | 42542 | Female | Kempies | 16:39 | N | 3 |
| 4 | 9 | Tenishke Greyvensteyn | 40147 | Female | Helpmekaar AC | 17:08 | Y | 3 |
| 5 | 10 | Kara Beytell | 42528 | Female | Nedbank | 17:16 | Y | 3 |
| 6 | 11 | Amorè Zeelie | 40011 | Female | Hoerskool Noordheuwel | 17:22 | N | 3 |
| 7 | 13 | Thandeka Fale | 40899 | Female | Warriors of West | 17:52 | Y | 4 |
| 8 | 14 | Ripfumelo Mushoma | 40898 | Female | Warriors of West | 18:09 | Y | 3 |
| 9 | 15 | Ephrath Solomon Belay | T5-049 | Female | Ekhaya | 18:09 | N | 2 |
| 10 | 16 | Rhudzani Moswede | 43279 | Female | Lodirile AC | 18:13 | Y | 3 |
| 11 | 20 | Thandeka Dube | T5-203 | Female | Ubuhle | 19:39 | N | 3 |
| 12 | 22 | Anna Catharina Steyn | T5-007 | Female | No Club | 19:48 | N | 2 |
| 13 | 25 | Lezé Prinsloo | 40169 | Female | Helpmekaar AC | 20:53 | Y | 2 |
| 14 | 26 | Nthabiseng Makhubela | 42112 | Female | Run Alex | 21:37 | Y | 5 |
| 15 | 28 | Pitsi Matseba | 40530 | Female | Waterfall City AC | 22:10 | Y | 3 |
| 16 | 29 | Temogelo Mashuga | T5-196 | Female | KOPANO AC | 23:26 | N | 2 |
| 17 | 32 | Celina Mndawe | 40902 | Female | Warriors of West | 26:40 | Y | 3 |



League 5 - 12 July - Westonaria Sports Complex

GIRLS UNDER 15 - 4km

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|--------------------------|---------|--------|--------------------|-------|-------------|---------|
| 1 | 1 | Taya Pelser | 41821 | Female | Boxer | 15:02 | Y | 3 |
| 2 | 2 | Suné-Louise Prinsloo | T5-190 | Female | Helpmekaar AC | 15:04 | Y | 3 |
| 3 | 3 | Micaela Roome | 40189 | Female | Helpmekaar AC | 15:43 | Y | 4 |
| 4 | 6 | Tshoganyetso More | 41361 | Female | Curro Hazeldean | 16:32 | N | 1 |
| 5 | 7 | Iza Radebe | 40869 | Female | Warriors of West | 16:34 | Y | 5 |
| 6 | 12 | Kamogelo Daphney Ratsoma | 40531 | Female | Waterfall City Ac | 17:38 | Y | 3 |
| 7 | 17 | Taylor Maila | 42664 | Female | Monnas | 18:16 | N | 4 |
| 8 | 18 | Anke Steenberg | 42680 | Female | Hoerskool Monument | 19:20 | N | 3 |
| 9 | 19 | Tswai Matlala | 42822 | Female | Cool running | 19:34 | Y | 3 |
| 10 | 21 | Relebohile Fusi | T5-156 | Female | KOPANO AC | 19:47 | N | 2 |
| 11 | 24 | Masindi Msibi | 42130 | Female | Run Alex | 20:29 | Y | 4 |
| 12 | 27 | Busisiwe Mathibe | 40866 | Female | Warriors of West | 21:43 | Y | 4 |

OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|-------------|---------|--------------------|---------|--------|----------------------------|-------|-------------|---------|
| der 16 (You | 23 | Kyla Joseph | 41510 | Female | Krugersdorp Road Runners | 19:49 | N | 1 |
| Under 23 | 33 | Amature Tshabalala | T5-402 | Female | Gallopers AC | | N | 1 |
| Under 10 | 30 | Nkateko Wekeyo | T5-124 | Female | Run Alex | 24:38 | N | 1 |
| Under 12 | 31 | Ruthedo Gawazah | T5-160 | Female | Affies hoerskool sasolburg | 26:37 | N | 1 |



League 5 - 12 July - Westonaria Sports Complex

GIRLS UNDER 16 - 4KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|----------------------|---------|--------|--|-------|-------------|---------|
| 1 | 25 | Ubukhosi Manana | 40490 | Female | Katlehong A.C | 15:30 | N | 1 |
| 2 | 54 | Mapaseka Mongatane | 42370 | Female | Nedbank | 16:45 | Y | 3 |
| 3 | 56 | Maria Makoti | 41120 | Female | Diepsloot AC | 16:48 | N | 2 |
| 4 | 57 | Mbali Kamele | 40195 | Female | Helpmekaar AC | 16:51 | Y | 3 |
| 5 | 60 | Halalelo Mkansi | 42365 | Female | Nedbank | 17:15 | Y | 3 |
| 6 | 63 | Mirriam Moeketsi | 42369-A | Female | Nedbank | 17:21 | Y | 3 |
| 7 | 65 | Lida-Marí Badenhorst | 40182 | Female | Helpmekaar AC | 17:24 | Y | 4 |
| 8 | 72 | Nobongile Khosa | 41235 | Female | Miway Warriors | 17:56 | N | 2 |
| 9 | 73 | Axelle Nunes Churin | T5-014 | Female | Morningside Country Club Road Runners | 18:11 | N | 2 |
| 10 | 76 | Akhona Malebo | 40545 | Female | Waterfall City Ac | 19:06 | Y | 3 |

GIRLS UNDER 17 - 4KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|---------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1 | 44 | Lisa Vismer-Bartman | 41826 | Female | Boxer | 16:19 | Y | 3 |
| 2 | 55 | Lenthe Maré | 40018 | Female | Hoerskool Noordheuwel | 16:46 | Y | 4 |
| 3 | 62 | Reamogetse Ragedi | 41847 | Female | Boxer | 17:19 | Y | 2 |
| 4 | 66 | Jenna Westermeyer | 41848 | Female | Boxer | 17:27 | Y | 3 |
| 5 | 68 | Enreth Daniel | 42474 | Female | Ekhaya | 17:37 | Y | 3 |
| 6 | 78 | Tinyiko Khumalo | 40648 | Female | Scaw | 19:35 | Y | 5 |

OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|--------------------|---------|--------|----------------|-------|-------------|---------|
| 40-44 | 15 | Motlatsi Sesing | 42320 | Female | Nedbank | 15:08 | N | 1 |
| 40-44 | 70 | Netshedzo Mashamba | 43415 | Female | Run Smart AC | 17:51 | N | 1 |
| Under 13 | 84 | Lufuno NemaKonde | 42724 | Female | FootPrint AC | 20:56 | N | 1 |
| Under 9 | 80 | Tinyiko Nkhuna | 41124 | Female | Miway Warriors | 19:57 | N | 1 |
| Under 14 | 81 | Naledi Mthetwa | 41632 | Female | Orange farm AC | 20:18 | Y | 5 |



League 5 - 12 July - Westonaria Sports Complex

BOYS UNDER 14 - 4KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-------------------------|---------|--------|--------------------------|-------|-------------|---------|
| 1 | 1 | Atlehang Mokhobo | T5-013 | Male | Warriors of West | 15:05 | Y | 3 |
| 2 | 3 | Ruben Kleinsmith | 40188 | Male | Helpmekaar AC | 14:12 | N | 3 |
| 3 | 4 | Thabane Lebe | 41305 | Male | KOPANO AC | 14:27 | Y | 3 |
| 4 | 6 | Neo Nkeane | 41477 | Male | Simunye Global AC | 14:31 | Y | 2 |
| 5 | 7 | Mohau Tlou Ramannya | 42878 | Male | Thembisa AC | 14:33 | Y | 3 |
| 6 | 9 | Thulani Mxoxo | T5-403 | Male | KOPANO AC | 14:52 | N | 1 |
| 7 | 14 | Dimpho Kingsley Bowale | 40831 | Male | Diepsloot AC | 14:59 | Y | 4 |
| 8 | 17 | Sihle Nyezi | 41462 | Male | United stars AC | 15:15 | Y | 3 |
| 9 | 18 | Luan Louw | 41505 | Male | Krugersdorp Road Runners | 15:15 | Y | 3 |
| 10 | 20 | Karabo Diale | 40890 | Male | Warriors of West | 15:25 | Y | 1 |
| 11 | 22 | Nkosana Mbatha | 41631 | Male | Orange farm AC | 15:26 | N | 5 |
| 12 | 27 | Siyanda Simelane | 42389 | Male | Nedbank | 15:40 | Y | 2 |
| 13 | 28 | Johnson Rambuda | 41119 | Male | Diepsloot AC | 15:43 | N | 3 |
| 14 | 41 | Shongwe Khabo | 40901 | Male | Warriors of West | 16:13 | N | 4 |
| 15 | 53 | Xolani .P. Khumalo | 42843 | Male | Thembisa AC | 16:43 | N | 4 |
| 16 | 58 | William Opperman | T4-343 | Male | Ubuhle AC | 17:07 | N | 2 |
| 17 | 61 | Bokamoso Masoeu | 41562 | Male | Run Zone | 17:18 | N | 3 |
| 18 | 64 | Aidan Coetzee | 40033 | Male | Hoerskool Noordheuwel | 17:24 | N | 2 |
| 19 | 67 | Nkosinathi Ndlovu | 41291 | Male | Katlehong A.C | 17:31 | Y | 2 |
| 20 | 69 | Karabo Tyelapantsi | 41589 | Male | Blue sky ac | 17:48 | N | 2 |
| 21 | 71 | King Boitshelo Masiteng | 41118 | Male | Diepsloot AC | 17:55 | Y | 4 |
| 22 | 74 | Sibusiso Ndlovu | T5-174 | Male | Diepsloot AC | 18:11 | NA | 2 |
| 23 | 75 | Willem Badenhorst | 43064 | Male | Linden Runner | 18:24 | N | 2 |



League 5 - 12 July - Westonaria Sports Complex

BOYS UNDER 15 - 4KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|----------------------|---------|--------|--------------------------|-------|-------------|---------|
| 1 | 2 | Teko April Tsotetsi | 40737 | Male | KOPANO AC | 14:05 | Y | 2 |
| 2 | 5 | Zian Grobler | 40187 | Male | Helpmekaar AC | 14:28 | Y | 3 |
| 3 | 8 | Victor Kekana | 43078 | Male | Mogale Citizens AC | 14:49 | N | 2 |
| 4 | 10 | Sihel Mbatha | 42869 | Male | Thembisa AC | 14:53 | N | 4 |
| 5 | 11 | Siphenathi Lusiti | 40891 | Male | Warriors of West | 14:53 | Y | 3 |
| 6 | 12 | Kgosietsile Gabaya | 40085 | Male | Kagiso Striders | 14:57 | Y | 4 |
| 7 | 13 | Kgadishi Mochebane | 42824 | Male | Cool running | 14:59 | N | 2 |
| 8 | 16 | Letlhohonolo Konyana | 43282 | Male | Lodirile AC | 15:09 | Y | 4 |
| 9 | 19 | Lebohlang Tsotetsi | T5-078 | Male | Thembisa AC | 15:20 | N | 3 |
| 10 | 21 | Khotso Jafta | 41114 | Male | Diepsloot AC | 15:26 | N | 4 |
| 11 | 23 | Arnold Mailula | 42433 | Male | Hoerskool Randburg | 15:27 | Y | 3 |
| 12 | 24 | Andile Mthembu | 40886 | Male | Warriors of West | 15:27 | Y | 4 |
| 13 | 26 | Omphile Mathobela | 42898 | Male | East AC | 15:38 | Y | 3 |
| 14 | 30 | Matsobane Mthombene | 43058 | Male | Boxer | 15:48 | N | 3 |
| 15 | 31 | Bokang Mafako | 42407 | Male | Hoerskool Randburg | 15:48 | Y | 3 |
| 16 | 32 | Thamsanqa Mkhathswa | 40543 | Male | Waterfall City Ac | 15:50 | Y | 3 |
| 17 | 33 | Iyazi Ndhlovu | T5-059 | Male | No Club | 15:50 | N | 2 |
| 18 | 34 | Jay Mhlongo | 42390 | Male | Nedbank | 15:51 | N | 2 |
| 19 | 35 | Kgaogelo Thipa | 42821 | Male | Cool running | 16:00 | N | 3 |
| 20 | 36 | Tshepo Madlala | 41076 | Male | Blue sky ac | 16:02 | N | 4 |
| 21 | 37 | Teboho Sefatsa | T5-194 | Male | Manoni | 16:04 | N | 2 |
| 22 | 38 | Rethabile Mofutsana | 42838 | Male | Distance Run Club | 16:09 | N | 2 |
| 23 | 42 | Jan Kruger | 42384 | Male | Nedbank | 16:14 | Y | 2 |
| 24 | 43 | Benjamin Fogwell | 41509 | Male | Krugersdorp Road Runners | 16:16 | N | 3 |
| 25 | 45 | Mila Rashuza | 41577 | Male | Blue sky ac | 16:29 | N | 4 |
| 26 | 46 | Chris Johnson | 40887 | Male | Warriors of West | 16:30 | N | 3 |
| 27 | 47 | Amohelang Mochatsi | T5-003 | Male | Benoni Northerns | 16:31 | N | 2 |
| 28 | 50 | Sibongiseni Mashile | T2-072 | Male | Distance Run Club | 16:36 | N | 2 |
| 29 | 51 | Thabiso Ndlovu | 41582 | Male | Blue sky ac | 16:40 | N | 1 |
| 30 | 52 | Sibusiso Khasake | T5-404 | Male | East AC | 16:41 | N | 1 |
| 31 | 79 | John Petrus Visser | 40003 | Male | Hoerskool Noordheuwel | 19:54 | Y | 3 |
| 32 | 83 | Karabo Thentu | 42340 | Male | Nedbank | 20:22 | N | 2 |

OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|-------------------|---------|-------------------|---------|--------|------------------|-------|-------------|---------|
| 45-49 | 59 | Capleton Mudadi | 40077 | Male | Soweto Harts AC | 17:11 | N | 1 |
| Under 10 | 39 | Costodio Muvale | T5-037 | Male | Warriors of West | 16:10 | N | 1 |
| Under 10 | 77 | Mandla Nyathi | T5-100 | Male | No Club | 19:18 | N | 3 |
| Under 12 | 40 | Emmanuel Mogashoa | T5-048 | Male | Diepsloot AC | 16:13 | N | 1 |
| Under 19 (Junior) | 49 | Bokang Malapela | 42386 | Male | Gallopers AC | 16:35 | N | 1 |
| Under 8 | 29 | Lerato Nlhapo | 40738 | Male | KOPANO AC | 15:45 | N | 1 |
| Under 8 | 48 | Hudson Sambo | 40535-A | Male | Warriors of West | 16:32 | N | 1 |
| | 82 | | 41334 | | | 20:22 | | |



League 5 - 12 July - Westonaria Sports Complex

BOYS UNDER 13 - 4KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|------------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1 | 1 | Kade Booysen | 41874 | Male | Boxer | 14:32 | Y | 2 |
| 2 | 2 | Pieter Labuschagne | 42184 | Male | 32Gi | 14:38 | Y | 2 |
| 3 | 3 | Matthew Pietroiusti | 42757 | Male | Irun | 14:52 | Y | 3 |
| 4 | 4 | Tokelo Lenkokile | T5-214 | Male | KOPANO AC | 15:02 | N | 3 |
| 5 | 5 | Sinethemba Bila | 40861 | Male | Warriors of West | 15:04 | Y | 5 |
| 6 | 7 | Armand Botha | 42952 | Male | Upcoming Track Stars | 15:05 | Y | 3 |
| 7 | 8 | Tumelo Kgatse | T5-223 | Male | Warriors of West | 15:32 | Y | 3 |
| 8 | 10 | Olwethu Ramasodi | 42366 | Male | Nedbank | 15:35 | Y | 3 |
| 9 | 11 | Lance Gray | 42047 | Male | Fourways road runners | 15:37 | Y | 3 |
| 10 | 12 | Joshua Broughton | 41531 | Male | Benoni Northerns | 15:38 | Y | 3 |
| 11 | 13 | Adrian Venter | 42597 | Male | Riebies AC | 15:43 | Y | 3 |
| 12 | 14 | Aaryan Naidoo | 40370 | Male | I have talent | 15:50 | N | 2 |
| 13 | 15 | Anton Cornelius Bazhko | 42434 | Male | Hoerskool Randburg | 16:01 | Y | 4 |
| 14 | 16 | Katlego Nakana | 43248-A | Male | Kagiso Striders | 16:03 | Y | 2 |
| 15 | 17 | Tlotlisang Sello | 41347 | Male | Warriors of West | 16:06 | Y | 3 |
| 16 | 18 | Koena Thopola | 42830 | Male | Cool running | 16:11 | N | 2 |
| 17 | 20 | Vuyani Maphosa | 42326 | Male | Nedbank | 16:20 | N | 3 |
| 18 | 24 | Wandile Zandamela | T2-068 | Male | Distance Run Club | 16:59 | N | 3 |
| 19 | 27 | Olwam Luvuno | 423329 | Male | Nedbank | 17:03 | N | 3 |
| 20 | 28 | Kalab Adisse | T5-065 | Male | Warriors of West | 17:04 | Y | 2 |
| 21 | 32 | Sihle Vela Buthelezi | 42494 | Male | Ekhaya | 17:38 | Y | 4 |
| 22 | 36 | Siyabonga Radebe | 41620 | Male | Orange farm AC | 18:02 | Y | 2 |
| 23 | 38 | Daniel Joubert | 42639 | Male | Randburg Harriers | 18:21 | N | 2 |
| 24 | 42 | Cain Makama | 43300 | Male | Lodirile AC | 18:26 | Y | 1 |
| 25 | 46 | Moses Boikanyo | T5-110 | Male | Lodirile AC | 18:37 | N | 2 |
| 26 | 53 | Lethabo Mnisi | 40074 | Male | Soweto Harts AC | 19:28 | Y | 3 |
| 27 | 55 | Calvin Kotze | 42435 | Male | Nedbank | 19:35 | Y | 3 |
| 28 | 57 | Ethan Joshua Smith | 41563 | Male | Run Zone | 20:04 | Y | 3 |
| 29 | 58 | Oratilwe Matshaba | 42294 | Male | Nedbank | 20:08 | Y | 3 |
| 30 | 70 | Joshua Williams | 43410 | Male | Run Smart AC | 21:23 | N | 2 |
| 31 | 87 | Thembinkosi Nkomo | 42138 | Male | Run Alex | 23:59 | N | 5 |

OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|-------------|---------|-----------------------|---------|--------|--------------|-------|-------------|---------|
| 40-44 | 108 | Asanda Magalela | 19071 | Male | SAPG | | N | 1 |
| Under 10 | 105 | Atlehang Matlabe | 41264-A | Male | FootPrint AC | | N | 1 |
| Under 11 | 22 | Khanyisani Khumalo | 42332 | Male | Nedbank | 16:51 | N | 3 |
| Under 11 | 29 | Baxolele Ncwane | 42333 | Male | Nedbank | 17:15 | Y | 3 |
| Under 11 | 60 | Bokang Matsetela | 42159 | Male | Run Alex | 20:12 | N | 5 |
| Under 12 | 31 | Sbusiso Moyo | 42331 | Male | Nedbank | 17:21 | N | 3 |
| Under 12 | 65 | Otshepegile Ramohlale | 41331 | Male | Qhubeka | 21:00 | N | 4 |
| Under 14 | 6 | Gofamodimo Lekaba | 40321 | Male | Colossus | 15:05 | N | 2 |
| Under 15 | 25 | Sibahle Dlala | 42164 | Male | Run Alex | 17:02 | N | 1 |
| der 16 (You | 49 | Teboho Motloung | T5-192 | Male | KOPANO AC | 18:48 | N | 1 |
| Under 23 | 19 | Gedeon Batala | T5-050 | Male | Thembisa AC | 16:14 | N | 1 |
| Under 8 | 92 | Dikeledi Robathata | T5-043 | Male | FootPrint AC | 25:18 | N | 1 |
| | 21 | No Name | | | | 16:44 | | |
| | 107 | | 42149 | | | | | |



League 5 - 12 July - Westonaria Sports Complex

SUB VETERAN WOMEN (35-39)- 4KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-------------------------|---------|--------|-------------------|-------|-------------|---------|
| 1 | 9 | Cornelia Joubert | 1396 | Female | Boxer | 15:35 | Y | 3 |
| 2 | 30 | Charine Kruger | 4125 | Female | Nedbank | 17:16 | Y | 3 |
| 3 | 54 | Pulane Mokhele | T5-153 | Female | Harambe AC | 19:30 | N | 2 |
| 4 | 56 | Thando Sithole | 9307 | Female | Katlehong A.C | 20:00 | N | 2 |
| 5 | 62 | Thabang Mofokeng | T5-198 | Female | Rand Water | 20:34 | N | 1 |
| 6 | 76 | Mpho Mphelane | 25945 | Female | Nedbank | 21:47 | Y | 3 |
| 7 | 78 | Melinda Nkolombo | 17119 | Female | Standard Bank AC | 22:00 | N | 1 |
| 8 | 86 | Keamogetse Mamorare | T5-072 | Female | Randburg Harriers | 23:07 | N | 1 |
| 9 | 90 | Margaret Isabel Hogarth | 24823 | Female | Miway Warriors | 24:35 | Y | 3 |
| 10 | 99 | Gugu Langa | 27497 | Female | Hollywood AC | 27:12 | N | 4 |
| 11 | 110 | Sibongile Dladla | 7673 | Female | Tsakane AC | | Y | 2 |

VETERAN WOMEN (40-49) - 4KM

Veteran Women 40- 44

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|------------------------|---------|--------|--------------------|-------|-------------|---------|
| 1 | 26 | Jolandi Steenkamp | 18224 | Female | Team Vitality | 17:02 | Y | 4 |
| 2 | 40 | Charlotte Venter | 8370 | Female | Boksburg AC | 18:24 | Y | 3 |
| 3 | 45 | Phuti Mojela | 16948 | Female | Distance Run Club | 18:34 | N | 3 |
| 4 | 63 | Disebo Makau | 10088 | Female | Mohlakeng AC | 20:47 | Y | 4 |
| 5 | 68 | Elaine Beytell | 20540 | Female | Nedbank | 21:21 | Y | 3 |
| 6 | 71 | Kealeboga Montshonyane | 1291 | Female | Awesome runners AC | 21:24 | Y | 3 |
| 7 | 79 | Busisiwe Fasi | 14005 | Female | Far North | 22:04 | Y | 5 |
| 8 | 88 | Noloyiso Ntloko | 10089 | Female | Mohlakeng AC | 24:26 | Y | 3 |

Veteran Women 45-49

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|--------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1 | 33 | Maria Vilakazi | 12839 | Female | Waterfall City Ac | 17:52 | Y | 4 |
| 2 | 37 | Maphuti Phaka | 7854 | Female | Born2Run | 18:12 | Y | 5 |
| 3 | 47 | Debbie O'Leary | 463 | Female | RAC | 18:39 | Y | 2 |
| 4 | 48 | Monique Basson | 24855 | Female | Hoerskool Noordheuwel | 18:47 | Y | 4 |
| 5 | 50 | Motheo Kgaphola | 5227 | Female | SAPG | 18:49 | Y | 4 |
| 6 | 51 | Patricia De Meyer | 1652 | Female | Benoni High AC | 19:03 | Y | 3 |
| 7 | 61 | Nthabiseng Ledwaba | 14163 | Female | SAPG | 20:15 | N | 4 |
| 8 | 64 | Sibongile Nkosi | 2112 | Female | East AC | 20:52 | Y | 4 |
| 9 | 67 | Tracy Faith Bosman | 97 | Female | Benoni High | 21:21 | Y | 2 |
| 10 | 75 | Leigh Privett | 26843 | Female | Randburg Harriers | 21:44 | Y | 2 |
| 11 | 83 | Nonkululo Mcuntula | 8402 | Female | Sibanye Stillwater AC | 22:20 | N | 2 |



League 5 - 12 July - Westonaria Sports Complex

MASTER WOMEN (50-59) - 4KM

Master Women 50-54

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-------------------|---------|--------|--------------------------|-------|-------------|---------|
| 1 | 23 | Elizabeth Potter | 10712 | Female | Boxer | 16:57 | Y | 4 |
| 2 | 34 | Lesley Austin | 2116 | Female | Krugersdorp Road Runners | 17:53 | Y | 3 |
| 3 | 41 | Judy Vanderwagen | 18435 | Female | Ekhaya | 18:24 | Y | 3 |
| 4 | 43 | Chrissie Jay | 340 | Female | RAC | 18:26 | N | 4 |
| 5 | 44 | Ronel Van Graan | 9331 | Female | Krugersdorp Road Runners | 18:29 | N | 2 |
| 6 | 69 | Paulina French | 18558 | Female | Ekhaya | 21:22 | Y | 2 |
| 7 | 82 | Betty Phunwayo | 4297 | Female | Randburg Harriers | 22:18 | Y | 4 |
| 8 | 85 | Carolyn Freeman | 12174 | Female | Ekhaya | 22:55 | N | 3 |
| 9 | 106 | Ntshiyeng Dlamini | 9846 | Female | Linden Runner | | Y | 4 |

Master Women 55-59

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|--------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1 | 35 | Irene Jacobs | 24531 | Female | Miway Warriors | 17:57 | Y | 3 |
| 2 | 39 | Kim Meyer | 142 | Female | Ekhaya | 18:21 | N | 3 |
| 3 | 66 | Winnie De Winnaar | 2926 | Female | Nedbank | 21:14 | Y | 4 |
| 4 | 73 | Comfort Selebi | 2638 | Female | Runners Of Hope | 21:30 | N | 2 |
| 5 | 77 | Welhemina Modisane | 14573 | Female | Sibanye Stillwater AC | 21:42 | N | 1 |
| 6 | 81 | Doris Mlangeni | 22051 | Female | Blue sky ac | 22:11 | Y | 5 |
| 7 | 98 | Stella Madlala | 3479 | Female | Blue sky ac | 26:52 | Y | 2 |
| 8 | 104 | Annah Montshiwagae | 12273 | Female | Randburg Harriers | 28:06 | Y | 4 |



League 5 - 12 July - Westonaria Sports Complex

GRANDMASTER WOMEN (60+) - 4KM

Grandmaster Women 60-64

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|--------------------|---------|--------|--------------------------|-------|-------------|---------|
| 1 | 59 | Jacqueline Frey | 6610 | Female | Nedbank | 20:10 | Y | 3 |
| 2 | 72 | Sarah Crooks | 8707 | Female | Ekhaya | 21:29 | Y | 2 |
| 3 | 74 | Lydia Van Der Gryp | 2737 | Female | Krugersdorp Road Runners | 21:42 | Y | 4 |
| 4 | 80 | Katja Bruwer | 10559 | Female | Krugersdorp Road Runners | 22:07 | Y | 3 |
| 5 | 89 | Laura Venter | 4244 | Female | Nedbank | 24:28 | Y | 4 |
| 6 | 93 | Nomaswazi Khumalo | 11472 | Female | Mogale Citizens AC | 25:24 | Y | 3 |
| 7 | 95 | Linah Thoko Nkosi | 22842 | Female | Hollywood AC | 26:20 | Y | 4 |
| 8 | 96 | Elsie Zondo | 6772 | Female | Randburg Harriers | 26:41 | Y | 4 |

Grandmaster Women 65-69

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|----------------------|---------|--------|--------------|-------|-------------|---------|
| 1 | 84 | Sewele Maponya | 7122 | Female | Hollywood AC | 22:21 | Y | 3 |
| 2 | 94 | Stephne Sherwell | 18671 | Female | Ekhaya | 25:42 | Y | 3 |
| 3 | 97 | Hilda Mac Donald | 6452 | Female | Carlton AC | 26:43 | Y | 3 |
| 4 | 100 | Selinah Netshisaului | 115 | Female | RAC | 27:37 | Y | 2 |
| 5 | 102 | Linda Vilakazi | 3544 | Female | Carlton AC | 27:55 | Y | 4 |

Grandmaster Women 70-74

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|--------------------|---------|--------|--------------------|-------|-------------|---------|
| 1 | 91 | Ithuteng Boshoe | 5576 | Female | Sunnyhill striders | 24:52 | Y | 5 |
| 2 | 103 | Catherine Monja | 4522 | Female | RAC | 28:05 | N | 3 |
| 3 | 109 | Anna Mosole | 9196 | Female | Carlton AC | | Y | 2 |
| 4 | 111 | Ntombi Nomsa Moima | 19674 | Female | Orlando Athletic | | Y | 2 |

OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-------------------|---------|--------|---------------|-------|-------------|---------|
| Under 12 | 52 | Nqobile Mgcwaba | 42752 | Female | Blue sky ac | 19:12 | N | 4 |
| Under 23 | 101 | Tsholofelo Mokoma | T5-243 | Female | Team Vitality | 27:44 | N | 1 |



League 5 - 12 July - Westonaria Sports Complex

BOYS UNDER 16 & 17 - 6KM

Boys Under 16

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-------------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1 | 1 | Junior Azania Noah | 40884 | Male | Warriors of West | 19:09 | Y | 5 |
| 2 | 2 | Tyran Brooks | 41838 | Male | Boxer | 19:23 | Y | 2 |
| 3 | 3 | Tsepang Ntlatla | 40830 | Male | Diepsloot AC | 19:29 | Y | 4 |
| 4 | 5 | Sipho Elias Mollo | T5-183 | Male | KOPANO AC | 19:55 | Y | 2 |
| 5 | 7 | Nkosinathi Dlamini | 40525 | Male | Waterfall City Ac | 20:40 | Y | 3 |
| 6 | 9 | Siyanda Malone | 42850 | Male | Thembisa AC | 20:48 | Y | 2 |
| 7 | 17 | Busa Hlatshwayo | 41971 | Male | UJ | 21:43 | N | 5 |
| 8 | 21 | Steven Ncube | 43281 | Male | Lodirile AC | 22:02 | Y | 3 |
| 9 | 22 | Luen De Kock | 41899 | Male | Johannesburg Harriers | 22:06 | Y | 3 |
| 10 | 24 | Ruben Delpont | 41745 | Male | Jansen AC | 22:11 | Y | 3 |
| 11 | 26 | Khomotso Legong | 41460 | Male | United stars AC | 22:39 | Y | 3 |
| 12 | 28 | Nkosinathi Noko | 40892 | Male | Warriors of West | 23:06 | N | 2 |
| 13 | 29 | Thabang Junior Mojapelo | 40546 | Male | Waterfall City Ac | 23:17 | Y | 4 |
| 14 | 30 | Oratile Motaung | 43071 | Male | Run Alex | 23:20 | N | 2 |
| 15 | 31 | Sanele Ntsele | 41881 | Male | Boxer | 23:27 | Y | 3 |
| 16 | 33 | Thuthukani Phahla | 42868 | Male | Thembisa AC | 23:30 | N | 2 |
| 17 | 34 | Siphesihle Sekhakhane | 40541-B | Male | Waterfall City Ac | 23:44 | N | 3 |
| 18 | 35 | Bulelani Makhakha | T5-031 | Male | KOPANO AC | 23:46 | N | 2 |
| 19 | 37 | Mpumelelo Tshabalala | T5-116 | Male | Ubuhle | 24:04 | N | 4 |
| 20 | 60 | Chris Carlos | 43229 | Male | Warriors of West | 28:44 | N | 3 |
| 21 | 63 | Letago Ramohlale | 41330 | Male | Qhubeka | 29:19 | N | 3 |



League 5 - 12 July - Westonaria Sports Complex

Boys Under 17

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|------------------------|---------|--------|--------------------|-------|-------------|---------|
| 1 | 4 | Keamogetswe Letsoalo | 41907 | Male | Ivory Park | 19:47 | N | 3 |
| 2 | 8 | Zamani Ndlovu | 42356 | Male | Nedbank | 20:48 | Y | 2 |
| 3 | 10 | Siyabonga Mjali | 42880 | Male | Thembisa AC | 20:55 | Y | 3 |
| 4 | 11 | Mthandeki Nhlapo | T5-117 | Male | KOPANO AC | 20:59 | Y | 2 |
| 5 | 12 | Nkosana Makhonke | 42385 | Male | Nedbank | 21:04 | N | 3 |
| 6 | 13 | Thato Kamogelo Masango | 41880 | Male | Boxer | 21:06 | Y | 4 |
| 7 | 14 | Thabo Jnr Moses Somane | 41715 | Male | Kagiso Striders | 21:08 | Y | 4 |
| 8 | 15 | Bokang More | T5-027 | Male | Thembisa AC | 21:09 | N | 3 |
| 9 | 18 | Liam Visser | 42421 | Male | Hoerskool Randburg | 21:50 | Y | 2 |
| 10 | 19 | Tshepo Mohorosi | 40881 | Male | Warriors of West | 21:56 | N | 3 |
| 11 | 20 | Tumelo Ntshingila | 43068 | Male | Lara AC | 22:01 | Y | 2 |
| 12 | 23 | Lesego Jafeta | 40876 | Male | Warriors of West | 22:10 | N | 4 |
| 13 | 38 | Mpho Pile | 41244 | Male | Miway Warriors | 24:08 | Y | 3 |
| 14 | 42 | Patient Nyathi | 41831 | Male | Boxer | 24:48 | N | 4 |



League 5 - 12 July - Westonaria Sports Complex

JUNIOR WOMEN / GIRLS UNDER 19 - 6KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|-----------------|----------------|-------------------------|----------------|---------------|------------------|-------------|--------------------|----------------|
| 1 | 36 | Tshenolo Sebueng | 41957 | Female | Boxer | 24:01 | Y | 3 |
| 2 | 40 | Dieketseng Motsoeneng | 41878 | Female | Boxer | 24:13 | Y | 2 |
| 3 | 45 | Jackie Coertze | 40547 | Female | UJ | 25:18 | N | 3 |
| 4 | 49 | Azelia Zitha | 43894 | Female | East AC | 25:48 | Y | 3 |
| 5 | 51 | Saskia Heydenrych | 40203 | Female | Helpmekaar AC | 27:02 | Y | 3 |
| 6 | 56 | Gugulethu Mofokeng | 41157 | Female | Tsakane AC | 28:00 | Y | 4 |
| 7 | 62 | Ritah Khathazile Mabuza | 41338 | Female | Warriors of West | 28:46 | Y | 3 |



League 5 - 12 July - Westonaria Sports Complex

GRANDMASTER MEN (60+) - 6KM

Grandmaster Men 60-64

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|--------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1 | 27 | Nimrod Mokoena | 25656 | Male | Hollywood AC | 22:45 | Y | 3 |
| 2 | 39 | Thabo Tsie | 15988 | Male | Standard Bank AC | 24:09 | Y | 2 |
| 3 | 41 | Mohajane Mokonoto | 4736 | Male | Nedbank | 24:35 | Y | 3 |
| 4 | 43 | Donald Sampson | 25939 | Male | Nedbank | 24:49 | Y | 3 |
| 5 | 44 | Joseph Mabodla | 13143 | Male | Hollywood AC | 25:03 | Y | 3 |
| 6 | 47 | Kabelo Tshabalala | 17195 | Male | Standard Bank AC | 25:31 | Y | 3 |
| 7 | 48 | Ngoako Ramakgapola | 125 | Male | ISMO | 25:36 | Y | 4 |
| 8 | 52 | Bernard Mosala | 4980 | Male | Carlton AC | 27:04 | N | 2 |
| 9 | 61 | Arnold Geerds | 9900 | Male | Fourways road runners | 28:45 | N | 2 |
| 10 | 67 | Malose Lebelo | 199 | Male | RAC | 31:08 | Y | 5 |
| 11 | 72 | Clive Griffiths | 15860 | Male | Randburg Harriers | 33:53 | Y | 5 |

Grandmaster Men 65-69

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-------------------------|---------|--------|-------------------|-------|-------------|---------|
| 1 | 53 | Arrigo Ferri | 740 | Male | UJ | 27:29 | Y | 4 |
| 2 | 54 | Dabbings Luhanqa | 17841 | Male | Randburg Harriers | 27:33 | N | 5 |
| 3 | 59 | Sonny Leopeng | 9433 | Male | Lesedi AC | 28:40 | Y | 4 |
| 4 | 65 | Isaac Kgapola | 17578 | Male | Langaville | 29:39 | N | 2 |
| 5 | 69 | Dirk Venter | 4510 | Male | Nedbank | 32:09 | Y | 4 |
| 6 | 70 | Glen Van Der Westhuizen | 13 | Male | Benoni High AC | 32:44 | Y | 4 |
| 7 | 73 | Johnny Fernandes | 23723 | Male | Brooks | 35:47 | Y | 3 |

Great Grandmaster Men 70-74

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-------------------------|---------|--------|-------------------|-------|-------------|---------|
| 1 | 50 | Nthusang Moses Motshabi | 104 | Male | RAC | 26:11 | Y | 5 |
| 2 | 55 | Andre Patrick Jansen | 16978 | Male | ALBERTON ATHLETIC | 27:58 | Y | 2 |
| 3 | 57 | Alan Smith | 3296 | Male | Mercury AC | 28:12 | Y | 3 |
| 4 | 58 | Cyril Vergie | 8962 | Male | Mercury AC | 28:14 | Y | 3 |
| 5 | 64 | Almon Mpatiseli Zibuse | 9933 | Male | Colossus | 29:36 | N | 3 |
| 6 | 66 | Bonolo Mofokoeng | 1644 | Male | RAC | 30:47 | N | 2 |
| 7 | 71 | Wilson Netshisaulu | 5367 | Male | RAC | 33:12 | Y | 5 |
| 8 | 76 | Derek Brentano | 3308 | Male | Randburg Harriers | 40:36 | Y | 5 |

Great Grandmaster Men 75-79

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-------------------|---------|--------|---------------|-------|-------------|---------|
| 1 | 68 | Pillemon Zulu | 2670 | Male | RAC | 31:50 | Y | 4 |
| 2 | 74 | Brian Chamberlain | 7050 | Male | Varsity Kudus | 36:09 | Y | 5 |

Great Grandmaster Men 80+

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|--------------|---------|--------|---------------|-------|-------------|---------|
| 1 | 75 | Neil Coville | 2597 | Male | Varsity Kudus | 36:30 | Y | 4 |

OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|---------------|---------|--------|------------------|-------|-------------|---------|
| 35-39 | 6 | Kwazi Ngozo | 4377 | Male | Sasol AC | 20:29 | N | 1 |
| Senior | 25 | Nqubeko Zwane | T5-131 | Male | Sasol AC | 22:38 | N | 1 |
| Under 13 | 32 | Mihle Mdliva | T5-104 | Male | Warriors of West | 23:27 | Y | 2 |
| Under 19 | 16 | Asakhe Ndlela | 4401AVT | Male | Sasol AC | 21:19 | N | 1 |
| Under 19 | 46 | Alex Maluleke | 40895 | Male | Warriors of West | 25:20 | N | 4 |



League 5 - 12 July - Westonaria Sports Complex

VETERAN MEN (40-49) - 8KM

Veteran Men 40-44

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-------------------|---------|--------|--------------------|-------|-------------|---------|
| 1 | 3 | Pule Tjaone | 25034 | Male | Waterfall City Ac | 27:21 | N | 2 |
| 2 | 5 | Sipho Kapara | 5981 | Male | Born2Run | 27:22 | Y | 3 |
| 3 | 7 | Sibonelo Gumede | 6930 | Male | Mogale Citizens AC | 28:10 | Y | 3 |
| 4 | 18 | Croyden Williams | 2867 | Male | Mercury AC | 30:13 | Y | 3 |
| 5 | 19 | Peter Mogole | 14062 | Male | Kagiso AC | 31:26 | Y | 3 |
| 6 | 24 | Matthew Mokoto | 26842 | Male | Harambe AC | 31:57 | N | 3 |
| 7 | 25 | Nthekang Mokone | 10695 | Male | Kagiso Striders | 31:58 | Y | 3 |
| 8 | 27 | Nelson Kganyango | 2552 | Male | Ikhayaletu AC | 32:18 | N | 4 |
| 9 | 33 | Stephan Steenkamp | 18222 | Male | Team Vitality | 32:54 | N | 3 |
| 10 | 38 | Aidan Coville | T5-002 | Male | Varsity Kudus | 34:26 | N | 3 |
| 11 | 49 | Dashiell Coville | T5-040 | Male | Varsity Kudus | 37:49 | N | 3 |
| 12 | 52 | Jan Mokwena | 3414 | Male | Hollywood AC | 38:36 | Y | 3 |
| 13 | 54 | Mhlengi Zungu | 18727 | Male | SAPS | 39:15 | N | 2 |
| 14 | | | | | | | | |
| 15 | | | | | | | | |
| 16 | | | | | | | | |
| 17 | | | | | | | | |
| 18 | | | | | | | | |

Veteran Men 45-49

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|----------------------------|---------|--------|-----------------------|--------|-------------|---------|
| 1 | 2 | Omo Hlungwane | 1117 | Male | Waterfall City Ac | 27:05 | Y | 3 |
| 2 | 4 | Quintin Honey | 9395 | Male | CCJ | 27:21 | N | 2 |
| 3 | 6 | Madimetsa David Mothapo | 9974 | Male | Varsity Kudus | 27:22 | Y | 4 |
| 4 | 9 | Tshepo Mamorare | 5288 | Male | Randburg Harriers | 28:55 | Y | 3 |
| 5 | 10 | Simon Mosea | 11313 | Male | Katlehong A.C | 29:20 | N | 2 |
| 6 | 13 | Simon Motloug | 4083 | Male | KOPANO AC | 29:27 | N | 2 |
| 7 | 16 | Motlatsi Sesing | 8821 | Male | Nedbank | 29:44 | Y | 2 |
| 8 | 17 | Tumelo Magere Sedibe Malap | 13813 | Male | SAPS | 29:51 | N | 3 |
| 9 | 26 | Moeketsi Tsoediane | 1854 | Male | Meadowlands A.C | 32:10 | Y | 4 |
| 10 | 32 | Mmeselane Ramoshu | 5241 | Male | SAPG | 43:46 | N | 4 |
| 11 | 34 | Eliphas Surprise Mosala | 23730 | Male | FFA | 32:55 | Y | 3 |
| 12 | 35 | John Bokaba | 16943 | Male | Mogale Citizens AC | 33:59 | Y | 3 |
| 13 | 37 | Lindsey Parry | 12020 | Male | Fourways road runners | 334:15 | Y | 3 |
| 14 | 40 | Danie Joubert | 26850 | Male | Randburg Harriers | 34:39 | N | 2 |
| 15 | 43 | Selewane Shadrack Kereng | 9923 | Male | Colossus | 36:24 | Y | 4 |
| 16 | 45 | Eddie Thekiso | 20190 | Male | Mogale Citizens AC | 36:52 | N | 3 |
| 17 | 47 | Masilo Golden Ramannya | 35 | Male | SAPG | 37:24 | Y | 2 |
| 18 | 55 | Phutego Mochine | 13142 | Male | Hollywood AC | 39:41 | Y | 5 |
| 19 | 58 | Thabo Marumo | 179 | Male | RAC | | N | 3 |



League 5 - 12 July - Westonaria Sports Complex

MASTER MEN (50-59) - 8KM

Master Men 50-54

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-----------------------|---------|--------|-----------------|-------|-------------|---------|
| 1 | 1 | Matome Charles Moloto | 5059 | Male | AECI | 26:50 | N | 2 |
| 2 | 8 | Modise Mokaoane | 6162 | Male | Kagiso Striders | 28:24 | Y | 3 |
| 3 | 11 | Vusi Nkosi | 16297 | Male | Orange farm AC | 29:22 | Y | 5 |
| 4 | 14 | Mduduzi Nkwanyana | 384 | Male | RAC | 29:43 | Y | 3 |
| 5 | 15 | Timothy Makofane | 7889 | Male | Scaw | 29:43 | Y | 5 |
| 6 | 22 | Sifiso Zimu | 23756 | Male | Hollywood AC | 31:36 | Y | 3 |
| 7 | 23 | Joel Mathusane | 10098 | Male | United stars AC | 31:44 | Y | 2 |
| 8 | 30 | Pius Hlatshwayo | 2153 | Male | UJ | 32:39 | Y | 5 |
| 9 | 31 | Donald Kubheka | 2417 | Male | Khuphukani AC | 32:41 | Y | 4 |
| 10 | 36 | Sello Moiloa | 14072-A | Male | Kagiso Striders | 34:08 | Y | 3 |
| 11 | 44 | Angelo Groep | 7935 | Male | Pegasus AC | 36:44 | Y | 3 |
| 12 | 50 | Golden Jowa | 23738 | Male | FFA | 38:09 | N | 3 |
| 13 | 57 | Bongani Socishe | 6039 | Male | Malvern | | Y | 2 |

Master Men 55-59

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|--------------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1 | 20 | Solomon Khumalo | 5007 | Male | Carlton AC | 31:26 | N | 2 |
| 2 | 21 | George Mooi | 942 | Male | Gallopers AC | 31:30 | Y | 2 |
| 3 | 28 | Nkosiyethu Nala | 7267 | Male | Standard Bank AC | 32:20 | Y | 2 |
| 4 | 29 | Esau Miya | 641 | Male | SAPG | 32:27 | Y | 4 |
| 5 | 39 | Lesetja Johannes Mangala | 11245 | Male | East AC | 34:38 | Y | 4 |
| 6 | 41 | Reuben Maisela | 9523 | Male | Scaw | 35:12 | Y | 5 |
| 7 | 46 | Billy Majafa | 26788 | Male | GDE | 37:10 | Y | 2 |
| 8 | 53 | Moses Mathunyana | 645 | Male | Lara AC | 39:01 | N | 2 |
| 9 | 60 | George Mngomezulu | 14575 | Male | Sibanye Stillwater AC | | Y | 4 |

OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|--------------------|---------|--------|-----------------------|--------|-------------|---------|
| 45-49 | 51 | Boipuso Ntamehlo | 611 | Female | Lara AC | 38:15 | N | 1 |
| Under 8 | 62 | Thulane Dhlameni | T5-211 | Female | Warriors of West | | N | 1 |
| | 56 | Isaac Tete | 7963 | Male | SANDF | | N | 1 |
| Senior | 42 | Ayanda Khumalo | 26841 | Male | Harambe AC | 36:901 | Y | 3 |
| Under 8 | 61 | Wilright Ramohlale | 11899 | Male | JMPD | | N | 1 |
| 35-39 | 12 | Olebogeng Masire | 14622 | Male | Sibanye Stillwater AC | 29:23 | N | 3 |
| 35-39 | 48 | Siyaya Khoza | 9117 | Male | Nedbank | 37:32 | N | 1 |
| 35-39 | 59 | Bethwell Qangule | 14597 | Male | Sibanye Stillwater AC | | N | 1 |



League 5 - 12 July - Westonaria Sports Complex

SENIOR MEN - 4KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|------------------------------|---------|--------|---------------------|-------|-------------|---------|
| 1 | 3 | Kabelo Melamu | 800 | Male | Nedbank | 12:15 | Y | 3 |
| 2 | 5 | Mpumelelo Mokoena | 23107 | Male | Benoni Northerns | 12:28 | Y | 2 |
| 3 | 6 | Oscar Siyabulela Notshweleka | 7903 | Male | Ivory Park | 12:36 | Y | 4 |
| 4 | 7 | Siphwe Mtolo | 433 | Male | Phantane AC | 12:41 | N | 1 |
| 5 | 8 | Thabang Makgatho | 3680 | Male | Thembisa AC | 12:42 | Y | 3 |
| 6 | 9 | Nando Mafuyeka | 6926 | Male | Mamepe Striders | 12:46 | Y | 3 |
| 7 | 10 | Lehlohonolo Lusiti | 12533 | Male | UJ | 12:48 | Y | 4 |
| 8 | 15 | Bongani Mgcina | 12064 | Male | UJ | 13:00 | Y | 3 |
| 9 | 16 | Tebogo Betana | 12713 | Male | Waterfall City Ac | 13:04 | Y | 3 |
| 10 | 17 | Lungane Malatji | 795 | Male | Itumeleng Ac | 13:09 | Y | 3 |
| 11 | 18 | Jooma Mkhize | 2673 | Male | Take It Easy AC | 13:12 | N | 3 |
| 12 | 19 | Thato Molatedi | 11019 | Male | Diepkloof AC | 13:18 | N | 2 |
| 13 | 20 | Kemisetso Mohlala | 25853 | Male | Scaw | 13:25 | N | 2 |
| 14 | 21 | Tony Nyilika | T5-216 | Male | Thembisa AC | 13:32 | Y | 2 |
| 15 | 23 | Victor Tshepang Sefitholo | 2332 | Male | Gallopers AC | 13:40 | Y | 2 |
| 16 | 24 | Kabelo Sefali | 12937 | Male | Waterfall City Ac | 13:44 | N | 3 |
| 17 | 26 | Tumelo Rathobotha | 11018 | Male | Diepkloof AC | 13:47 | Y | 3 |
| 18 | 27 | Thabo Mohokane | 20395 | Male | UJ | 13:49 | N | 3 |
| 19 | 29 | Smangalizo Kganye | 26430 | Male | Warriors of West | 13:51 | Y | 2 |
| 20 | 31 | Gcina Mazibuko | 10009 | Male | Boxer | 13:53 | Y | 3 |
| 21 | 33 | Neo Dlodla | 13419 | Male | Lesedi AC | 14:08 | Y | 2 |
| 22 | 35 | Tshenolo Makhaphela | 11016 | Male | Diepkloof AC | 14;12 | N | 2 |
| 23 | 39 | Thabang Mawela | 14407 | Male | Daveyton Hearts AC | 14:46 | Y | 3 |
| 24 | 41 | Hendrick Motswai | T4-099 | Male | RunningWithTumiSole | 14:58 | N | 2 |
| 25 | 49 | Ofentse Pnetoe | 26429 | Male | Warriors of West | 16:16 | Y | 3 |
| 26 | 50 | Rikus Lotriet | 17054 | Male | Run Zone | 16:26 | Y | 3 |



League 5 - 12 July - Westonaria Sports Complex

MEN UNDER 23 - 4KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|----------------------|---------|--------|--------------------|-------|-------------|---------|
| 1 | 1 | Leslie Mokoena | 405 | Male | Phantane AC | 11:56 | N | 1 |
| 2 | 2 | Sibusiso Msibi | 12520 | Male | UJ | 12:06 | Y | 4 |
| 3 | 4 | Enoch Ofentse Bokaba | 8773 | Male | UJ | 12:25 | Y | 3 |
| 4 | 11 | Frans Betha | 12055 | Male | Mogale Citizens AC | 12:48 | N | 4 |
| 5 | 12 | Kutlwano Molotsi | 4086 | Male | KOPANO AC | 12:50 | Y | 4 |
| 6 | 13 | Mahlomola Khanye | 7637 | Male | Mohlakeng AC | 12:55 | N | 3 |
| 7 | 14 | Reatlegile Mosweu | 435 | Male | Phantane AC | 12:56 | Y | 2 |
| 8 | 22 | Thabang Hajane | 11740 | Male | UJ | 13:38 | Y | 2 |
| 9 | 28 | Nhlakanipho Nyambi | 4526 | Male | Masai | 13:50 | N | 3 |
| 10 | 30 | Mpho Simali | 26840 | Male | Harambe AC | 13:51 | N | 3 |
| 11 | 36 | Emmanuel Manloa | T5-405 | Male | United Stars AC | 14:18 | N | 1 |
| 12 | 37 | Ndumiso Ntombela | T5-120 | Male | East AC | 14:25 | N | 2 |
| 13 | 42 | Sergio Nxumalo | 25930 | Male | Nedbank | 15:04 | Y | 3 |
| 14 | 43 | Nqubeko Kubheka | T5-130 | Male | Ubuhle | 15:07 | N | 1 |
| 15 | 67 | Juandre De Bruin | 24471 | Male | Boxer | 24:45 | N | 2 |

MEN - OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|--------------------|---------|--------|--------------------|-------|-------------|---------|
| | 34 | Thabiso Sekatso | 25946 | Male | Nedbank | 14:08 | N | 1 |
| 35-39 | 46 | Thebe Rakgotho | T5-210 | Male | Mogale Citizens AC | 15:51 | N | 1 |
| 40-44 | 68 | Albert Mhlongo | 739 | Male | Lara AC | 27:21 | N | 1 |
| Under 13 | 55 | Tumiso Mashau | T5-224 | Male | Ubuhle | 17:11 | N | 1 |
| Under 14 | 38 | Peter Ramokone | 5640 | Male | FootPrint AC | 14:43 | N | 1 |
| Under 15 | 25 | Joshua Jowa | 42723-A | Male | FFA | 13:45 | N | 4 |
| Under 15 | 57 | Oreneile Victoria | 40318 | Male | Colossus | 18:05 | N | 2 |
| Under 17 | 40 | Nhlakanipho Maduna | 452 | Male | RAC | 14:48 | Y | 4 |
| Under 8 | 45 | Phuti Mathusane | 5944 | Male | UWC | 15:23 | N | 1 |



League 5 - 12 July - Westonaria Sports Complex

SENIOR WOMEN - 4KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-------------------|---------|--------|-------------------|-------|-------------|---------|
| 1 | 44 | Welma Nkuna | 6918 | Female | MalcomX AC | 15:11 | Y | 3 |
| 2 | 47 | Simphiwe Mabuza | 4759 | Female | Gallopers AC | 15:55 | Y | 3 |
| 3 | 48 | Johannah Sethowa | 11487 | Female | UJ | 16:06 | Y | 3 |
| 4 | 53 | Amely Chauke | 9611 | Female | Nedbank | 16:54 | Y | 3 |
| 5 | 60 | Koketso Molotja | 1588 | Female | Top Runners A.C | 18:59 | N | 2 |
| 6 | 62 | Unathi Sibanda | 19798 | Female | Distance Run Club | 19:12 | N | 2 |
| 7 | 64 | Nthatisi Mokhele | 2522 | Female | Ikhayaletu AC | 20:39 | N | 4 |
| 8 | 66 | Phumzile Mthethwa | 2413 | Female | Khuphukani AC | 22:58 | Y | 2 |

WOMEN UNDER 23 - 4KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-----------------------------|---------|--------|-----------------|-------|-------------|---------|
| 1 | 51 | Shokane Kgopotso | 25188 | Female | UJ | 16:30 | Y | 3 |
| 2 | 52 | Faith Mabhena | 19242 | Female | UJ | 16:42 | Y | 3 |
| 3 | 54 | Angel Innocentia Tshabalala | 4394 | Female | Ubuhle | 17:03 | Y | 4 |
| 4 | 56 | Simphiwe Mohlahla | 15490 | Female | Lesedi AC | 17:19 | Y | 4 |
| 5 | 58 | Polena Mokgala | 2130 | Female | Lydiard | 18;35 | Y | 2 |
| 6 | 59 | Nomonde Mngoma | T5-126 | Female | FFA | 18:48 | N | 3 |
| 7 | 61 | Katlego Selemela | 42854 | Female | Thembisa AC | 19:08 | Y | 2 |
| 8 | 65 | Kitso Gaorekwe | 42976 | Female | Kagiso Striders | 21:19 | Y | 4 |

WOMEN - OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|------------------|---------|--------|------------------|-------|-------------|---------|
| Under 14 | 32 | Zithulele Ntanzi | 975 | Female | Cell C AC | 13:57 | N | 1 |
| Under 16 | 63 | Thato Lekena | 4117 | Female | Gauteng striders | 19:13 | N | 1 |



League 5 - 12 July - Westonaria Sports Complex

JUNIOR MEN / BOYS UNDER 19 - 8KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|---------------------------|---------|--------|------------------------|-------|-------------|---------|
| 1 | 1 | Oratile | 42817 | Male | Cool running | 25:06 | N | 2 |
| 2 | 2 | Avuma Pheza | 40437 | Male | NWU AC | 25:22 | Y | 2 |
| 3 | 3 | Benkosi Maqwara | 42879 | Male | Thembisa AC | 25:37 | Y | 2 |
| 4 | 4 | Tshepo Letsolo | 42818 | Male | Cool running | 25:43 | Y | 3 |
| 5 | 5 | Jaun- Pierre Van Der Berg | 42769 | Male | Irun | 25:53 | Y | 2 |
| 6 | 6 | Sediba Machipi | 41901 | Male | Ivory Park | 26:03 | Y | 3 |
| 7 | 8 | Nhlanhla Mgaga | 42839 | Male | Distance Run Club | 26:09 | N | 3 |
| 8 | 9 | Zane Strydom | 24473 | Male | Boxer | 26:19 | Y | 2 |
| 9 | 12 | Semkelo Naba | 43077 | Male | Mogale Citizens AC | 26:44 | N | 3 |
| 10 | 13 | Kamogelo Rathwakga | 42722 | Male | FootPrint AC | 26:47 | N | 4 |
| 11 | 16 | Neo Mothae | T4-014 | Male | University of Pretoria | 27:20 | Y | 2 |
| 12 | 17 | Phomello Ranala | T5-150 | Male | Urithi | 27:21 | N | 2 |
| 13 | 18 | Paballo Mmutle | 42382 | Male | Nedbank | 27:23 | Y | 3 |
| 14 | 19 | Tshepo Motsoeneng | 41876 | Male | Boxer | 27:32 | Y | 2 |
| 15 | 21 | Boikanyo Mogokonjane | 40320 | Male | Boxer | 27:52 | Y | 3 |
| 16 | 23 | Thoriso Kgomomo | 40646 | Male | Mogale Citizens AC | 28:16 | Y | 3 |
| 17 | 24 | Karabo Kogoane | 40325 | Male | Colossus | 28:19 | N | 2 |
| 18 | 25 | Miracle Maluza | T5-107 | Male | No Club | 29:10 | N | 2 |
| 19 | 27 | Tlhalefang Mokasi | 41442 | Male | Mohlakeng AC | 29:43 | Y | 3 |
| 20 | 30 | Lebohang Mokoena | 41500 | Male | Ubuhle | 30:10 | Y | 3 |
| 21 | 35 | Ntokozo Paballo Ntlati | 41376 | Male | Lesedi AC | 31:46 | Y | 3 |
| 22 | 36 | Lungisani Shabangu | T5-092 | Male | KOPANO AC | 31:47 | Y | 2 |
| 23 | 39 | Banele Jiyane | 4404 | Male | Sasol AC | 34:55 | N | 1 |
| 24 | 40 | Sphiwe Kuw | 42810 | Male | Distance Run Club | 34:55 | N | 1 |
| 25 | 41 | Caleb Johnson | 41565 | Male | Run Zone | 35:51 | N | 2 |

SUB VETERAN MEN (35-39) - 8KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-----------------------------------|---------|--------|-------------------------|-------|-------------|---------|
| 1 | 7 | Lebogang Edwin Khonkhobe | 5255 | Male | Nedbank | 26:03 | N | 1 |
| 2 | 10 | Kedibone Owen Masipa | 18059 | Male | Rand Road Warriors | 26:34 | N | 3 |
| 3 | 11 | Thabiso Lethabane | 6470 | Male | KOPANO AC | 26:35 | Y | 2 |
| 4 | 14 | Prince Jali | 2727 | Male | Take It Easy AC | 27:08 | Y | 3 |
| 5 | 20 | Michael Mnguni | 26866 | Male | FFA | 27:36 | Y | 3 |
| 6 | 28 | Raymond Teboho Twala | 22958 | Male | Runningwithsole | 29:49 | Y | 3 |
| 7 | 29 | Motlalepula Mokhele | 22966 | Male | Runningwithsole | 30:05 | Y | 4 |
| 8 | 32 | Nhlanhla Vilakazi | 22855 | Male | Hollywood AC | 30:47 | Y | 2 |
| 9 | 33 | Hlalefang Stemere | 10220 | Male | Harmony AC | 31:12 | N | 4 |
| 10 | 34 | Sibusiso Ngwenya | 23731 | Male | FFA | 31:13 | N | 4 |
| 11 | 37 | Ayanda Dingile | 13730 | Male | Waterfall City Ac | 32:15 | Y | 3 |
| 12 | 38 | Walter Mabote | 26441 | Male | Colossus | 32:22 | Y | 2 |
| 13 | 42 | Maliyekwe Bonginkosi Ronald Nqiya | 14751 | Male | Sibanye Stillwater AC | 35:57 | Y | 2 |
| 14 | 43 | Lunga Ngcongwane | 25000 | Male | Gauteng e-Government AC | 37:47 | N | 2 |
| 15 | 44 | Baba Manamela | 5374 | Male | Corobrik | 39:36 | N | 4 |

OTHER

| Category | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|----------------------------|---------|--------|-----------------------|-------|-------------|---------|
| | 31 | Michael | T5-406 | Male | United Stars AC | 30:24 | N | 1 |
| 50-54 | 26 | Tyson Siweya | 11509 | Male | Carlton AC | 29:15 | N | 3 |
| Under 14 | 15 | Sinobom Mzukela | 330 | Male | Sibanye Stillwater AC | 27:10 | N | 1 |
| Under 17 | 22 | Given Fhulufhelo Mahamotse | 4400AVT | Male | Sasol AC | 27:56 | N | 1 |



League 5 - 12 July - Westonaria Sports Complex

OPEN MEN - 10KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|------------------------------|---------|--------|----------------------|-------|-------------|---------|
| 1 | 1 | Nkosiyethu Sotyantya | 12189 | Male | AFRICAN BANK RUNNERS | 31:38 | N | 3 |
| 2 | 2 | Mokaedi Pheko | 11579 | Male | Diepsloot AC | 31:49 | Y | 4 |
| 3 | 3 | Sanele Dladla | 11240 | Male | KOPANO AC | 32:15 | N | 2 |
| 4 | 4 | Lesole Malakalaka | 14505 | Male | Masai | 33:04 | N | 2 |
| 5 | 5 | Derocious Makhobalo | 13733 | Male | Waterfall City Ac | 33:23 | Y | 2 |
| 6 | 6 | Michael Pienaar | 14211 | Male | Boksburg AC | 33:30 | N | 3 |
| 7 | 7 | Andries Moeng | 12252 | Male | Mogale Citizens AC | 33:59 | N | 1 |
| 8 | 8 | Lucky Ramphale | T5-090 | Male | No Club | 34:19 | Y | 2 |
| 9 | 9 | Brandon Viljoen | 5259 | Male | Nedbank | 34:50 | Y | 2 |
| 10 | 10 | Javas Makena | 14088 | Male | East AC | 34:52 | N | 3 |
| 11 | 11 | Thabang Michael Mokoena | 12715 | Male | Waterfall City Ac | 36:40 | Y | 3 |
| 12 | 12 | Lindile Sokhuthu | 10690 | Male | Kagiso Striders | 38:27 | Y | 3 |
| 13 | 13 | Thamsanqa Winston Ramncwane | T5-202 | Male | Harambe AC | 39:31 | N | 2 |
| 14 | 14 | Siyabonga Kweyama | 459 | Male | Boxer | 39:33 | Y | 4 |
| 15 | 15 | Elias Lamola | 12061 | Male | Scaw | 39:58 | N | 3 |
| 16 | 17 | Hlayisani Curren Maswanganyi | 9140 | Male | Rand Water | 41:11 | N | 1 |

OPEN WOMEN - 10KM

| Position | Overall | Name | Licence | Gender | Club | Time | Birth Cert. | Leagues |
|----------|---------|-------------------|---------|--------|------------------|-------|-------------|---------|
| 1 | 16 | Casey Bosman | 19243 | Female | UJ | 40:05 | N | 3 |
| 2 | 18 | Kathryn Van Meter | 3168 | Female | Ubora | 41:53 | N | 3 |
| 3 | 19 | Lona Diko | 10187 | Female | Warriors of West | 49:06 | Y | 3 |